



▲ Accessory dwelling units (or ADU) come in many shapes and styles.

Many types of ADUs exist, and Town Meeting members will have the chance to vote on allowing some of them in the Norwood Zoning Bylaw in a couple of weeks.

COURTESY PHOTO

## Parking and affordability main points of ADU discussion

Jeff Sullivan  
Staff Reporter

The Norwood Planning Board met on Feb. 26 in a hybrid format and discussed a proposed accessory dwelling unit (ADU) bylaw that is likely to be on the upcoming March Town Meeting docket.

The bylaw would allow the owner of a single-family property to create a new accessory unit, up to 900 square feet or half the gross floor area of the primary dwelling unit – whichever is smaller – out of existing space within or attached to the primary unit.

The issue of parking came up, as it often does. The 900 square feet of additional unit space make it possible – but for reasons explained later very unlikely – that a homeowner could put in an additional four additional bedrooms into said



The Board discussed the issues around how many spaces to require for these "in-law apartment" style of units.

COURTESY PHOTO

unit. Save for the 3A compliance overlay, also on the docket for Town Meeting approval, Norwood's regular parking requirements dictate that in most zones, require that there be two-to-three parking spaces for each

unit depending on how many bedrooms they have (one for one, two for two and so on).

Resident and contractor Kabalane Jeneid said that with

**Planning**

Continued on page 4



The CPC wanted to make a few things clear on the upcoming proposal to turn this building into affordable veterans housing.

COURTESY PHOTO

## CPC clears the air on veteran housing

Jeff Sullivan  
Staff Reporter

The Norwood Community Preservation Committee (CPC) met last week and discussed a few of its upcoming proposals.

Perhaps the most novel item came from member John Hall, who said he has become aware of some misunderstandings concerning the proposed 20 (possibly one or two more) units, \$1 million Community Preservation Act (CPA) funding project submitted for 20 Vernon St.

"In the past, we've come

to know the certain things people like to object to be based on general principle," he said. "Too much money is going to recreation,' 'Too much money is being spent that should be paid for by the Town (general budget),' and we have had answers for most of those in the past and we're going to have them again. I've been waiting for the first big housing project for the people to come out of the woodwork who are opposed to affordable housing, in any form or under any circumstances, and I got

**CPC**

Continued on page 5

## Two Parking proposals raise ire of the ZBA

Jeff Sullivan  
Staff Reporter

The Norwood Zoning Board of Appeals (ZBA) met on Feb. 27 and voted to accept two different proposals right next to each other on Day and Central streets.

The proposals themselves didn't cause too much consternation, but the discussions around parking for the potential new neighbors in the area did. The proposal for 16 Day St. was to renovate the aging structure – the most notable of which is the wooden shingle siding – and add another unit

in what is now an attic (after insulation and renovations) and requires a special permit from the ZBA.

The proposal for 19 Central St. was to take two office units and convert them into residential units. The Central Street proposal, at the old Morrill Insurance Building, which attorney representing the landowner in both cases, David Hern, said has not been occupied by a commercial tenant for at least a couple of years now.

"For some time there have been no tenants for that office

**ZBA**

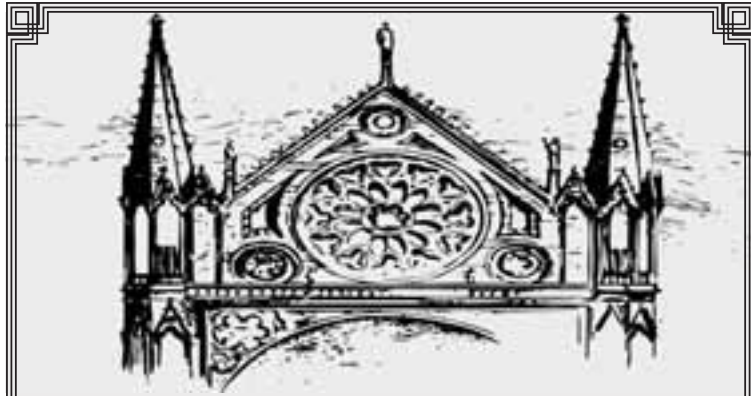
Continued on page 2



Two adjacent proposals for new units at the former location of Morrill Insurance and the building directly behind sparked a conversation on how many parking spaces to require for said units.

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Helen Peterson  
McCloskey  
Soloist

## ZBA continued from page 1

space on the first floor, and I think, as many of us have seen in the real estate market, there has been less and less demand for office space," he said. "There has really been a contraction for office space use since the pandemic."

Honfang Yang owns both properties (though one through an LLC) and Hern said the building also already has two residential units on the upper floors and they are just looking to convert the lower floors to residential.

Both proposals brought up some interesting discussions around parking. ZBA Chair Michael Sheehan and Assistant Town Planner Holly Jones said the requirement for that zoning district for three units with three bedrooms requires three parking spaces for each unit. Hern detailed the reasons for possibly having just two spaces per unit just in the existing back driveway area.

"The Bylaw is telling us, 'You got to have nine spaces,' and so we're looking for relief with respect to that," he said. "My client's experience with rental properties, and she owns some other rental properties, is that her tenants don't have two or three cars. We think we could easily fit in two cars per unit if we had to."

Hern also pointed to the train and bus proximity as well, saying tenants may not even need a car.

"And the landlord is in a position to say, 'Two cars, that's it, maximum,'" he added.

The Board also discussed the plethora of public parking in the area, which includes the

nearly adjacent Day Street Lot, the Theater Lot and the lot by the post office, which can allow for guest parking if the tenants want to have guests.

Hern said if the Board wants them to, they could pave the entire back and front of the parcel – the district does not have open space requirements like many areas in Town – and put in nine spaces, but he said the owner does not really want to do that.

"As you know that area floods a lot, and I'd hate to see this lot become all asphalt," he said. "We'd like to preserve as much of it as we can, for the tenants to have a little yard there."

Hern added they could also go lower than six spaces.

"I think, and (Norwood Building Inspector Gary) Pelletier would like to weigh in on this, but I would think the owner of the property and the Building Department would like to know what the minimum is that you're authorizing; I had suggested six if you were comfortable," he said. "If you would like to say fewer than six, and you're okay with that, we'd be okay with that. But I think there ought to be a number so we know and Mr. Pelletier knows when it comes to the permitting."

Jones said the department has been doing a lot of research on parking lately and said that for this area, six spaces may be overkill.

"If the Board wants to go lower, I think that would be reasonable, particularly for this area," she said.

The Board voted to allow

the conversion with the requirement that no new asphalt is laid down and for six spaces. Sheehan said the public lots tend to fill up rather quickly and he felt six spaces was necessary. The Board voted unanimously to grant the special permit.

For the Central Street project, Hern said there is a little more space for parking, and that it can be accessed from both Day Street and Central streets. The proposal would create a total of four residential units, and Hern said they could fit eight parking spaces with no changes to the property aside from paint.

Pelletier agreed. "I think the parking has been discussed enough, so no issues here," he said.

ZBA member Shannon Greenwell asked about what they might do to reduce the parking in order to increase the greenspace and pervious area from the near-complete asphalt coverage of the parcel; both for aesthetic reasons and to help reduce flooding. Yang and Hern said there is just not a lot of space there.

"If I can I will put in some grass, but right now I feel like I have barely enough for the paved parking spots," she said.

Jones pointed out that over 12 spaces would require the Planning Board to approve a site plan review where they could ask for fewer parking spots, but not through this specific ZBA process. Hern and Yang did not pursue reducing the parking for the Central Street proposal.

The ZBA voted unanimously to approve the proposal, with the provisos of repainting and striping the parking lot.



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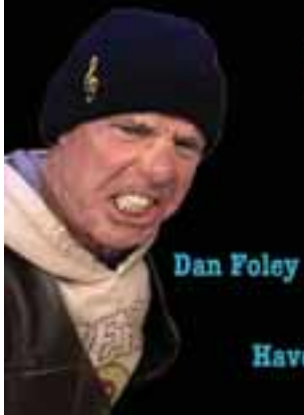


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# Library hosts lecture on trans athlete misconceptions

**Jeff Sullivan**  
Staff Reporter

Trans journalist Erin Reed streamed a presentation on Tuesday evening on trans people, more specifically trans athletes, made available by the Morrill Memorial Library to its patrons via ZOOM. The focus was on the misconceptions concerning the transgender population and how these have led to harmful outcomes for both cisgender (identifying as having a gender that corresponds to the sex one has been assigned at birth; not transgender) and trans populations.

Reed discussed the history of trans people, dating as far back as a Mesopotamian goddess and her priesthood, who many historians believe to have been trans or, at the very least, living outside the binary gender roles of the time about 4,000 years ago (<https://tinyurl.com/38unbxtb>). She also discussed a Roman "empress" Elagabalus, who was recorded to have offered "vast sums of money" to anyone who could provide gender reassignment surgery (<https://tinyurl.com/34kd4hn8>).

"We're not new; we didn't just arrive here on earth," Reed said.

The majority of the talk focused on trans athletes and how the arguments against trans people participating in youth and professional sports is the first wave of an assault on trans rights.

