

The Norwood Record

FREE

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Catching up with Tony Mazzucco

Matt MacDonald
Staff Reporter

"Thirty days in and I'm having fun." Tony Mazzucco leans back comfortably in a chair at a small meeting table in his office, as a corner full of prior Town Managers – in their picture frames – loom over his shoulder.

Mazzucco – the newest Town Manager – arrived in Norwood a month ago and has been acclimating himself to his new job and to his new home.

"I had such a short turnaround." Mazzucco was offered the job on Nov. 7 and sworn in on Dec. 18. "I was able to get everything closed out in Adams. And I am single, so it was a little easier." Chuckling, he added, "I still have boxes in my apartment that will probably be there for another year or two."

The Randolph native, who – before

Mazzucco
Continued on page 5



"It's quite an operation if you're around, grabbing a picture..." Public Works Director Mark Ryan said about the coordinated snow removal operation that happens in Norwood Center and along Washington Street during and after each snowstorm.

MATT MACDONALD

After the storm, with Mark Ryan

Matt MacDonald
Staff Reporter

In the aftermath of the Thursday, Jan. 4 storm that blanketed the Town with 15 inches of snow, and with the arctic temperatures that surrounded it, the Record paid a visit to the John J. Carroll Administration Building to get a status update from Dept. of Public Works (DPW) Director Mark Ryan.

As Ryan described it, the storm – though not particularly bad in comparison to others that he has had to deal with – was difficult throughout the afternoon because of the drifting and intensity of the snow, which was coming down at a steady rate of a couple of inches an hour.

"For a few hours, it was a challenge," Ryan, kicked back in an upstairs conference room, said as a truck cranked



This past Monday afternoon, a tracked snow removal vehicle plows its way toward the Walter Dempsey pavilion on the Common. Last week's storm dumped 15 inches of snow on the Town.

MATT MACDONALD

up outside to it the streets. "But the guys, as they always are, were up to it."

The "guys," as Ryan described them, were the 24 DPW workers that handled the plowing during the winter blast, with another 25 contractors signed on to help out.

"Usually we have a little more on the contractor end, probably around 34," Ryan said, attributing the lower turnout to mechanical problems and the unavailability of some drivers. "That kind of

Storm

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Singers, Santa, excited children, under direction of Maureen Crook Vinson

COURTESY PHOTO

Town and Country

Jackie Saber

JOYFUL SOUNDS

I attended a beautiful Christmas Concert at Sunrise Assisted Living. The women's chorus, Santa, and the excited children performed, "Twas the Night Before Christmas."

Thanks to Maureen Crook Vinson, the women who love music sang along with the members of the Norwood Woman's Club in October 2016 and, as Maureen says, that is where their group was unofficially formed. Since then, they have performed at many facil-

ties in Our Town, out of town, and out of state, with several return engagements. Maureen tickles the ivories for a great group of singers and a talented group of kids who certainly enjoyed themselves, as did the residents of Sunrise!

**STREETS
of OUR TOWN**

Many residents were pleased that during the recent snow event our streets were taken care of in the manner in which we had been used to. Good job! Last year was not the same. I received phone calls stating that Walpole streets were much better than ours;

that was not music to my ears. As an 'oldie,' I don't ever remember our streets being left in the condition they were in last year. I hope the terrific work that was done this past storm will continue. Thank you, DPW for your hard work!

When the Mayor of Boston spoke after the flooding of Marshfield and Scituate he related the event to global warming. Does he realize that...full moon...high tide...horrific winds... create a recipe for disaster? Man is NOT responsible, nor will he ever be stron-

Saber

Continued on page 7

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Selectmen hear solar canopy presentation for Norwood Central

Matt MacDonald
Staff Reporter

On Tuesday evening, Jan. 9, the Board of Selectmen resumed its weekly meetings at Town Hall after a two-week holiday break. On the agenda were several appointments and some new business. Allan Howard was away.

The main item on the agenda was an informational presentation by the Massachusetts Bay Transportation Authority (MBTA) regarding the solar panel project that it is scheduling for the Norwood Central commuter train station.

Rick Colon of the Massachusetts Department of Transportation (Mass DOT), Janelle Chan of the Massachusetts Bay Transportation Authority (MBTA), and Sachin Patel, of Omni Navitas/MAP, appeared before the Board to give a preliminary layout of the project.

The Norwood Central project requires no permits to be sought from the Town.

Talks between the MBTA and the Norwood Light Department regarding the project began in the winter of 2017, with a pilot agreement to be submitted to the Town.

According to a diagram shown in the project handout distributed to everyone in the room, the Norwood Central project would cover almost all of the station's parking lot with solar canopies, their main goal being to reduce carbon emissions and to bring solar power – through the canopies – to the power grid.

Speaking before the Board, Patel presented three benefits that the project would bring to the Town: power at a discounted rate, an increased proportion of renewable energy in its portfolio (encouraged by the Department of Energy), and covered parking for commuters using the lot.

The canopies, according to Chan – Chief of MBTA Real Estate – would protect cars from the elements, including

snow in the winter and the excessive heat of the summer. Additionally, LED lights would be installed on the bottom of each canopy, providing better light for commuters.

There was some dissent among the Board, with most of it coming from Helen Donohue, who expressed concern over the aesthetics of the project as she referred to the neighborhood.

"They've just undergone a huge trauma about how many apartments are going to be in their neighborhood (Avalon Norwood)... and now to subject them to this... It's a wonderful idea about clean energy and all that, but it's such a residential neighborhood that abuts it."

In response, Chan noted the fact that the lot and project is set back from the residential area and lined by trees to shield it from the view of the lot.

Additionally, Chair William Plasko brought up the issue of a hitherto unsuccessful correspondence between the Town and Omni Navitas regarding taxes to be paid once the project is complete. In response to Patel reference to the pending pilot agreement, Plasko was explicit.

"We clearly told – I guess – your attorney who had sent the letters, that you're not getting a PILOT (payment in lieu of taxes). You're going to pay taxes as any other business enterprise would, and we referenced the reasons why – that that's our opinion – but we never even got any kind of a response."

In response to that, Patel attributed this to a change in ownership.

"Omni Navitas is no longer the owner of this project," explaining that MAP Energy had purchased the rights from Omni. "MAP is the new owner/developer entity working with the MBTA and taking this project forward."

Ultimately, Patel offered to go back to Omni for clarification and to continue negotiating with the Town.

"I'm happy to schedule an appointment with your Town and your Tax Assessor and continue the dialogue... We'll get an active dialogue going on with the Town for either a pilot or some kind of a tax arrangement."

"Just so long as the potential of us being right, and you having to pay what we say you're going to pay isn't going to affect your business decision to go forward," Plasko came back. "Just check on that," he added with a chuckle.

"Point noted."

In New Business of note, Plasko submitted the list of five resident appointees (from a total of 20 applications) to the Forbes Hill Task Force. They are Peter McFarland, Jean Taylor, John Colbert, Ed Clark, and Steven Keith.

In additional news of interest, Chief Bill Brooks – giving his monthly report – described the Police Department's cracking of a series of doorstep package thefts in the Town.

After an investigation, the suspect was apprehended.

"Not only did we recover a bunch (of packages) from the car... we went back to his apartment and – under the Christmas tree – was an assortment of unopened Amazon boxes."

Being a week or so before Christmas, the Police Department took the unopened packages and drove through the Town, dropping them off at each resident's house.

The next Selectmen's meeting is scheduled for next Tuesday.



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OPINION

Could the timing be any worse?

Next Tuesday, Jan. 16 at 7 p.m. the Norwood Zoning Board of Appeals will convene to discuss, among other things, an application to build 18 residential units on a 21,431 square foot lot in South Norwood, at 1211-1213 Washington St. The application calls for the building to take up almost 17000 square feet, or about 80% of the property. Currently, zoning laws require 69,500 sq ft of land to build that many units. In layman's terms, normally an applicant would need a minimum of a little more than an acre and a half to build 18 units, but this applicant only has roughly a half an acre. Without even considering the merits of the application, given everything having gone on with the 40B horror shows Norwood residents have been subjected to over the last few years, the timing couldn't appear worse.

There are a few interesting caveats to the application beyond the obvious of attempting to shoehorn so many rental units onto a postage stamp sized lot. The first is that Selectman Helen Abdallah Donohue's family owns one of the lots included in the application. Flynn Builders is proposing to purchase the Abdallah family lot and combine it with a lot it owns right next door, creating the 21k sq ft the company wants to build on.

The Abdallah family owns quite a bit of real estate in Town, much of it in South Norwood, so the fact that one of their lots is involved should come as no surprise to anyone. They are also one of the more politically connected families. Selectman Donohue's father was a Norwood Selectman for many years, as well as her sister, and her husband Paul currently sits on the Norwood Planning Board. Considering this, it would seem fair for those who attend the meeting to question whether or not their concerns regarding the application will be fairly weighted. Quite frankly, it would seem fair to question the sanity of the application itself given that residents have recently been force fed over 500 apartments and had to spend another \$13 mil. to keep several hundred more from coming. So, why would anyone think now is a good time to submit an application? Perhaps, just maybe, said applicant thinks it has an ace in the hole.

Another interesting tidbit is that Zoning Board Chairman Philip Riley is considering recusing himself from participating in the meeting citing, when asked, that he has a personal relationship with the Abdallah family, mentioning Helen specifically, and that he may err on the side of caution and remove himself from the process. However, one would think that every member of the ZBA could be considered conflicted given each of them serves solely at the pleasure of the Board of Selectmen, not to mention the fact that some of the members of the ZBA carry family names steeped in Norwood politics and other public service and probably also have personal relationships with the Abdallahs and Donohues.

The ZBA is considering moving the hearing to Memorial Hall, presumably due to perceived interest in the subject matter, which makes sense since there are so many residents in close proximity to the address in question. And the word on the street is that there is a petition circulating voicing opposition to the application, and at least one letter in opposition already submitted.

The Abdallah lot has been vacant for many years and something, within reason, would certainly be better than the overgrown grass and litter residents often have to look at now. And the request is not unprecedented. Just down the street at 1266 Washington St, on the corner of Morse, 18 apartment units were allowed on an even smaller lot, at just over 13k sq ft., currently known as the Gables Apartments, though everyone would agree the climate in 2007 for development when the Gables were built is a heck of a lot different than it is now.

At a minimum, barring an outright rejection of the application, this newspaper suspects the ZBA will attempt to dramatically reduce the number of units the applicant seeks. And it is not uncommon for developers to go into a hearing seeking much more than they could possibly expect and then come across as conciliatory when appearing to be "willing to work with the town." The magic number always comes down to what the neighborhood is willing to absorb and whether that number will still make the project financially viable for the developer.

This should be very interesting.

The Norwood Record

Letters to the Editor

CLASS ACTION LAWSUIT IS COMING

To the Editor:

I'd like to compliment and thank the Norwood Record for once again providing some truth to our community about the 40B scandal that has been going on. Your Jan. 4 edition was the best birthday gift I've ever got. Everything has been cloaked in secrecy for years. There is a reason for that. Nothing has been on the up and up from the very start. That is why the public has been denied involvement all these years.

Let's look at a few facts that could have stopped these 40Bs in their tracks long ago. If you have followed this entire saga, you will remember we were found to be about an acre and a half short of our needed threshold to stop 40Bs by the state. If this is the case, why did the Town refuse to accept the offers made by myself and Brian Hardiman to use our homes as deed restricted properties to get us there? That would have stopped both 40Bs for NOTH-ING! That, keep in mind, also includes using the watered down land data our Town chose to file with the state. That phony land data does not even match our Assessor's office land records.

Why did the Town refuse to explore the "Lease

buyback" option for the two golf courses here in Norwood, as proposed by Mr. Denis Drumme? That would have cost us less than \$20, 000 a year in tax revenue and would also have stopped both 40Bs. If you're a golfer, there is another upsetting detail to that one. It would have also included discounted greens fees for all Norwood residents. As a golfer, I can't think of a better way to stop a 40B. Mr. Drumme was the first person to volunteer to serve on the 1.5 percent Task Force and was prepared to deliver several working solutions to this 40B crisis. He was also the only elected official to have taken proactive steps to stop 40Bs when he served as a Selectman for Norwood. He was refused to serve on the Task Force. That is one of the many reasons I refer to it as "The Task Farce."