"Many states issued sports bans in 2021, and that was not enough," she said. "We saw, for instance, almost all of the states that passed sports bans went on to pass gender-affirming care bans, drag bans, book bans and more."

Reed went on to paraphrase Congressman Doug Mann of Missouri, who said last month, "Everything I have seen as a student of history, as a student of politics, as a student of government, tells me that it is going to go farther. Things are going to get

worse, not better."

"It will never be enough," Reed said. "I think that's been the case, and we've seen that there is no bottom to where these laws actually may go."

Reed detailed the misconceptions relative to transgender athletes in sports by using a cisgendered example. She pointed out that there are many athletes who in fact do have physical, biological and genetic advantages within their sport, using 23 gold medal Olympic Swimmer Michael Phelps as an example. Experts have stated that Phelps' arms and legs are nearly perfectly suited to swimming, more so than most athletes, and he honed his advantages through discipline and routine to become what

many consider the greatest swimmer of all time.

"Torso size, heart rate capacity; we hear things like bone structure and weight distribution as all very common advantages by certain athletes in sports, and these are the advantages that we (society) accept," Reed said.

Reed admitted that body proportion advantages and hormone advantages in some transgender athletes exist in some capacity, but, as pointed out above, they are also present in cis populations. She pointed to several cis women who actually have testosterone levels higher than some cis men or transgender women (<https://tinyurl.com/yckemkcx>).

Reed delved into several

studies on this issue, and did stipulate that there is currently not a lot of data focused on trans athletes, since right now there are very few openly transgender athletes competing in sports within their gender.

But she said new studies on hormone changes show that there is little advantage to transgender athletes after partaking in hormone therapy, and in some cases, results that contradicted the arguments that transgender athletes – most specifically female transgender athletes – enjoy unfair advantages, since many aspects of their physical ability after years of hormone therapy are diminished.

The Journal of Clinical Endocrinology & Metabolism published its results last year in a study called "The Impact of Gender-Affirming Hormone Therapy (GAHT) on Physical Performance". The study concluded that "Cross-

sectional studies of trans women on GAHT for over 4 years show that relative percentages of muscle mass and fat mass as well as fitness as measured by VO2 peak corrected for lean mass are no different to cisgender women and lower than that of


**Trans Athletes**  
*Continued on page 4*

## Novena to St. Clare

Ask St. Clare for three favors, 1 business, 2 impossible. Say nine Hail Marys for nine days, with lighted candle. Pray whether you believe or not. Publish on the ninth day. Powerful novena. Say "May the Sacred Heart of Jesus be praised, adored, glorified, now and forever, throughout the whole world. Amen." *Your request will be granted, no matter how impossible it may seem.*

—M.A.C.

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Oh, most beautiful flower of Mt. Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this necessity. Oh Star of the Sea, help me and show me herein you are my mother. Oh Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. Oh Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be granted to you.

—J.W.D.

## Planning *continued from page 1*

the minimum size of 70 square feet for a bedroom – as required by the state – four bedrooms in a 900-square-foot apartment is not out of the question.

“If you squeeze it and squeeze it to 70 square feet, which is the smallest legal size, seven-by-10-feet, plus closet, you’ll be lucky if you can fit three bedrooms, with the family room, the kitchen, the bathroom and the hallway,” he said.

Selectman Bill Plasko said he felt four could be easily done.

“Just to answer the question, 900 square feet is more than enough for four bedrooms,” he said.

However, Jeneid said it would be impossible to get more from 900 square feet, and added he felt this was dictating how people can use their private property.

“Nine hundred square feet is not going to allow you to put 10 bedrooms in there,” he said. “Plus you need hallways, you need a kitchen, you need a bathroom and a shower and things like that. I feel like we’re going sideways in the details about how much space can be used. And like (Planning Board Member Ernie Paciorkowski) said, leave it for the people how they want to use their own home. Sorry, this house belongs to me and not my neighbor. I respect my neighbor, I care about my neighbor, I love them, but I’m paying half a million dollars to live in my house and make it work best for my family, not for how my neighbors are concerned about how I live in my house.”

Assistant Town Planner Holly Jones said she felt it necessary to do something she hasn’t done very often (or been able to do) during her time working for the Town: speak as a resident. She said when she first started working for the Town as the Conservation Agent, taking over for Al Goetz, she was living in and commuting from a house in Worcester, which she shared with five roommates.

“And with my salary as a Town employee, it was just not high enough to allow me to live anywhere closer to Norwood than maybe Pawtucket, maybe Attleboro,” she said. “I live now in a three-bedroom condo at 1,300 square feet; you could get rid of one dining room and one bedroom and still be 250 feet over that 900 square feet, and so I’m having trouble envisioning these four bedrooms and 900 square feet. And I have one car in that unit. I would just like to advocate for people in positions like me. Young professionals, single or not, who really, unless your parents are in Norwood, it’s so difficult to move here.”

Jones pointed out that market-rate units are such that even if Town Meeting approves the MBTA Communities Act zoning overlay, with the estimated 300 new units expected to be developed relatively soon after its possible enactment, the market rate rents and affordable units are “hardly accessible to someone in those shoes like I am.”

“The ADUs offer a type of flexibility in housing choice; two people like myself, young professionals – I say young what with all this white hair – they tend to be more affordable because homeowners are looking for people they want to have in their home,” she said. “You have to have a certain amount of trust in people, and typically, whether you’re regulating ownership or now it’s not going to be professional landlords who are renting these units with management companies who are used to having to evict people and all of that. You’re going to try to make things work for the right person in your home.”

Jones said she has first-hand experience with this, as her former Worcester residence not only had six people living in one unit, but it also had an ADU. “That we rented for \$1,000 for a one-bedroom unit and that’s still what the rent is and it hasn’t changed since 2017, because we really cared who lived there,” she said. “And I know of people who are in that situation in Norwood. I know someone who lives in an ADU in Norwood who has lived there for almost 20 years and her rent hasn’t changed. She’s an elderly woman who contributes a lot to the Town and to the family she shares a home with. I just want the Board to consider the ramifications and potential benefits for people in all sorts of walks of life as you make your deliberations tonight.”

The Board’s trepidation appeared to come from fears of housing companies coming in and renting both the single-family and ADU if the ADU regulation becomes codified. However, it should be pointed out that according to the Joint Center for Housing Studies at Harvard University (<https://tinyurl.com/2mdbf3p4>), about 30 percent of rentals are for single-family homes and, according to the a 2023 study from the Brookings Institute, about 3 percent of that is investor owned (however, it stated that those properties are generally concentrated in particular areas [<https://tinyurl.com/22fxk4zv>]). So it’s not necessarily the case that even if the Town excluded ADUs, rental companies wouldn’t come into the Town to purchase and rent single-family homes.

Another point of concern was short-term rentals. Currently, the Town of Norwood does not have a restriction on who can rent their units or homes with services like Airbnb. Boston has an owner-occupied restriction, in that only certain homeowners who live in their homes can rent using such services. Dixon said currently it doesn’t look like it’s a huge issue for Norwood, as only 10 sites in the Town are currently listed on such web pages for short-term rentals.

The Board decided to table and consider the ADU discussion for a later date.

### LANGONE TO SEEK HOUSING AUTHORITY SEAT

*To the Editor:*

I would like to inform the Norwood Community of my decision to run for election to The Norwood Housing Authority. I have been a commissioner in the recent past since April 2014. I feel that I have the desire and experience to continue the wonderful work that the Norwood Housing Authority has been doing.

I have served on the Norwood Finance Commission for over thirty years as well as being a Town Meeting Member and a member of the Democratic Town Committee. My commitment to community ser-

vice has been a big part of my life for as long as I can remember.

Senior and affordable housing are going to be among the most challenging issues that we face in the years ahead. I am ready to tackle this challenge head on!

I would consider it a privilege to have your vote on Monday, April 1.

*Judy Langone  
Norwood*

### “THE BATTLE”

*To the Editor:*

Is the battle over? Is the battle with Steward Health Care over? I belong to the (NBHAG), the Norwood Behavioral Health Advocacy Group! Steward’s falsely rep-

resented themselves. The old hospital, before it was destroyed, had Psych & OBGYN wards. The hospital was a complete, caring hospital. Steward’s motto is, “New Hospital, Same Commitment,” It’s a LIE! They are omitting Psych & OBGYN wards in the new hospital, wards that were gratefully provided by the old hospital! “Omission” is an unjust, selfish move on Steward’s part! I’m with you Maura! How about passing a Federal Law stating that Community Hospitals have Psych & OBGYN wards, so that money hungry people like “Steward’s” don’t get their way!

*Neil Patterson  
Norwood*

## Hiltz Jr. seeks another term

David M. Hiltz Jr, a nine-year Norwood Resident and Sitting School Committee Member, has submitted nomination papers to run for reelection to Norwood’s School Committee. The town election will take place on Monday April 1, 2024.

“Over the past three years, I have had the distinct pleasure to serve as a member of the Norwood School Committee. In this role, I have learned a great deal-working collaboratively with different residents on different boards and committees including the School Committee, Board of Selectmen, Finance Commission, Middle School Building Committee, and Town Hall Staff. I have been humbled by the dedication and service of other residents and the work they have done in their roles for the town. I hope to have the opportunity to continue in this role alongside different stakeholders to continue moving Norwood Public Schools forward.”