How about the disgrace of NOT using the Group Home Data by filing those subpoenas? It is as blatant as it gets. Our BOS has taken every step it could to obtain these 40Bs and sell out this Town. The cat is clearly now out of the bag. We now have a \$13 million lesson to learn from having 'Executive Sessions' used as a tool to take care of developers and spit in the eyes of the

people here in Norwood.

That class action Lawsuit is coming, and should include every single taxpaying homeowner here in Norwood. I hope it is listed as the People versus the "Ship of Fools" led by the skipper, Bill Plasko.

*Kevin Pentowski
District 7
Town Meeting Member*

ROTARY GIVES THANKS

To the Editor:

The Norwood Rotary Club would like to thank everyone who helped make our Annual Coat Drive so successful this winter. We would like to thank the Grace Episcopal church for providing space for us, the Emmanuel Lutheran Church for the coat racks and especially the Ecumenical Food Pantry for helping to distribute all the clothing. Special thanks for the beautiful adult and children's hats, mittens and scarves, donated at the Morrill Memorial Library, that were so warmly received. Also, our thanks go to Lustra Cleaners, Norwood High School, The Senior Center, the Police and Fire Safety Building and the Civic Center for displaying the containers that made the Coat Drive possible.

*The Norwood
Rotary Norwood*

Seven sidewalk plows were out during the storm, as well as on Friday. Three sidewalk plows were at work on Saturday, and four on Sunday.

All in all, about 32 miles of the 142 miles of sidewalks in the Town are plowed in any given snowstorm, with the sidewalks having been determined by the Police Department and School Department, as well as the DPW.

"Roads are a priority and sidewalks are a pretty close second priority," Ryan said.

As part of this, the DPW carries out an elaborate snow removal operation running from Washington Street and Howard through Norwood Center all the way to Hawe's Pool in South Norwood.

For this storm, Ryan said that it would begin on Monday night at 7 p.m. and finished at around 5 a.m. the next day.

That night on Washington Street, those isolated Bobcats scooting around became a highly coordinated action featuring all of them, as well as full sized front loaders, in constant movement, as they cleared snow away from curbs and left it in larger and larger piles to be picked up and dropped off at either one of the snow dumps located at the landfill and on Access Road near the Airport.

By Tuesday morning, the sidewalks in the Town Center were snowless.

Quite an operation, indeed.

Storm continued from page 1

led, a little bit, to that period of where the side streets weren't as good as we'd usually have them during that intense period, but once it let up in intensity, it was not a problem."

In terms of the process, the roads were pre-treated with salt starting at 3 a.m. on Thursday to keep the snow from packing and sticking and then, once the snow began to fall in earnest, the plowing started, running until midnight. After that, another round of salting melted any snow and ice left over.

"The roads are in fabulous shape," Ryan said. "But the sidewalks can be quite a challenge when you have this much snow."

Additionally, Froggy's Pond was hosting ice skaters by the weekend, courtesy of a DPW worker with a small tractor and snow blower who was assigned for the duration of the storm to clear it.

"Our concern was that if we got that 15 inches of snow, we would never get Froggy's back, and we wouldn't," said Ryan of his rationale for that decision. "We would have lost it. So we decided, let's put him out there and keep the snow off of it as much as possible, and it worked out great."

Keeping Froggy's clear proved to be less of a challenge than clearing the sidewalks. Ryan attributed this less to the fallen snow as to the piles deposited by

street plows and especially by driveway contractors and snow blowers.

"They come and they push the snow up and push these mounds right at the sidewalk so when you have a lot of snow like that, those mounds get pretty high," Ryan said. "It takes a lot of time to get that thing through that mountain."

That day, in fact, Ryan had sent out eight letters to neighborhood businesses citing Article 12, Section 32 of the Police Regulations in the Town Bylaws prohibiting this sort of snow clearing. But it is becoming more and more common with both commercial and residential property owners.

"People are just bringing in their contractors and they probably don't know," Ryan said. "Neither one of them know that they might be doing something that is causing problems."

With the winter now entering its high snowfall zone, Ryan also made this request to the public.

"As a homeowner, tell your driveway contractor, 'They plow our sidewalks here. This is a sidewalk route. Please do not pack it in.' There are other ways to work around that," he said.

The sidewalks, as of Monday afternoon, were still being cleared of snow piles, with isolated Bobcats occasionally scooting around Norwood Center and scooping up payloads of snow from street corners.

Mazzucco

continued from page 1

serving as Town Manager of Adams was Assistant Town Manager of Caribou, Maine – came at an eventful time, with the Forbes Hill purchase cobbled together at nearly the same moment as he was raising his right hand.

It is the first thing he mentions when talking about major issues facing the Town in 2018, while listing off the \$13 million questions that needs to be answered.

"What are we going to do with it? How do we engage the public and stakeholders in that process? And what opportunities are there for the Town to really do something great with that property?"

Mazzucco didn't stop there, touching on other projects including the Town Hall renovation and software conversion and – on the horizon – major school projects in the works, while acknowledging that this is going to be a learning year for him.

"From a professional perspective, I've got to go through a budget cycle, a Town Meeting cycle, some bargaining cycles, and just see the Town's daily operations on a full year spectrum... And it's always tough to spend that first year learning and having to manage all those projects."

2018 will also be Mazzucco's year to get to know the community. "I invite people, if they get the chance – I know my schedule gets hectic – to stop in and say hello. I'm always free to meet for lunch, coffee or a drink."

On Saturday and Sunday mornings, you'll probably be able

to find him at one of the coffee shops around Town, a practice taken from his prior position.

"In Adams, that was kind of my thing: on a Saturday or Sunday, if you wanted to find me in the morning, I'd be sitting at the coffee shop having coffee, reading, doing some work, or meeting with somebody."

He'll be combining that practice with a John Carroll one.

"That was one of the first things John Carroll said to me. He goes, 'Tony, nice to meet you. I've got to know, do you bring lunch or do you go out to lunch?'"

When Mazzucco's answer wavered, Carroll's advice/order was, "You've got to go out to lunch every day." It's a tradition that he has been continuing.

Contrasting his time in Adams with his time in Norwood, he cited the differences between the two Boards of Selectmen.

"On the one hand, the Board here is a lot more active and involved. The Board in Adams took more of a backseat to addressing issues in town. They set more of a policy, so we were a little bit more staff driven there. That's one of the biggest challenges."

He also cited Norwood's school district in contrast to the regional school one that Adams' was part of as a major difference.

"You don't just have a community school district, it's a district shared with another town, and that creates some complexity."

Having worked in Caribou, Maine, Mazzucco said that last week's storm would have been "an

The Norwood Record

ordinary snow event" there and went into his background dealing with winter weather.

"A snow event is a snow event, whether you have 100 miles of road or 50 miles of road... It's all relative to the size and scope of what you're doing and, at the end of the day, those core municipal services are the same."

For this storm – as with every other one he has weathered – Mazzucco will be at Town Hall, coordinating with department heads, and spending at least some time on the road with a plow driver "kind of getting a feel for it and seeing what the storm's like."

As the new Town Manager described it, his first month has been free of surprises, aside from adjusting to his new environment.

"I told the department heads at one of my first staff meetings here that, you know, the first few months, I'm likely to call the wrong person for something. I'm going to pick up the phone and call the Planning Department for something that's really supposed to go to Engineering... It's just learning all the little quirks of any town government."

Mazzucco said, amused,

"Every town does the same thing, they just do them differently."

The Record Book

7TH ANNUAL FATHER DAUGHTER DANCE

Friday, Feb. 9, at 6:30 to 8 p.m. there will be a father daughter dance DJ, Dancing, Light Refreshments, Photo Booth ticket and Giveaways. The cost is \$15 a couple (Adult and Child) \$5.00 Additional Person. The Dance will be located at the Civic Center inside of the Gym.

MANAGING STRESS IN ADULTS AND CHILDREN

The workshop takes place on Wednesday, Jan. 17, at the Savage Educational Center – Room 219, 275 Prospect St., Norwood, from 6:30 p.m. to 8:30 p.m.

The workshop will cover: What causes stress in our lives? How does stress affect us physically, emotionally and behaviorally? How to cope with stress effectively and appropriately. Practicing mental imagery, meditation and relaxation techniques and stress Management for Children.

This workshop is for families with children from toddler to early elementary years.

To register contact Beverly Boudreau in the CFCE office at 781-440-5983 or email to bboudreau@norwood.k12.ma.us.

T.O.N.Y. AWARD WINNERS TO BE UNVEILED

Norwood students will be honored for their commitment to community service when selections for the 48th annual Ten Outstanding Norwood Youth are announced on Monday, Jan. 15, at 6 p.m. The T.O.N.Y. Awards annually recognizes young women and men who have rendered exceptional service to their community. This year 10 award winners will be selected from 38 student nominees. Norwood residents in grades 10-12 are eligible for nomination. The nominees are: Bishop Feehan High School: Marie McDonald Norwood High School: Noelle Abruzzese, Jason Amis, Tegan Bartlett, Sophia Bellande, Kaitlyn Bickerton, Anya Bodenhofer, Luca Colosimo, Michael Curley, Francesca DeVingo, Grace Gillis, Michael Giovanni, Tiago Gomes, Lauren

Calendar

Continued on page 6



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Planning Board – undermanned and unable to vote – focuses on solution

Matt MacDonald
Staff Reporter

The Planning Board gathered on Monday evening, Jan. 8, at Town Hall. One public hearing was scheduled, as well as three items of Planning Board business. Al Porro was absent, as was Paul Donohue.

Because Al Porro was on vacation and Paul Donohue was out with a long-term illness, only three Board members were present – not enough to vote on anything.

Consequently, the public hearing regarding Mercer's (1 Investors Way) request for modifications to the special permit conditions of approval granted to Putnam Investments (the company located at that address prior to Mercer) in 2003 was continued until Jan. 29, 2018 at 7:05 p.m.

With no other appointments or hearings scheduled – and with no official votes able to be cast – the remainder of the meeting was taken up with Planning Board business related to its participation in the Open Space & Recreation Plan Committee, the creation of a new Associate Planning Board member, and the writing of Zoning Bylaw amendments for Town Meeting.

Regarding the Open Space & Recreation Plan – financed by the recently signed Community Compact between the Town and the Commonwealth – a Planning Committee is being established that will be made up of representatives from different Town boards, commissions, and depart-

ments, as well as some private citizens.

The purpose of this committee will be to determine how, exactly, any eligible open space in the Town will be utilized for recreational purposes.

An offer was put out for a volunteer from the Board, although this matter was left unresolved until Porro's return.

Town Planner Paul Halkiotis – in forming this committee – announced that he would soon be sending a memo to the Board of Selectmen asking it to appoint Town residents.

Anyone interested should contact Halkiotis for more information.

The next item of business – the creation of a new Associate Planning Board Member position – was unofficially approved by the shorthanded Board.

In the case of special permits, a supermajority of 4 out 5 votes is required for motions to pass. In cases where only four members of the Board are present, a unanimous vote is required, “and sometimes that's difficult when a project is controversial or complex,” Halkiotis said.

An associate member would fill in for an absent member to serve on a specific case being heard.

As an example, the Mercer case from earlier in the meeting was cited by Halkiotis: it could not be voted on because there were not enough Board members to do so.

Aside from that, Mercer had also gone before the Board this past October re-



A very shorthanded Planning Board met on Monday night to discuss different issues, including the process of creating an Associate Planning Board Member position.

MATT MACDONALD

questing modifications to the 2003 Putnam special permit, with the motion failing because it came up one vote short of unanimous.

The earliest this change could be made would be at the May Town Meeting, a timetable not fast enough for Debbie Holmwood.

“That doesn't fix our problem that we've had for a year.” She added, “I would like to say that we need to fix the problem that we've had for a year... I think that's a good planning strategy – to have an associate member – but again, this is not a good way to run a business, in my opinion.”

With the unofficial unanimous support of the three Board members present, Halkiotis announced that he would move forward with Town Counsel to draft an article on it for Town Meeting.

Of the Zoning Bylaw amendments discussed for Town Meeting, the one that garnered the most discussion had to do with the one drafted for auto storage for the many dealerships in Town.

An ongoing problem throughout the Town involves car dealerships illegally parking their inventory in various lots and then moving them when discovered by the Building Inspector.