Hiltz, 35, is a 10-year veteran classroom teacher and is currently a School Building Administrator in a neighboring town. Like many, nine years ago Hiltz heard the call and returned home to Norwood.

As a former classroom teacher and current administrator, Hiltz provides a unique perspective on the School Committee, bringing firsthand experience and knowledge to those of the Committee. Hiltz has spent his whole educational career as a coach, currently coaching Junior Varsity Girls Lacrosse in a neighboring district. He is a graduate of Saint Michael’s College and holds a B.A. in Psychology, as well as a Masters of Arts in History from UMass Boston and a Masters of Arts in Educational Leadership from Endicott College.

If re-elected, Hiltz plans to continue to advocate responsible oversight and stewardship of the Norwood Public Schools; continue his work on the Middle School Building Committee



*David M. Hiltz Jr.*

through to the planned opening of the New Coakley in September of 2025; work with the Elementary Study Committee and Consultant to determine the most effective, efficient, and equitable use of space that will open up in the elementary schools with the move to the new building and finally, after working to select a new Superintendent, work to transition the new Superintendent of Norwood Public Schools starting July 1, 2024.

## Trans Athletes *continued from page 3*

cisgender men.”

Another study from Ethan Moreland (<https://pubmed.ncbi.nlm.nih.gov/37323162/>), a meta study – a study coalescing the data of several other studies – showed that just after 12 months of GAHT, female trans athletes actually saw a reduction in muscle strength, a reduction in the number of sit-ups and push-ups they could do and an increase in their one-mile run time.

Reed also said that the supposed natural advantages in other competitions, including chess, billiards, fishing and darts are unproven.

“There is no compelling evidence that transgender women have a better ability to throw a dart and get an angle right,” she said. “Fishing and angling: England banned transgender women from the Women’s Angling Team following protests.

“I am a trans woman myself, and I can assure you we have no biological advantage to catching fish,” she said. “If I put estrogen at the end of my line, fish are not going to come to me any more than they come to anybody else.”

She also pointed to a recent incident in December when a trans woman com-

peted in and won an Irish step dancing competition, with many conservative outlets decrying the win, saying she had a competitive advantage. According to Reed, many dancers jumped in and vehemently disagreed, saying she had a disadvantage because she had to learn a completely new style of dancing.

“Whereas many of the cisgender girls had been dancing in the female style the whole time, she transitioned into it,” she said.

For more information on Reed and her reporting, go to <https://www.erininthemorning.com>

the first inkling yesterday that that point of view started to formulate around the project we have before us (20 Vernon St.). And it seems to be bound up in some serious misunderstandings as to what the project entails.”

The proposal was submitted by Caritas Communities LLC (no relation to the former owner of Norwood Hospital) and is for the actual purchase of the land at 20 Vernon. Caritas is committing another \$5 million or so in funding to build the housing units at what is now commercial office space.

Hall said the misunderstanding stems from what is perceived to be the current use of the building. He said he heard someone claim that this project would throw 21 current residents out of their homes.

“That claim is likely to be made because I heard it last evening,” he said. “I thought it was off the wall.”

“I don’t understand that,” said CPC Chair Joseph Sheehan.

“How are you throwing 21 people out?” asked member Cheryl Doyle.

“I am not in a position to explain or defend the claim,” Hall said. “I only know that it

is lodged with some people whose strategy is always, ‘No development, anywhere at any time,’ and so they are likely to come forward with it in that form. And if you haven’t anticipated it in follow up materials or tweaks to what’s in the presentation, for instance, then you are letting them set the terms of debate. And that can be fatal.”

Hall said he just wants to get ahead of any misinformation. Member Joseph Greeley said his concern on this would be that he doesn’t want to see it go too far, where it may look like the CPC is taking an active role in defending or promoting a project in front of Town Meeting. Hall said he felt this wasn’t the case, as defining the project’s parameters is informational and not trying to persuade anybody.

“What I’m thinking is we might want to have a short (frequently asked questions) FAQ list that we could deploy during the meeting on this, either in anticipation of or in response to questions that come from that kind of concern or misinformation,” he said.

CPC Coordinator Kristen Phelps said she is already putting those together and asked that if any members hear any

point of confusion or want clarification on any points in the project to let her know what those are so she can include them in the FAQ. She added that Caritas has committed to come to Town Meeting to answer any questions Town Meeting members or residents may have.

“Typically, we put together a project information sheet, but we’re going to be even more in-depth on this one, because of the questions being raised,” she said. “It is the biggest CPA project to date, and I think the other thing people are missing is Caritas is asking for \$1 million to purchase the property, but what the Town is getting in return is 21 or so affordable units in perpetuity through an affordable housing restriction.”

It should be noted that while many affordable housing restrictions in the past have been for a limited number of years, most created now are in perpetuity. “For all time; or as long as the Registry of Deeds is standing,” Phelps said.

Phelps reiterated after the meeting that the proposed site of the veterans housing currently is operating as a commercial office space with two tenants at the moment.

“It’s not residential space,” she said. “We’re not exactly sure of the number of proposed units – it’s between 21 and 23

and the building inspector is looking at it and seeing what would comply, but it’s in that range. Those would be over and above what’s there now and they would all be listed on the Town’s subsidized housing inventory (SHI), and that would increase by 20-plus units.”

Phelps added that the af-

fordable housing is stipulated in the grant agreement, so if the developer decides to walk back on the veteran affordable housing, the funding would not be expended on the project.

For more information on this project, check out The Record’s coverage of its application hearing at <https://tinyurl.com/2yvk25yf>



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Phone: 781-762-8822




## Why Must I Pay Into Social Security when I'm Collecting Benefits?

**Dear Rusty:** I am collecting full Social Security benefits at age 72 and also working full time. Why is the Federal Government still taking money from my paycheck? I have written to Social Security experts on this issue, and they tell me "It's the law." That is not a good answer for me. Approximately \$4,400 was taken from my pay in 2023 for Social Security and, yes, I get a pittance of a COLA increase, but not equal to what I pay. No one has been able to fully explain the Federal Government's thought process on taxing me for Social Security when I am getting full Social Security benefits. Can you?

**Signed:**  
**Working Senior**

### Dear Working Senior:

Far be it from me to try to explain the federal government's thought process on anything, but I can explain why those already collecting Social Security benefits must continue to pay Social Security payroll taxes while working.

It actually goes back to 1935 and the panel commissioned by President Roosevelt to create America's Social Security program. Said panel determined how the program would be financed, Congress approved it, and FDR signed it. That methodology was essentially this:

Workers who earn (and their employers) must contribute to Social Security via payroll taxes to fund the program (we now know this as "FICA" for employees and "SECA" for the self-employed). When the program first started, certain employees and their employers were required to each contribute 1% of the employee's first \$3000 of earnings. Obviously, those amounts have risen over the decades. And, for clarity, only certain workers originally participated in Social Security, which has also changed over the decades so that now nearly everyone who works must pay Social Security payroll taxes.

Starting in 1937 and still today, SS payroll taxes paid by those now working are used by the federal government to pay benefits to those who are currently receiving. Said another way, Social Security is a "pay as you go" program where income from



**Russell Gloor**  
AMAC Certified Social Security Advisor

those working (and their employer) is used to pay benefits to those receiving. Payroll taxes collected aren't put into a personal account for the worker; rather they are used to meet current SS payment obligations. Any excess money collected is invested in special issue government bonds as reserves for future use (although current annual SS income is less than annual program costs – an entirely different topic).

So, the financing method enacted in 1935 and started in 1937 still applies – those who work and earn (and their employers) must pay into the system to fund benefit payments to those who are now receiving - and that includes those workers who are already collecting their Social Security. FYI, there was a time when, if someone worked after starting their SS benefits, they lost all of their benefits. Fortunately, that rule no longer exists, so those who are collecting SS benefits can now continue to get benefits if they work, but they must also still pay into the program from their work earnings to help pay benefits to SS recipients.

I hope this provides some insight for why you must continue to contribute to Social Security even after you have started collecting your benefits. It is a result of how the program is financed – predominantly by workers through payroll taxes on their earnings (and to a lesser extent from interest on Trust Fund reserves and income tax on Social Security benefits). With very few exceptions, everyone who works helps pay benefits to those now receiving.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.*

# ConCom approves Meadow Brook restoration plan

## First of many stormwater improvements on the docket

**Jeff Sullivan**  
Staff Reporter

The Norwood Conservation Commission (ConCom) met on Feb. 28 and voted unanimously to approve a plan to shore up the Meadow Brook Channel in between Pleasant Street and Route 1.

The project is headed by the Town, which has hired Stantec to do the actual engineering work. The plan is to reinforce the banks of the channel to ensure the brook flows properly into the Neponset River and to work

to repair certain areas that are blocking flow out of or into the brook, depending on the situation. The project is slated for about \$1.8 million of American Rescue Plan Act (ARPA) funding.

Stantec representative Stef Harrison said the work will run from about Sunnyside Road to West 6th Street, as the further downstream portion of the Meadow Brook Channel was repaired by the U.S. Army Corps of Engineers back in the 90s. She said the hope is to have as little impact as possible on the surrounding areas. For instance, she said to get at certain areas they will be using coffer dams, which are basically walled off areas within a water way that can be drained and kept dry to allow work.

She said the main areas of concern are places where sediment has built up and areas where the banks have been undercut. In some areas, the bank is eroding to the extent of exposing adjacent tree roots.

"Which represents a possible future maintenance issue with tree fall," she said. "However, we are actually leaving other undercut banks in place because they provide natural processes and habitat."

She said there are also stormwater outfalls – pipes that collect stormwater from impervious areas and then clean and distribute the water to rivers and streams – that are creating water flow issues. The pipes are encased in concrete blocks to keep them stable and in position, but she said the pipes have become completely disconnected from those blocks – sited on the riverbank – and the outflow infiltrates into the brook around the blocks.

"So these are now just concrete blocks that are sitting in the middle of the river and because of that, as the water comes by, it scours out a path behind them as well," she said. "And so now

we have exacerbated erosion behind it because of how the water scours. So the plan would be to remove those concrete blocks from the flow channel and then to put in a new outflow structure that sits in the existing bank as it is with some rip rap."

Harrison said this will help keep the channel flowing and keep stormwater out of residents' basements, at least for as much as it was designed to do so. She said this is different than other stormwater improvement projects slated for the Town, as it is maintenance around existing infrastructure rather than putting in new infrastructure, like the Hennessey Field Project coming up just north of this site.

Speaking of rip rap, which is basically a bunch of rocks positioned in a way to prevent erosion and scouring, Environmental Scientist Michelle Simano said they have four different work areas slated for the project, named A, B, C, and D going north to south.

"And there are 27 work areas within those, and I imagine you don't have time to hear about each one," she said.

Simano broke down the work for each lettered work area. For Area A there is some old piled up rip rap that they will work to shore up to help keep the bank in its current state, allow for flow and reduce sediment build up. In Area B, there is also sediment buildup and loose rip rap.

"In these types of areas we use a stabilization approach, where we have to go into the bank, put down rip rap and then re-stabilize the bank," she said. "And for stormwater improvements, we will reattach the head walls (the stormwater outflows discussed above) back into the bank."

She added that sediment and woody debris around those head

**ConCom**

*Continued on page 7*

Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO24P0427EA

Estate of: Linda S. Hakar  
Date of Death: 11/16/2023

Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
781-830-1200

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Teresa L. Hakar of Portland, OR** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Teresa L. Hakar of Portland, OR** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 A.M. on the return day of 03/27/2024. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return day, action may be taken without further notice to you.**

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS **Hon. Patricia Gorman, First Justice of this Court.**  
Date: February 21, 2024  
Colleen M. Brierley,  
Register of Probate

Norwood Record:  
03/07/2024

Commonwealth of Massachusetts  
The Trial Court – Probate and Family Court

INFORMAL PROBATE PUBLICATION NOTICE

DOCKET No. NO24P0389EA

Estate of: **Audrey Philoma Lindsey**  
Date of Death: **December 20, 2023**

Norfolk Division

To all persons interested in the above-captioned estate and, by Petition of **Petitioner Paul F. Lindsey of Norwood, MA**

**Paul F. Lindsey of Norwood, MA**

has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

Norwood Record: 03/07/2024

# NCC announces awardees

The Norwood Cultural Council (NCC) congratulates the grant recipients for Fiscal Year 2024-2025. The NCC received a record 52 applications and after careful consideration, awarded 31 grants for a total of \$23,122 to various individuals, organizations, and Norwood schools.

The schools that received funds toward in-house program are: Balch, Callahan, Prescott, and Willet, as well as Saint Catherine of Siena.

Additional recipients and their programs are:

• Geoffrey Baguma: 2024 Norwood Juneteenth, • Lynda Bassett: Art Journaling for Beginners, • Laura Sanchez: Adaptive Flamenco Dance Experience!, • The Attleboro Museum, Inc.: High Art Exhibition: "Distortions", • Easton Children's Museum, Inc.: Waves, Sound, and Light, • Friends of the Visual Arts Norwood, Inc.: Yard Art 2024, • Morrill Memorial Library: Artist-in-Residence, • Janet Applefield: Combating Hate and Prejudice, • MUSIC Dance.edu: I am Autistic, I am Fantastic: The Musical; Hip Hop Chair Dance for Seniors!, • Norwood Conservation Commission: Norwood Seed Library, • Motoko Dworkin: Tales and Origami for Teens, • Grass Roots Cultural and Performing Arts Center: Listen Local • Bosede Opetubo: For Sanity's Sake: A Creativity Workshop for Moms and Caregivers, • MUSE, Inc.: Musical Visits for Seniors, • Norwood Historical Society: Story Time, Crafts, and Snacks, • marypaz: Art! (exhibits and programs), • Riverside Community Care, Inc.: Reducing the Stigma Through Art and Resources

Funding for the grants is possible through the support of the Mass Cultural Council, the Town of Norwood, and donations.

The NCC invites Norwood residents to submit their ideas for future programs, performers, or displays that would benefit the town and increase cultural awareness. The next grant cycle opens on September 1st and closes to submissions on October 15.

For more information regarding grants, to submit ideas for future programs, or to find out how you can become a Board Member of the Norwood Cultural Council, please email the Board at [culturalcouncil@norwoodma.gov](mailto:culturalcouncil@norwoodma.gov) or the Grants Coordinator at [marypaz@norwoodma.gov](mailto:marypaz@norwoodma.gov)

The Skating Club of Boston  
Proudly Presents  
**ICE CHIPS**  
A HOLLYWOOD ADVENTURE  
**April 6th - 7th 2024**

TICKETS ON SALE NOW!



SCAN QR CODE TO BUY TICKETS



## DALY FOOT CARE, PC

Daly Foot Care Promoting Foot Health for Over 2 Decades



Albert Daly, D.P.M. & Jack Daly, D.P.M.

Daly Foot Care is a thriving podiatric practice located in Westwood, Malden and Fall River. Dr. Albert Daly and Dr. Jack Daly bring top skill and care to their patients, promoting foot health for over 2 decades. In addition to treatment, they educate patients on foot health and how to best prevent future ailments and problems.

TREATING HEEL PAIN, FUNGAL NAILS, WARTS & SPORTS INJURIES  
ALSO PROVIDING CUSTOM ORTHOTICS

### 3 Locations in the Greater Boston Area

541 High Street Westwood, MA 02090 781-329-7716	253 Salem Street Malden, Ma 02148 781-322-7716	1030 President Ave., Suite 116 Fall River, MA 02720 508-235-6240
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[www.DalyFootCare.com](http://www.DalyFootCare.com)

## ConCom continued from page 6

walls will also be removed. Coffer dams will be used to do the work and contain it. "Otherwise the intent is to always let the river flow," she said.

Department of Public Works Director Mark Ryan said he was enthused to see it

done.

"This is the first phase of a large drainage project, as you've probably already heard, that is necessary to address the stormwater flooding issues we've had in the Meadow Brook," he said. "This is the first project that needs to be done.

The Meadow Brook channel is the reception point for about 1.8 square miles of some of the most densely-populated areas in Norwood, and this will help the flows continue to flow as they should to the Neponset River. Stantec has done a great job on this."

The ConCom voted unanimously to approve the project.



## Deutsches Altenheim EDELWEISS VILLAGE Assisted Living

[www.germancentre.org](http://www.germancentre.org)

As Edelweiss Village opens up their New Memory Care Residences, it may be a good time to start thinking about what the future could hold for you or your family member.

Join Us for an Afternoon Discussion with  
Dr. Jennifer Pilcher, Ph.D., CMC

**Navigating the Transition:  
A Guide for Families Moving Loved Ones  
into Memory Care Assisted Living**

Wednesday, March 13th, 3:30 pm - 5:00 pm  
2220 Centre St, West Roxbury, MA 02132

Refreshments and Community Tours Will Be Provided



Please RSVP to Sheila Connell at  
[sconnell@germancentre.org](mailto:sconnell@germancentre.org) or call (781) 363-5670



Dr. Jennifer Pilcher, Ph.D., CMC



Paul A. "Doc", of Norwood passed away on March 1, 2024. He was 66 years old. Born in Boston, Doc was a graduate of Roslindale High School. Following high school, he earned his associate degree in culinary arts from Newbury College in Brookline. He later worked for many years as a custodian for Norwood Public Schools. Doc was an avid cook, always eager to try new things, but also very comfortable preparing some traditional hearty favorites like ribs and meatloaf. He enjoyed watching professional wrestling, which he had done since watching with his grandparents as a little boy. Doc was happiest around his family, especially at their vacation home in Maine. Doc was the dear and devoted husband of Patrice "Patti" (King) Devine of Norwood. Loving father of Scott Devine of Norwood. Dear brother of Kathy Devine and her husband Kevin Foley of Braintree, David Devine and his wife Mary of Hull and Steve Devine and his wife Jill of South Carolina. Dear godfather of Michelle Ramoska. Loving son of the late Paul A. Devine Sr. and Edna (Karo) Devine. He is also survived by several loving nieces and nephews. Relatives and friends are respectfully invited to attend calling hours on Friday, March 15, 2024 from 4 - 7 p.m. at the Kraw-Kornack Funeral Home 1248 Washington St. NORWOOD. Funeral Prayers will be said at 6:30 p.m. In lieu of flowers, contributions in Doc's memory may be made to the American Cancer Society 3 Speen St., Framingham MA 07101. www.cancer.org Interment will be private

Conserve our resources.  
Recycle this newspaper.