Halkiotis' bylaw, in a sense, follows what the dealerships and lot owners have been doing by allowing open lot storage in four different commercial zoning districts (currently, it's only allowed in the manufacturing district), while also allowing the use of existing parking lots.

Halkiotis went into detail.

“Our zoning bylaw does require more parking than is

needed for most of the year. So these lots are partly vacant and they're underutilized for most of the year.”

The new bylaw would regulate what lot owners have already been doing: renting out parking spots to car dealerships.

The acknowledged a possible flaw in this system is that it relies on the lot/business owner to keep enough parking for customers and employees.

“What we don't want to see is a guy that owns a business lease up all of his lot and then his employees are parking in the street and taking up good spaces for customers.”

This led to an extended discussion that will continue as this draft takes its final form.

The next Planning Board meeting is scheduled for Jan. 29, 2018.

Neighborhood

continued from page 5

Gregorio, Daniel Gunning, Charles Hanoian, Angelina Haynes, Ava Hurwitz, Sarah Jackson, Jessica Keller, Finn Kelley, Florentine Overko, Austin Reardon, Kaylin Reen, Giovana Rodriguez, Gretchen Sandstrum, Valter Santiago, Alexandra Scavotto, Andrea Stebbins, Tayla Sypek, William Tomasello, Declan Tolman, Cecilia Yanchuk Xavarian Brothers High School: Kenneth Cox, Armaan Dhillon, Tyler Ellis, Paul Manning, Evan Wolk Originally coordinated by the Norwood Jaycees, the Norwood Masons have helped host the annual awards banquet for more than 20 years. The award banquet will be held at the Norwood Masonic Building on 76 Day St.

PERSONNEL BOARD VACANCY NOTICE

The Town of Norwood Personnel Board is a five-member board established by Article 39 of the Town of Norwood bylaws and appointed by the Chairperson of the Board of Selectmen, Chairperson of the Finance Commission and the Town Moderator.

The Board currently has a vacancy and the Town is seeking interest from the public to fill this board position.

The general responsibilities of the Personnel Board is to work with the Human Resources Director to develop various personnel policies, update and monitor the Town's classification and compensation plans, evaluate position descriptions and hear requests for re-classifications of positions.

While any resident is encouraged to apply, the Appointing Authority is required by the bylaw to ensure that a minimum of three of the members of the Personnel Board are qualified for such appointment by virtue of relevant and significant experience or training in personnel administration, or labor, or employment law.

The Personnel Board generally meets once per month, typically the third Wednesday of each month, in the evening.

Those interested in serving the Town of Norwood on the Personnel Board can send their interest in writing to the Human Resources Department by email at HR@norwoodma.gov.

Renewed
Jan 20, 21+ 27, 28

@ CURIO Market & Whimsy
10am-4pm Art, craft, vintage, workshops
facebook.com/CurioMarketandWhimsy

83 Morse St., Norwood, MA
(Norwood Space Center)



Joe Malinn: The Norwood Natural

Matt MacDonald
Staff Reporter

If you pay a visit to the weight room at the Norwood Civic Center for a workout or a training session, you may see or spend some time working up a sweat with Manager/Trainer Joe Malinn.

Befitting his job title, the 6-foot-2, 210 pound 32-year-old is built. But you might not guess just how built.

In fact, this past Nov. 18, Malinn finished in third Place in the Amateur Heavy Weight Division of the World Natural Bodybuilding Federation (WNBF) World Championships, which were held in Bos-

ton.

"It's the biggest contest for natural bodybuilding in the world," Malinn said one recent Friday afternoon during a quiet stretch of time in the gym.

He went on to explain that, as a "natural" bodybuilding federation, WNBF competitions require more stringent testing for steroids and performance enhancing drugs, with polygraph tests also administered. For Malinn, this is the way it has always been.

"I've been doing natural my whole life," he said. "I just work out really hard. I diet hard year round, pretty much, except for the Holidays. I let myself eat a little bit more. Otherwise you

go crazy."

Malinn dieted hard from April to Thanksgiving and – pulling a spiral notebook from his bag – read off a list of food from his six meals a day: egg whites, oatmeal, chicken, rice, veggies, lots of protein shakes.

Now in his offseason, he might go out to eat or grab a pizza once in awhile, but it's still regimented.

Putting the notebook down, Malinn reaches into his bag again and washes down a vitamin supplement with a swig of water.

"I spend a good amount of my year with goals in mind," he said.

Bodybuilding competitively



Joe Malinn holds a pose at the World Natural Bodybuilding Federation World Championship held in Boston this past November. He finished 3rd in the Amateur Open Heavyweight Division.

PHOTO BY JAY WHITE

"I'll be working out, but we always have people coming in and inquiring about stuff, so I answer questions during the workout."

Malinn

Continued on page 12

Saber *continued from page 2*

ger than Mother Nature! Man did not create her; hence she cannot be controlled by man, thank goodness!

**GOD BLESS
YOU BOTH!**

Aaron and Martha Greenfield have operated Brenner's, their family business, in Our Town's Center for 45 years. They take pride in the children's clothing they offer, and the same pride in the very special line of First Communion clothing for that special day that has been available at Brenner's for many years. Martha and Aaron are a great team. Good Luck guys, many more years!!

DID YOU NOTICE?

This year during the Christmas and Hanukkah season the words, Merry Christmas and Happy Hanukkah were heard loudly in stores and on the streets. It was terrific, respectful, and absolutely proper in America, following the Constitution. If one feels the need for legal back-up, you 'got it'!

CONGRATULATIONS

Our Town wishes new Town Manager Tony Mazzucco much luck and, hopefully, enjoyment in his new position. It's a heck of a big change for the people of Our Town, after John Carroll having served us for more years than most TM's. We love John and will miss him and wish him a

great retirement. We also wish our new TM, Tony, a great run and great success in Norwood. Welcome aboard Tony!

JUST MY OPINION

Where were the Christmas decorations on the light poles this year in South Norwood? A few lighted trees were nice, but the absence of the legal Nativity in front of the Balch was not nice. Really.... Following the Anti-Christian rant of the ACLU is absurdity. Most of us are together as Americans, as we should be. We all came from different ethnic groups. Just look up the history of South Norwood, the Fabulous Flats. Talk to residents who lived there, were brought up there; the beginning of the true 'AMERICAN' experience. They were an integral part of the building of the base on which this

Town and Country grew into the greatest country in the world!