**St. Jude's Novena**

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer 9 times a day. By the 9<sup>th</sup> day your prayer will be answered. It has never been known to fail. Publication must be promised. Thank you St. Jude. My Prayers were answered.

*In gratitude for helping me.*  
—R.C.



Donald B., formerly of Norwood, MA and Naples, FL, passed away peacefully on Tuesday, February 21, 2024. This past December he celebrated his 90th birthday surrounded by his family. Upon graduating Norwood High School in 1951 he enlisted in the Air Force. He was stationed in Japan, where he was promoted to Staff Sergeant. Upon returning to Norwood, he married his wife Barbara (Anderson) also from Norwood. Donald was Vice President of Herb Anderson Motors and owned Norwood Dodge. Upon retirement, Donald and his wife Barbara relocated to Naples, Florida. Although retired, he kept busy by creating several small businesses. Hockey was a huge part of his life, playing for NHS as a Captain and coaching at Xaverian and Framingham State. He was a long time member of Walpole Country Club and Naples Heritage. His love of golf gifted him with many opportunities from playing in the ProAm in Scotland to serving on the Course Rating Team for the Florida State Golf Association, where he was hon-

Deaths

ored as volunteer of the year in 2006. Donald's favorite role was as a father, grandfather and great-grandfather. He treasured his time with his children and grandchildren and earned the nickname as their treasured Puppi. He was extremely proud of each and every one of them. Donald is survived by his wife Barbara Glaser (Anderson), Donna Brown and her husband Brian, David Glaser, Darlene Conti and her husband Joseph, and Donald Glaser. Along with his grandchildren, Jessica Correia and her husband Greg, Alexandra and Mackenzie Brown, Austin and Colleen Glaser, Abigail and Zoe Glaser, Gina and Matthew Conti along with his great-grandson Brody Correia. A private family ceremony was held. In lieu of flowers, donations may be sent to the Tunnel to Towers T2T.org (mailing address: Tunnel to Towers Foundation, 2361 Hylan Boulevard, Staten Island, NY 10306). T2T helps America's heroes by providing mortgage-free homes to Gold Star and fallen first responder families with young children and by building specially-adapted smart homes for catastrophically injured veterans and first responders

**JOSEPH**

Paul M. Joseph Sr. of Norwood passed away on March 3, 2024. He was 93 years old. Born in Waterville, Maine, Paul was a graduate of Colby College. He was a proud United States Army

Hello My name is **Thomas McAnulty** and I am looking for a kidney donor.

To learn more about my story, find out about kidney donation or be tested as a potential donor, please visit my website:

[www.nkr.org/YPX272](http://www.nkr.org/YPX272)

Please Share & help me find a kidney donor

Commonwealth of Massachusetts  
The Trial Court – Probate and Family Court Department  
SUFFOLK Division Docket No. SU23D2380DR

**DIVORCE SUMMONS BY PUBLICATION AND MAILING**  
Yildrim Han Ozdemir vs. Aysegul Ozdemir

Suffolk Probate and Family Court, 24 New Chardon Street, Boston, MA 02114

To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for **Irretrievable Breakdown of the Marriage**. The Complaint is on file at the Court. An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.** You are hereby summoned and required to serve upon:  
**Yildrim Han Ozdemir, 17 Boston Street, Apt. 1, Boston, MA 02127** your answer, if any, on or before 05/09/2024. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.  
**Witness, Hon. Brian J. Dunn, First Justice of this Court.**  
Date: February 16, 2024  
Stephanie L. Everett, Esq., Register of Probate

Norwood Record: 03/07/2024

McDONOUGH



Jo Ann, of Norwood, passed away on February 26, 2024, following a courageous 4-year battle with cancer. She was 50 years old. Born in Norwood, Jo moved to Ireland when she was 2 years old and lived there through high school. She returned to the US and attended a year of college before enlisting in the United States Army. She served her country proudly, traveling to Korea and then entering the National Guard to serve in support of Operation Enduring Freedom. Jo Ann was the loving daughter of Eileen (Butler) McDonough of Norwood and the late John J. McDonough Jr. Dear sister of John J. McDonough III of Norwood, Steven M. McDonough and his wife Johanna of Myrtle Beach, SC, and the late James Patrick McDonough. Cherished Aunt of Hannah. She is also survived by several loving aunts, uncles and cousins. Relatives and friends are respectfully invited to attend calling hours on Thursday March 7, 2024, from 10am - 12pm at the Kraw-Kornack Funeral Home 1248 Washington St. Norwood. In lieu of flowers, contributions in Jo's memory may be made to VNA Hospice and Palliative Care 100 Trade Center Suite G-500, Woburn, MA 01801. Jo will be laid to rest with her father in Ballincollig in County Cork, Ireland.

**SECTION A – ADVERTISEMENT FOR BID  
TOWN OF NORWOOD, MA**

The Town of Norwood is accepting proposals from a qualified consultant or team of consultants to provide professional services supporting the development of a town-wide, long-range, comprehensive plan (Master Plan).

Sealed proposals will be received up until March 28, 2024 at 11:00am, on Projectdog.com project code: **860665**.

Bidders must be qualified to perform the work described in these specifications in accordance with Massachusetts General Law (MGL) Chapter 30B.

The complete bid package may be obtained digitally on Projectdog.com using the project code **860665**. The proposal must be filled out and signed as directed herein, endorsed with the name and address of the bidder, and marked, "NCD-24-03 Master Plan". No physical copies will be accepted.

An award will not be made to a Contractor who is not properly equipped to undertake and complete the work. The right is reserved to waive any informality and to reject any or all bids in accordance with the provisions of MGL as amended.

The Town of Norwood notifies all bidders that it will affirmatively ensure that minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, creed, or national origin in consideration for an award.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the Town.

BY: Tony Mazzucco, General Manager

Norwood Record: 03/07/2024



**FUNDRAISER FOR THE FRIENDS OF NORWOOD COUNCIL ON AGING**

Thursday, March 21st, at the Chateau Restaurant, 404 Boston Providence Turnpike, Route 1, Norwood. Lunch & Dinner, Dine in or Take Out. Please let your server or telephone representative know you are participating in the fundraiser and to "FLAG YOUR CHECK". Online orders need to add "Fundraiser" to your cart & mention the Friends of the Norwood Council on Aging as a special instruction.

Thank you, in advance, for your support to the Friends of the Norwood Council on Aging. Our goal is to continue to support the many programs which are offered to the Norwood Seniors.

**DIVINE MERCY SUNDAY CELEBRATION**

A Solemn celebration for Divine Mercy will be held on Sunday, April 7th at St. Catherine of Siena Church, 547 Washington St., Norwood. The Sacrament of Reconciliation (Confession) will be available from 1:30-2:30 pm in the chapel and the school gym. The recitation of the Most Holy Rosary will begin at 2:15 pm followed by the Divine Mercy Chaplet in the church. Celebration of Holy Mass in honor of the Solemnity will be celebrated at 3 pm and will include veneration of the Divine Mercy Image. The Holy Mass and homily will be offered by Rev. Kevin Miller, of the Diocese of Scranton.

**THE WOMANS CLUB TO MEET**

The Norwood Woman's Club will be meeting on Tuesday, March 12th at 12:30 P.M. The meeting will be held at the Knights of Columbus Hall, 572 Nichols St, Norwood Ma. The Black Velvet Band will be returning to help us celebrate St. Patrick's Day. There will be a lot of singing, dancing, and clapping going on to the Irish tunes. A light lunch will be served. Guests are welcomed. Yearly dues are now \$35.00. We are asking everyone to bring one item for the Ecumenical Food pantry to each meeting. Any questions please call Trina at 781-762-8173. Hope to see you there.

**NORWOOD DEMOCRATS TO ELECT DELEGATES TO STATE CONVENTION**

On Saturday, March 9 at 10:00 AM, Democrats will convene at the Norwood Morrill Memorial Library, 33 Walpole St., Norwood, MA 02062 to elect 17 delegates and 4 alternates to represent Norwood at the 2024 State Democratic Convention. Registered and pre-registered Democrats in Norwood 16 years old by Thursday, February 15th may vote and

be elected as delegates or alternates during the caucus. Youth (age 16 to 35), people with disabilities, people of color, veterans, members of the LGBTQ+ community not elected as delegates or alternates are encouraged to apply to be add-on delegates at the caucus or by visiting [massdems.org/massdems-convention](http://massdems.org/massdems-convention). The 2024 Convention will be in person at the DCU Center in Worcester, MA on June 1st. Norwood Democrats will convene a regular business meeting immediately following the caucus. Those interested in getting involved with the Norwood Democratic Town Committee should contact the committee at [NorwoodDTC@gmail.com](mailto:NorwoodDTC@gmail.com) or visit their Facebook page at [facebook.com/NorwoodDTC](https://facebook.com/NorwoodDTC).