It has been reported that in the past two decades, \$7 billion TAXPAYER dollars has been spent on football stadium building and renovation. The least that can be done is that the overpaid players should stand for our flag and our National Anthem. How much brain power does it take to be respectful and honorable?

It does not matter what political team you are on. What matters is that the government has reported that upwards of \$50 million dollars of our taxpayer money has been spent for the dirty deeds of our elected officials in D.C. under claims of harassment. Disgusting??

It has been reported that

the ACLU has given a 'courageous advocate award' to Colin Kaepernick. How low can they go?

It has been reported that there are approx. 90,000 students in Mass. Schools that do not speak English at all. According to state legislation, a measure has been overwhelmingly approved that would allow local schools to teach students in their native tongues. Gov. Baker has signed the bill. WOW!

BYE GUYS, feed the birds, Jumpy, and Thumper.

"Governments view of the economy could be summed up in a few short phrases. If it moves, tax it. If it keeps moving, regulate it. And if it stops moving, subsidize it" - Ronald Reagan

SECTION A – ADVERTISEMENT REQUEST FOR PROPOSALS

TOWN OF NORWOOD

Sealed proposals shall be received up to 11:00 A.M. (Verizon time), January 29, 2018, in the Purchasing Department, Norwood Town Hall, 566 Washington Street, 3rd Floor, Norwood, MA 02062 for the following service:

"Request for Proposals for the Reassessment Program of Real Property For Fiscal Year 2019"

A copy of the Request for Proposals may be obtained electronically by registering and downloading the documents at <https://bids.norwoodma.gov> or from the Purchasing Department, Norwood Town Hall, 566 Washington Street, 3rd Floor, Norwood, MA 02062 (781) 762-1240, Extension 106 or 107. Questions should be directed to Catherine Carney, Contract Administrator, at (781) 762-1240, x107. Contract #NGM-18-05.

The proposal must be filled out and signed as directed therein, sealed in an opaque envelope addressed as follows: "Purchasing Department, Norwood Town Hall, 566 Washington Street, 3rd Floor, Norwood, MA 02062, endorsed with the name and address of the offerer, and marked "Reassessment Program - NGM-18-05". The proposer shall submit an original and four (4) copies of the sealed proposal as well as an original and four (4) copies of the pricing pages. An electronic version shall also be submitted via a CD or flash drive. **THE PRICING PAGES SHALL BE SEALED IN A SEPARATE ENVELOPE AND MARKED "PRICING PAGES – Reassessment Program – NGM-18-05."** In the event that the Norwood Town Hall is closed due to inclement weather, the bid opening day will be the next normal business day on which the Town Hall is open. The time of the bid opening shall remain the same.

Upon award of the contract, the successful Proposer shall provide the Town of Norwood with a one hundred percent (100%) performance bond issued by a surety company licensed to do business in Massachusetts. The cost of such bond shall be included in your proposal pricing.

Proposals shall be prepared, considered, and the contract awarded in accordance with Massachusetts General Law (MGL) Chapter 30B. Every proposal shall be on forms furnished by the Town of Norwood. Proposals submitted on other forms may be rejected. The award of the contract shall be made within 30 working days after the opening of proposals, Saturdays and Sundays excluded. The Board of Assessors shall be responsible for evaluating all proposals and making a recommendation for award to the Town of Norwood's Chief Procurement Officer.

The Town of Norwood notifies all participants that minority business enterprises will be afforded full opportunity to submit proposals in response to this invitation and will not be discriminated against on the grounds of race, color, creed, sex or national origin or handicapped status in consideration for an award. The Town of Norwood shall have the right to reject any and all proposals or parts thereof, or items therein, and to waive any defect of irregularities as to form, therein in accordance with MGL.

BY: Tony Mazzucco
General Manager

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**RAIL BUFFS START
17TH SEASON
VIEWING STEAM TRAINS**

The Norfolk County Rail Road Club (NCRRC) will open its 17th year of rail enthusiast meetings Wednesday evening, Jan. 31, 2018, in the Simoni Room of Norwood's Morrill Memorial Library, beginning at 7 p.m. The meeting is free and open to the public.

January's NCRRC "Railroading at the Library" meeting offers a "double feature" for the season's opener, in keeping with the railfan group's aim of sharing fellowship, experiences, pictures, films, videos, demonstrations and guest speakers about a common interest in moving goods and people past and present on steel wheels on steel rails anywhere in the world.

The program will include film on the closing days of steam locomotives in the Northern US and Canada and a second presentation will take viewers on a recent trip in the UK behind vintage British steam locomotives through the moors of Yorkshire, England on a preserved British steam railroad – the 20-mile North Yorkshire Moors Railway. Details, contact Ed Sweeney 781-762-5587.

BURNHAM

Robert Peter of Needham, passed away on Jan. 5, 2018 at the age of 50. Loving son of Robert F. and Jeanette (Mattina) Burnham of Walpole. Brother of Kimberly Allen of Roslindale and Kerry Ennis and her husband Sean of Milton. Former husband of Vatsana Savejvong and her son Brandon Savejvong. Uncle of Tyler Allen, Brendan Allen, Christopher Ennis, Savannah Ennis and the late Julia Ennis. Robert was a 1985 graduate of Don Bosco High School and a graduate of UMass-Boston. A Funeral Home Service will be held on Thursday, Jan. 11, 2018, 11 a.m. at the Kraw-Kornack Funeral Home, 1248 Washington St., Norwood. Visiting hours were held on Wednesday, Jan. 10, 2018. At the request of the family burial will be private. In lieu of flowers donations may be made in his name to the American Heart Assoc., 20 Speen St., Framingham, MA 01701. kraw-kornackfuneralhome.com

CANNIFF

David P. of Franklin, formerly of Norwood, passed away on Jan. 3, 2018 at the age of 65. Son of the late Nelson J. and Mary M.

Library Events

**FIRESIDE READS WITH
THE LIBRARY LADIES**

Join librarians Margot Sullivan and Beth Goldman for Fireside Reads – their perennially popular winter book talk – at the Morrill Memorial Library on Wednesday, Jan. 24 at 10 a.m. and again at 7 p.m. These lively library ladies will each recount several of their favorite books from a variety of genres. You'll laugh, you'll cry, you'll get excellent reading recommendations to keep you warm through the winter! No registration is required for this program, funded by the Friends of the Library. Just drop by either the morning or evening session. Refreshments will be served.