**MONTHLY BALLROOM DANCE**

The Friends of the Norwood Council on Aging will be sponsoring their monthly Ballroom Dance, on Friday, March 15th from 7-10 p.m. at the Norwood Senior Center, 275 Prospect St., Norwood. Music will be provided by Play It Again South Shore and the cost is \$12.00 per person for your Ballroom Dancing pleasure. Coffee, tea, desserts & water are served & there are also door prizes.

We look forward to welcoming newcomers of all ages. There is a Facebook page so you can check the status of events offered by the Friends: Friends Of The Norwood Council On Aging | Facebook

**CHARLES RIVER WATERSHED CLIMATE CHANGE PRESENTATION**

Flooding, extreme heat, drought . . . climate change has arrived with full force in the cities and towns of Massachusetts. And most of us are not yet equipped to cope with the change! Emily Norton will be giving a Presentation on Wednesday, March 20 at 7:00 PM on Zoom. Please register for the Zoom Link to the Program at: <https://bit.ly/crcgprepfclimate>.

Communities and individuals must develop strategies to deal with the effects of climate change as they happen, but many people – including local and state leaders – are not fully informed about what steps they can take. Emily Norton is the Executive Director of the Charles River Watershed Association, Emily has unique insights into climate resilience solutions because her work is centered around healing and restoring the

environment.

A Question and Answer session will follow the presentation.

**VFW MEAT RAFFLE**

The Norwood V.F.W. Post 2452 hosts a Meat Raffle every Saturday from 2:00 PM to 5:00 PM. The Meat Raffle is open to the Public and everyone is welcome. The price for each Drawing is only \$2.00. Ten Drawings are conducted each Saturday. A Pre-Buy for \$20.00 is available during the week at the Post. This Pre-Buy allows for entrance in all Ten Drawings conducted on Saturday. The winners of the Pre-Buys need not be present to win.

The Drawings also include a 50/50 Money Raffle. A separate Winner Takes All Raffle is conducted at the end for an additional \$5.00. The Norwood VFW is located at 193 Dean Street in Norwood. The Meat Raffle will continue every Saturday thru May.

The Norwood VFW is looking for new members. Veterans of the Gulf War, and personnel who have served overseas in Iraq and Afghanistan are welcome to visit the post at any time or come to one of the Monthly Meetings which are held on the Fourth Wednesday of each Month from September thru May (Except December).

**MENTAL ILLNESS SUPPORT GROUP TO MEET**

The South Norfolk Mental Illness Family and Friends Support Group will hold its monthly meeting on Tuesday, March 19, at The Grange, 28 Rockwood Road (Route 115) in Norfolk, MA from 7-9 pm. Mask if you will.

Mental illness is a label for a variety of diseases of the brain. Often it strikes in late adolescence, devastating the afflicted person and the family. The South Norfolk Mental Illness Family and Friends Support Group is composed of such families who find mutual support and join together to advocate for their loved ones. We welcome all families in the South Norfolk Area who are dealing with mental illness and their loved ones. For

further information call Ray at 508-668-2941.

**VFW ST. PATRICK'S DAY PARTY**

The Norwood VFW will be hosting a Happy St. Patrick's Day Party on Sunday, March 17, from 4 to 8 PM. This event is open to everyone. The Public is invited. Tickets are only \$20.00 per person. The traditional corned beef and cabbage dinner will be provided. This will be preceded by the very delicious Lamb Stew. This Stew has always been a favorite. The Dinner is scheduled for 5:00 PM. The evening will also feature Irish and Dance Music. Wonderful music will be provided for everyone's dancing and listening pleasure. This event will be in the Function Hall at the Norwood VFW Post 2452 at 193 Dean Street, Norwood. It is strongly encouraged that tickets be obtained by Friday, March 15. The Tickets are available for sale at the VFW Post on Dean Street. Please call 781-762-6910 for more information. Come eat, dance, and have fun.

**IMPACT NORWOOD CREATING MAGAZINE**

Calling all Norwood residents! How has physical and mental wellness impacted your life? Impact Norwood is a substance use prevention and mental health awareness coalition seeking to improve health in Norwood youth. We are creating a wellness magazine, Mindful Mustangs, focusing on stories of resilience, mental health, physical activity, community, and prioritizing overall wellbeing, but we need submissions! We are looking for articles and artwork from Norwood residents of all ages sharing any story about their own wellness journey or using one of our prompts. You can find the application and submit your response online at <http://tinyurl.com/MindfulMustangs24> or at one of our physical locations: the Civic Center, Morrill Memorial Library, Senior Center, and Town Hall. To find out more, please

visit [impactnorwood.org/mindfulmustangs](http://impactnorwood.org/mindfulmustangs) or email [mindfulmustangs@gmail.com](mailto:mindfulmustangs@gmail.com) with any questions.

**YOUTH MENTAL HEALTH SERIES**

Superintendent David Thomson is pleased to announce that Norwood Public Schools has partnered with McLean Hospital for a series of online events focusing on youth mental health.

Implemented during the 2022-2023 school year, NHS Leaders in Youth Mental Health Parent Series is an ongoing series in partnership with McLean Hospital meant to provide caregivers with information and strategies to navigate raising children and providing mental health support for them.

The series will feature a guest appearance by various McLean practitioners. Events include:

Understanding Transgender and Non-Binary Youth: March 8, from 9-10 a.m. Understanding Pediatric Anxiety Disorders and OCD: March 22, from 12-1 p.m. Partnering with Schools for Services and Supports: April 5, from 9-10 a.m.

In addition to this series, Norwood High School partners with McLean Hospital for clinical consultations to best support student mental health needs, staff professional development, and a private parent mental health series on topics of interest to Norwood families.

**NORWOOD TOASTMASTERS CAN IMPROVE COMMUNICATION SKILLS**

The Norwood Toastmasters Club, a not-for-profit educational organization is well into its 25th year! We develop communication and leadership skills for our members and the community at every level of ability. Guests are always welcome to come and see just how we do it! Meetings are held on the second and fourth Tuesdays of the month. We meet from 6:45 until 8:30 p.m. at the Lydon Suite in the Norwood Civic Center, 165 Nahatan St. in Norwood, Massachusetts. Please visit our website: <https://norwoodtoastmaster.toastmastersclubs.org/> for additional information."



**Ask The Doctor**

*Junior Damato began servicing vehicles in 1969. He owns an 8-bay center in Middleboro, MA. Junior is an ASE-certified Master Technician, ASE-certified L-1 and ASE-certified Natural Gas.*

**Toyota Corolla Cross**

Toyota has been building hybrid vehicles for many years and each new year there are improvements. Our new Corolla Cross is not the Corolla of years back. The Cross is a little smaller than the RAV. The Cross seats four with comfort both front and rear, there is also ample cargo room. The 2.0 4-cylinder hybrid pumps out 196 HP. The CVT transmission has also been upgraded and has a sport mode and works well with this hybrid set up. Gas mileage: 45 city, 38 hwy; my combined was 42, not bad. The interior is nicely appointed with an 8-inch touchscreen, 7-inch dash cluster, ambient lighting, heated front seats, steering hub controls, and the list goes on. Our car did have a few options, including two tone paint that gives a big wow factor. Active headlights that really do follow the road and move with the slightest turn of the steering wheel. A 9-speaker audio system with an amplifier and sub woofer. Yes, this is a Corolla—there is even a power moon roof. LED lights throughout. If I could complain about anything, under full acceleration there is some engine roar. Base MSRP is only \$31,065; with options \$34,330 (destination \$1,350). The color did bring a lot of attention in a good way.

Junior Damato, the "Auto Doctor," has agreed to field auto repair questions from Bulletin and Record readers. Please send your questions to [news@bulletinnewspapers.com](mailto:news@bulletinnewspapers.com) and we will do our best to get them answered.

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**Monday, February 26**

1114 Phone - PD-Larceny/ Forgery/Fraud Spoke With Location/Address: Codman Rd Call on business line reports a female getting text messages from a phone number requesting them to go to CVS and get a \$450.00 gift card. CP then received messages that a tow truck was going to come and take her vehicle. CP would like to speak to an officer. Party is not out of any money, only information the camera had was public records. Party was advised

1204 Phone - PD-Disturbance Spoke With Location/Address: Norwest Dr Caller on 911 states her former caretaker is outside of her home wanting to be let in so she can get belongings that she left there. Caller states she has not seen this party in over a year and does not know what she is looking for from in the house. Party was able to get some items of hers. Everyone is clear and happy.

1223 911 - PD-Assist Public Spoke With Location/Address: Redwood Dr Caller states that she got a call stating that she won money and that the caller would be there by 1415 hrs to collect 2 gift cards along with her passport. Spoke to the female party and she is not out any money at this time she was advised of her options

1445 Phone - PD-Suspicious Activity Spoke With Location/Address: Norwest Dr Caller on 911 states there is a black male pacing Male party was just enjoying the nice weather.

1551 Phone - Health & Welfare Check Spoke With Location/Address: Engamore Ln Nurse at Associate Internal Medical Group would like an HWC in regards to one of their patients. They spoke to her a little bit ago and they stated she was having an episode and would like her checked on.

1555 Phone - PD-Motor Vehicle Complaint Spoke With Location/Address: Coventry Ln Motorcycle leaking fuel in parking lot. Called in by a neighbor. Owner of bike is not with the bike. Spoke with the owner of the bike he came and turned the bike on the side and no longer leaking he will contact the leas-

ing company to see if he can keep it here.

1714 Initiated - PD-Motor Vehicle Stop Report Follows Location/Address: Lenox St MVST MINN REG NTP448. Don and Wally's en route for vehicle. Attaching Minnesota plate NTP448 to Ma VIN 1GTGG25V941129803. Don and Wally's has vehicle. OFC's clear. Arrest: Mcmenamin, Daniel Burt Address: 12 Day St Norwood, Ma Age: 41 Charges: Lights Violation, MV \* C90 S7 Number Plate Violation To Conceal ID C90 S23 Unregistered Motor Vehicle \* C90 S9 Uninsured Motor Vehicle C90 S34J License Suspended, OP MV With (Criminal Subsq. Off.) C90 S23

**Tuesday, February 27**

0557 Phone - PD-Assist Other Agency Report Follows Location/Address: Village Rd E Arrest: Tucker, Tremaine O Address: 905 Village Rd E Norwood, Ma Age: 22 Charges: Default Warrant Straight Warrant

1558 Phone - PD-Disturbance Spoke With Location/Address: Hoyle St Caller on 911 states her neighbor called her "Loca" NWD674 will be calling the male party in question to let him know to avoid the female party. Spoke with the male party and he will not be speaking to the female.

1822 Phone - PD-Assist Public Location/Address: Yarmouth Rd Grandmother says her grandson bought a phone off of EBAY. States it has a lot of information on it. She is worried it is a stolen phone. She wants an OFC to look at it. OFC spoke with grandson and grandmother. Parties advised.

2110 Phone - PD-Noise Complaint Investigated Location/Address: Ray's Car Care Center - Walpole St Owner of Ray's auto playing loud noise for venting system, while painting, requesting a phone call in regards to the incident, on -going issue. OFC spoke with Ray's auto. Ongoing issue for 10 years. Ray's Auto will be finishing up soon for the night. OFC informed him he will be following up with the calling party.

The Norwood Record

## Police Logs



**Wednesday, February 28**

0705 Phone - PD-Disturbance Transported to Hospital Location/Address: Edgewater Dr Caller on 911 reports a female party throwing items and swearing at co-workers. Caller is unsure what caused this incident. Caller states party is on 2nd Floor in the cafeteria.

0936 Phone - PD-Lock Out Services Rendered Location/Address: Ocean State Job Lot - Bos-Prov Hwy Caller on 911 states her 20 month old child was locked in her vehicle on accident. Vehicle is not running and is in the back of the lot.

1321 Phone - PD-Suspicious Activity Services Rendered Location/Address: Eisenhower Rd Caller on the business line reporting his daughter witnessed a male party climbing through the window of a home. He is unsure of the address. Accidental. Home owner was trying to gain access.

1421 Phone - PD-Suspicious Activity Services Rendered Location/Address: Cadillac of Norwood - Bos-Prov Hwy Call from the light department. They were paged that the meter wires were cut at this location. They are requesting an officer to check the area. They are unsure on when this occurred.

1854 Phone - PD-Suspicious Activity Spoke With Location/Address: Don & Wally's Service Center - Bos-Prov Hwy Male party was seen walking around the lot. Previous problems with theft out of cars. Described as a male party wearing a hoodie with scruff on face. Area check negative for that party. Owner will be calling back if there is any other suspicious activity. Extra checks will be completed throughout the night.

**Thursday, February 29**

0153 Phone - PD-Assault Offenses Spoke With Location/Address: Nichols St Male party has been assaulted in Norwood Center and looking to have police report made. Male party is described as white and 37 year old. Last scene in a vehicle and no description of a vehicle. Male party has been spoken to.

0237 Phone - PD-Noise Complaint Spoke With Location/Address: Walkhill Rd Caller reports that a tractor trailer has been trying to back into a business for an extended period of time and causing a lot of noise. Spoke to the truck driver. They have shut the truck off to keep noise level down.

0324 911 - PD-Disturbance Spoke With Location/Address: Hampton Inn - Bos-Prov Hwy e911 caller requesting PD to the scene for an unruly male party who is causing a scene, using

racial slurs against caller, and is possible heavily intoxicated. Party described as a white male wearing all black with long-ish hair. Party was provided a transport out of the Hampton Inn.

0944 Phone - PD-Warrant Services Rendered Location/Address: Dean St Caller on 911 states that her son is in the basement of the above address and has a warrant out of Wrentham Arrest: Sales, Evann Address: 27 Dean St Apt. #1 Norwood, Ma Age: 35 Charges: Default Warrant

0958 Radio - Health & Welfare Check Peace Restored Location/Address: Norwood Police Dept. - Nahatan St Headquarters reports female party described as dark skinned and wearing a pink dress just entered Dunkin Donuts. She was walking in and out of traffic giving hand gestures to drivers. Check well being. Female party left Dunkin Donuts and is now walking outbound on Nahatan St. She is refusing to speak with officers. Sent on her way.

1119 Radio - PD-Warrant Services Rendered Location/Address: Prospect St Officer requesting an area car for a warrant arrest. 665 transporting 1 female in custody to the station. Arrest: Sakalis, Cynthia Address: 201 Prospect St Norwood, Ma Age: 54 Charges: Default Warrant

1339 Radio - PD-Warrant Taken/Referred to Other Agency Location/Address: Douglas Ave Officer requesting a marked cruiser for a warrant arrest. 666 returning to the station with 1 in custody. Arrest: Velasquez, Jose Address: 3 Douglas Ave Apt. #1stfl Norwood, Ma Age: 40 Charges: Straight Warrant

1357 Phone - PD-Larceny/ Forgery/Fraud Spoke With Location/Address: Upland Woods Cir Business line caller reports he had a phone coming from Xfinity on 2/27. He called Xfinity and he stated someone signed for the phone and gave the name of the party that signed for it. He does not have the phone. No evidence of the package being stolen. It was delivered to the management office. Caller was advised of his options.

1446 Phone - PD-Suspicious Activity Services Rendered Location/Address: Jefferson Dr Caller on the business line reporting a van with Pete's Coffee on the side has been in her driveway for the past three hours. Vehicle is unoccupied and completely empty and key is broken off inside. Caller states neighbor has video footage of the van being left in her driveway. Officer went to Jefferson to speak with the male party who may be involved. Party took off on foot out a window.

1656 Phone - PD-Suspicious Activity Arrest(s) Made Location/Address: Don & Wally's Service Center - Bos-Prov Hwy Employee of Don & Wally's states a male party is in the lobby who was trying to steal a car off the lot. Transporting one adult male back to the station. Arrest: Irving, Joshua Allen Address: 64 Jefferson Dr Norwood, Ma Age: 19 Charges: Motor Veh, Larceny Of Motor Veh, Receive Stolen B&E Vehicle/Boat Daytime For Felony Attempt To Commit Crime Unlicensed Operation Of MV

1948 Phone - PD-Larceny/

March 7, 2024

Forgery/Fraud Report Follows Location/Address: Stash's Pizza - Dean St Counterfeit bill passed about 10 mins ago. No suspect description. Will check cameras.

**Friday, March 1**

1928 Phone - PD-Disturbance Investigated Vicinity of: Neponset St Caller on 911 reports a male party with a tire iron attacking his neighbors car across the street. Officers on scene spoke with the registered owner who is trying to fix something.

2130 Phone - PD-Disturbance Peace Restored Location/Address: - Washington St Upstairs neighbor is coming down stairs slamming doors saying racist slurs and this has been going on consistently for about 30 minutes tonight. This is a recurring issue. Officers spoke with all involved parties and were advised to keep it down.

**Saturday, March 2**

0729 Phone - PD-Assist Public Services Rendered Location/Address: Ellis Ave Caller reports her brother is in possession of two fire arms and is unsure if he has an LTC. The sister is concerned because she believes the male party is a danger to those around him. 1405 Phone - PD-Noise Complaint Location/Address: Buckminster Dr Complaint is for music shaking the walls in a unit on the first floor. He tried to knock on the door, but no one would answer. Officers could not reach anyone at the residence but the music has been turned down and the calling party is satisfied.

2346 911 - PD-Mental Health Services Rendered Location/Address: Prospect St 911 caller reports something is going on upstairs. Norwood 666 reports there is no issue, elderly female alarmed by a TV show she was watching. All units clear.

**Sunday, March 3**

0132 911 - PD-Assist Public Vehicle Towed Location/Address: Village Rd W 911 caller reports a tow truck driver is trying to take her vehicle. Norwood 669 transporting 1 female party to the ATM to grab money to pay the tow truck driver to drop the vehicle. Norwood 666 reports all issues resolved, that party paid to have her vehicle released, all units clear.