**LAY READER'S BINGO
TO WIN PRIZES AT
THE LIBRARY**

The Morrill Memorial Library invites you to Hibernate with a Book this winter! You know you'll be cuddling up with a few good books, so why not have a chance

to win a prize with Reader's BINGO? Reader's BINGO is open to everyone high school-aged or older and goes from December 2017 through March 9, 2018. Any books you finish this winter can be included on your BINGO sheet, with each book counting for a single square. Don't worry, audiobooks and graphic novels definitely count! Each completed BINGO row equals one entry for our prize drawings. Gift certificate and goodie basket prizes have generously been provided by the following local sponsors, and we also have a basket full of autographed books from local authors donated as a prize: Thai Boo Cuisine, One Bistro in Norwood, Charles River Running, and Newbury Comics in Norwood. BINGO sheets can be downloaded from our website or picked up in the library, and can be submitted to Nancy Ling in Outreach or to Liz Reed in Reference. Turn them in even if you've only completed one or two rows – you might win! Sheets must be re-

turned by noon on Friday, March 9. Please contact Liz (lreed@minlib.net, 781-769-0200 x110) or Nancy (nling@minlib.net, 781-769-0200 x228) with any questions, and happy reading!

**LUNCH & LEARN TECH
WORKSHOP: BUYING
BITCOIN?**

LEARN THE BASICS

Bewildered by bitcoins? Come to the latest Lunch & Learn workshop at the Morrill Memorial Library on Wednesday, Jan. 17 from noon to 1 p.m. with Technology Librarian Allison Palmgren: "Solid Investment or Digital Gamble? Understanding Bitcoin and Cryptocurrency." Allison will clarify exactly what bitcoins are, how they came to be, the current buzz surrounding them, and where experts think they are heading. To sign up for this workshop, please call 781-769-0200, x110 or 222, email norprograms@minlib.net, or stop by the library Reference or Information Desk. Feel free to bring a bag lunch;

DEATHS

(Flaherty) Canniff. Loving Brother of Eileen M. Canniff of Norwood and the late Nelson J. and John F. Canniff. Brother in law of Mary Canniff and her husband Joseph Mulkern of Wareham and Nieces Canniff of Denver, Colo. Cherished uncle of four nieces, Jennifer, Natalie, Bridget, Kay and one nephew, Greg. David graduated from BC High School and then went on to graduate from Stonehill College. He was an avid golfer and a former employee for 3 Com Co. in Framingham. Funeral from the Kraw-Kornack Funeral Home, 1248 Washington St., NORWOOD, Friday Jan. 12, 2018 at 8 a.m., followed by a Funeral Mass at 9 a.m. in St. Catherine of Siena Church, Norwood. Visiting hours will be held on Thursday, Jan. 11, 2018 from 3-8 p.m. At the request of the family burial will be private. In lieu of flowers donations may be made in his name to the American Diabetes Association, 260 Cochituate Rd

#200, Framingham, MA 01701 or to a charity of your choice. kraw-kornackfuneralhome.com

DICKSON

Margaret F. "Marge" (Green) Longtime resident of Norwood, passed away peacefully on Jan. 5, 2018. Beloved wife of the late David Dickson. Loving mother of Nancy Murphy and her husband Robert of Minneola, Fla., Arleen Fox of Medway, John Dickson of Norwood, Ellen Becker and her husband Jeffrey of Steamboat Springs, Colo., James Dickson and his wife Patti of Norwood, Beth Lenker and her husband William of Norfolk, and Bonnie McGovern and her husband Ken of Medway. Cherished grandmother of Jeanette, Leigh Ann, Shannon, Brian, Timothy, Beau, Brent, Erin, Joseph, Kevin, Joshua, Allison, Rachel, David, Melissa, and Michael. Proud great-grandmother of Garrett, Matthew, Kirsten, Alex, Auburn An-

drew, Travis, Tommy, Logan, Rowan and Jack. Devoted sister of Florence Burkett of Norwood and the late Barbara Coates, Evelyn Barton, Mary Manchester, Robert Green, Jr., Joseph Green, Coleman Green and Martin Green. Daughter of the late Robert and Florence (McCarthy) Green. Funeral Service was held at the Gillooly Funeral Home, 126 Walpole Street (Rte. 1A), NORWOOD, followed by a Mass of Christian Burial in St. Denis Church, 157 Washington St., Westwood. Interment followed at the Mass in Knollwood Memorial Park, Canton. Memorial contributions in memory of Margaret F. Dickson may be made to St. Jude's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or www.stjude.org/donate Gillooly Funeral Home

KANE



Sean Patrick of Nashua, N.H., formerly of Westwood passed away on Jan. 5, 2018 at the age of 42. Beloved husband of Christine A.

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January 11, 2018

beverages and dessert will be provided.

**"CHRONICLE" REPORTER
TED REINSTEIN ON NEW
ENGLAND'S GENERAL
STORES**

Channel 5's popular "Chronicle" reporter Ted Reinstein will return to the Morrill Memorial Library on Tuesday, Jan. 23 at 7 p.m. to talk about his latest book, "New England's General Stores: Exploring an American Classic." The general store is as old as America itself. It evokes a homey, country-like setting where kids pored over penny candy and adults could purchase everything from fabric to fresh vegetables to four-penny nails. It was a place to pick up the mail and chat with neighbors on a cold winter morning by the warmth of the wood stove. When the characterless big box stores started moving in, the beloved general store staged a come-back. In his beautifully illustrated presentation, Ted Reinstein will share the rich history of this iconic institution that recalls a simpler, more innocent time. To sign up for this program, presented by the Friends of the Library, call 781-769-0200, x110 or 222, email norprograms@minlib.net, or stop by the Reference or Information Desk.