1110 Phone - PD-Assist Public Investigated Location/Address: Norwest Dr Male party on 911 line screaming that he is angry due to buying a single family home. Male party also states he is angry with his mother. Male party is not hurt would just like to speak with an Officer. OFC's spoke with male party. Calmed him down. He will reach out to father and to Riverside as well. OFC's clear.

1841 Phone - Health & Welfare Check Services Rendered Location/Address: Wickham Way Calling party reporting a male party harassed his fiancée and another female party outside of the apt building yelling obscenities at them. Described to be a heavy set W/M wearing a blue shirt and cargo shorts. Units spoke to calling party via phone call. There is no crime involved. The yelling was towards another resident at the complex. Units performing a H & W on the party.

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Registration is required and free for all events below unless otherwise indicated. Sign up at [norwoodlibrary.org/morrillcalendar](http://norwoodlibrary.org/morrillcalendar), or call the Reference Desk at 781-769-0200 x2.

**HOW TO SPOT AND REPORT SCAMS**

To fight this rising threat of scams and to empower Norwood residents to spot and report scams, the Town of Norwood created an Anti-scam Task Force (NASTF). The task force comprises the Town of Norwood and community partners that include the Norwood PD, Senior Center, a local bank, Morrill Memorial Library, and others.

Please join the Norwood Anti-scam Task Force for an informational session called Scams 101: Spot, Report and Stop! The session will take place at the library on Monday March 18, at 7PM in the Simoni Room.

The presentation will include information about the mission and vision of NASTF. The Federal Trade Commission collects data on scams. Understand what the data tells us about scams, which ones are most active, what kind of financial loss they represent. This topic will be presented

by Norwood Selectwoman Amanda Grow.

Tips and best practices to protect your money. This topic will be presented by Amy Sobchuk, Asst. Vice President/Compliance Analyst at One Local Bank. Learn how law enforcement handles scams. Sgt. William Fundora of the Norwood Police Department will provide information on the type of scams Norwood PD is aware of, and how to report them. Learn stories of scams that happened right here in Norwood.

The presentation will be followed by a Q&A. For more information on the NASTF, please visit the NASTF [https://www.norwoodma.gov/government/norwood\\_anti-scam\\_task\\_force.php](https://www.norwoodma.gov/government/norwood_anti-scam_task_force.php)

**SENSORY FRIENDLY ART CLASSES FOR ADULTS**

Classes are held from 10 am to 11:45 am at the Morrill Memorial Library, Simoni Room on the following dates: 3/8, 3/15, 4/12, 4/19, 4/26, 5/10, 5/17, 5/24, 5/31, 6/7, 6/14, 6/21, 6/28.

Morrill Memorial Library is excited to partner with Norwood-based Lifeworks Inc to bring a series of art classes called Sensory-friendly Art Classes for

# Morrill Library Events

Adults to the library. The classes will be held weekly on Fridays from 10:30 am to 11:45 am in the Simoni Room.

Join the art instructor Stephanie Enloe for sensory-friendly art classes for adults, a program specially designed for adults with all levels of cognitive abilities. The attendees will get a chance to create an art piece in a sensory-friendly and inclusive environment.

**VINTAGE POSTCARDS OF NORWOOD**

This spring, the Morrill Memorial Library and Old Parish Preservation Volunteers are partnering to present a visual tour of local history as you may never have seen it before.

On Monday, March 25, at 6:30 pm, join Patricia Fanning, Robert Donahue, and Rock Street Press publisher Heather Cole for a discussion of the new book, *Wish You Were Here: Vintage Postcards of Norwood, Massachusetts*. This full-color publication features reproductions of more than 150 postcards from the private collection of Robert and Susan Donahue, with annotations by Fanning. It is an engaging visual tour through Norwood's past and a great gift for fans of local history, vintage postcards, or early 20th century photography.

The postcards in this volume tell the story of Norwood from its founding to the late twentieth century. Businesses, houses of

worship, educational, health care and recreational facilities, public buildings, landmarks and homes are all represented. For many, these views will spark nostalgia; for others, they will be totally unfamiliar. Either way, this is vintage Norwood.

**UNRAVELING MYTHS ABOUT TRANS PEOPLE IN SPORTS**

The Morrill Memorial Library is excited to partner with a cohort of over 40 Massachusetts and New Hampshire public libraries to host journalist Erin Reed for a virtual presentation titled "The Real Score: Unraveling Myths About Trans People in Sports" on Tuesday, March 5 at 7:00pm on Zoom.

In this presentation, we will explore the complex and often misunderstood world of transgender athletes in sports. Delving into the history and current controversies, we will address the myths and misinformation surrounding "biological advantages." We will also discuss the discriminatory nature of recent sports bans targeting transgender individuals, and interrogate how similar arguments have been historically used to marginalize other minority groups. We will look at the real world impact of these sports bans, and how they might touch places you didn't think about. Finally, we'll put it all together in considering what transgender inclusion means for society at large.

About the presenter: Erin Reed (she/her) is a transgender journalist based in Washington, D.C. She tracks LGBTQ+ legislation around the United States for her subscription newsletter, *Erin In The Morning*. Her work has been cited by the AP, Reuters, The New York Times, The Wash-

ington Post, and many more major media outlets. You can follow her on twitter and tiktok @ErinInTheMorn.

**MUSICAL SUNDAY CONCERTS**

The Morrill Memorial Library's Spring Musical Sundays Concert Series kicks off in March! Join us for our first concert on Sunday, March 24 at 2:00-3:30 pm as we feature returning favorites, Knock on Wood. Note the 2:00 pm start time for this concert!

Knock on Wood is a high-energy acoustic folk-rock duo, featuring singer-songwriter Howie Newman and fiddler/mandolinist Joe Kessler. Combining acoustic guitar with fiddle, mandolin and pleasing vocal harmonies, the duo performs funny original music (suitable for all ages) and Classic Rock covers. It's a very lively, fun show with great musicianship, humor and lots of audience participation. For more information, including videos and music samples, visit <http://www.howienewman.com/knockonwood>

Additional concert dates will be announced soon - stay tuned!

**SENSORY-FRIENDLY LEGO CLUB FOR ADULTS**

Morrill Memorial Library is excited to partner with the L.E.A.D. program affiliated with Norwood High School to host a Sensory-friendly Lego Club for Adults. Our March Lego club meeting will be held in-person at the library on Thursday March 28, from 12:30 pm to 1:30 pm.

Please join the L.E.A.D. students in this creative adventure. Just bring your imagination - we will provide the Legos. The Club is free, inclusive, and open to anyone ages 18+. It is specially designed for adults with different levels of abilities.

**SENSORY FRIENDLY MOVIE NIGHT**

The Morrill Memorial Library is offering an in-person sensory-friendly movie on the 4th Friday of the month for adults with different levels of cognitive abilities.

Join us for our Sensory-friendly Friday movie at the Library! This program will be held in-person in the Simoni Room on Friday March 29, from 1:00 pm to 3:00 pm. Our March movie in the Sensory-friendly Friday movie series is Universal's *Dolittle* starring Robert Downey Jr., rated PG.

**LEGAL NOTICE TOWN OF NORWOOD**

The Town of Norwood hereby notifies all residents that the State Attorney General's office has approved the following amendments to the Town By-Laws which were voted at the Special Town Meeting, November 13, 2023 namely:

**Article 1.** To Amend Article XXXIV (Rules of Procedure for Norwood Representative Town Meeting) of the by-laws of the Town of Norwood: Amend Section 4 (Physical Conditions) Amend Section 9 (Method of Taking Votes)

**Article 2.** Town will vote to receive and accept the Report of the Town Meeting Size Committee; and further vote to amend Article 1, Section 2 (Act to Establish Representative Town Meeting)

**Article 3.** Amend General By-Laws by deleting Article XVII (Permanent Building Construction Committee) in its entirety and replacing with a new proposed by-law as printed in the Warrant.

**Article 4.** Adding new By-Law ARTICLE LI – Interest on Overdue Bills for Police Details and Fire Details as printed in the Warrant.

**Article 7.** Update current Stretch Energy Code, Article XLVIII to include the Municipal Opt-In Specialized Stretch Energy Code.

**Article 17.** Amend Article XLVI of the By-Laws, Revolving Funds, by adding section D – which established a new Recreation Extended Day Fund.

(Complete copies of these bylaws have been posted in the different locations listed below throughout the Town and are on file in the Town Clerk's Office.)

The above named article is posted in the following public places throughout the Town, in accordance with the provisions of General Laws, Chapter 40, Section 32: District 1 & District 2 - Municipal Building (Town Hall); District 3 & District 5, Morrill Memorial Library; Murph's Place; District 4, Walgreens Pharmacy, Walpole Street; District 6 & District 7, Nick's Package Store; Pam's Market, Corner Pleasant & Rock Street; District 8, Shaws Market; CVS – Shaw's Market Plaza; District 9, Gulf Gas Station, Neponset Street.

Mary Lou Folan  
Town Clerk

Norwood Record: 02/29/24, 03/07/24



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