(Templing) Kane. Devoted father of Ella, Liam and Owen Kane all of Nashua, N.H. Loving son of Seamus B. and Anne C. (Folan) Kane. Brother of Orla O'Brien and her husband Billy of W. Roxbury, Erin Schneider and her husband Bryan of Medfield and James Kane of Norwood. Sean was especially loved by his aunts Bridie, Mary, Barbara and Sarah. Also survived by many other aunts, uncles, cousins, nieces and nephews here and in Ireland. Funeral was from the Kraw-Kornack Funeral Home 1248 Washington St. A funeral mass was at St. Catherine of Siena Church Norwood. Burial was at New Westwood Cemetery, Westwood. In lieu of flowers donations may be made in his name to S.M.A. Fathers 337 Common St. Dedham, MA 02026 or to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

KOSSAK

Patricia C. (Stagnitta) 87, of Mansfield passed away peacefully on Jan. 2, 2018. Pasqualina Stagnitta was born in New York City on Oct. 21, 1930, second of three daughters for Carmelo and Philomena (Mamie) Stagnitta of New York City. Pat was married in December 1953 to John Kossak of East Boston. Pat and John raised five children in Warwick, R.I., before relocating to Massachusetts in 1990. Pat and John were married for 60 years, before John passed away in 2014. Pat enjoyed bingo with her friends, reading and watching the religious channel on TV. Pat is survived by her sisters Antonina (Nina) Stagnitta of New York City and Maria (Marie) LaPadula of New Jersey, along with her five children, Michael Kossak, Pat Bachand, & John C. Kossak all of Florida, Mary Servello of Kansas and Phyllis Kossak of Massachusetts. She is also survived by nine grandchildren and three great-grandchildren. Visiting Hours will be held on Thursday, Jan. 11, at Kraw-Kornack Funeral Home, 1248 Washington St., NORWOOD, from 4 to 7 p.m. A Funeral Mass will be held on Friday, Jan. 12 at 11 a.m. at Saint Mary's Church, 330 Pratt St., Mansfield, Mass. Burial will be at St Mary's Cemetery, Franklin Street, Mansfield kraw-kornackfuneralhome.com

Ask The Doctor

Junior Damato began servicing vehicles in 1969. He owns a 10-bay auto repair service center in Hyde Park and an 8-bay center in Middleboro. Junior is an ASE-certified Master Technician, ASE-certified L-1 and ASE-certified Natural Gas.



Cold Weather Blues

I am often asked what happens if we have a cold spell where the temperature goes below freezing for a week or more? It seems we never plan ahead for the possibility of sub-freezing temperatures. The most basic maintenance is typically the most overlooked.

If the battery is three years or older it needs to be checked, even if the engine is starting fine. As the temperature drops below freezing, battery power decreases substantially. The reason that we do not notice the weak battery is because today's fuel-injected engines start right up. When it comes to battery replacement, do not buy an inexpensive battery.

Next, let's get to the manufacturer's recommended extended oil changes. This generally holds true for the sunbelt but not for snowbelt areas. Full synthetic oil is always the best option for 99 percent of vehicles, along with a good quality oil filter. Wiper blades and washer fluid are critical in slushy winter driving. A good quality wiper blade that has a rubber coated blade frame and a good quality washer fluid that will not freeze and offers a cleaning additive (such as the orange or purple colored washer fluids) is best. Never dilute the washer fluid – if you are adding antifreeze, I always recommend the specific type that the factory uses. There are some universal coolants that can work in a jam, however, I still refer back to the factory style and color – that's right – the correct color.

Another area of concern is freezing door and trunk lock cylinders. A good lock lubrication is important. Also, lubricating the rubber seals on the doors and the trunk with any kind of silicone spray is a good idea.

Next, we go to the proper tire pressure. In cold weather, tire pressure drops down a few pounds – enough to set off the tire pressure light and will rise again when the tire temperature increases. Setting the tire pressure 3–5 lbs. above the recommended manufacturer specs will not cause any issues. (Although, this is *not* recommended for vehicles in the sunbelt area.) Winter tires not only have a more aggressive tread pattern, the tire rubber is softer and more flexible in cold weather.

Finally, remote car starters and heated seats both help to take a bite out of the cold.

Boston's own Junior Damato, "**The Auto Doctor**" has agreed to field auto repair questions from *Bulletin* and *Record* readers. Please forward your questions to news@bulletinnewspapers.com and we will do our best to get your questions answered.

Sports

Balance key in first win of season for boys' hoop



Senior Jason Ortega eyes an opportunity. He would total 11 points during the game, tied for the top spot in scoring for Norwood with Jaordan Matovu.

PHOTO BY JAKE LEVIN

Jake Levin
Staff Reporter

Winless no more is the Norwood High boys' basketball team, which burst in to the win column with a 65-57 win over Framingham High.

The game, on the homecourt of the Mustangs' for just the second of six times all season, did not look like Norwood's breakthrough performance early. After the first quarter, the Mustangs trailed the Flyers, 10-5, on pace for what would have been far and away their lowest-scoring output of the young season.

What changed in the second quarter?

"We generated turnover and hit shots," Norwood head coach JJ Oliver said.

The Mustangs put up 27 points in each of the next two quarters, leaving Framingham comfortably in the rearview mirror.

It was a well-rounded effort for Norwood, which had four players in double figures. Sophomore guard Dan Grasso led the Mustangs with 20 points, a figure which included five 3-pointers made.

Seniors Jason Ortega and Jordan Matovu had 11 points

apiece; Ortega has seven of his 11 points in the fourth quarter, or exactly half of Norwood's output in the period.

Freshman Jae-Mario Corielus had, in Oliver's estimation, the best game of his young career to date. The forward had eight points to go along with six rebounds, three steals and three blocks.

Sixty-seven points is far and away the best offensive night for the Mustangs this season, surpassing the 50 points they scored against Archbishop Williams High on Dec. 21. After allowing 86 points to Wellesley High on Dec. 19, Norwood's defense has tightened up considerably. The team has now held three consecutive opponents to exactly 57 points, although the first two (Archies and Sharon High) were still in a losing effort.

The win, at least temporarily, moved the Mustangs out of the basement of the Bay State Conference's Herget Division. Though Walpole High (2-5) has more overall wins, they remain winless in league play.

Norwood faced Natick
Boys Bball
Continued on page 10

Offense never gets clicking as Redhawks roll Mustangs

Jake Levin
Staff Reporter

The Norwood High girls' basketball team suffered a 56-23 setback against Natick High at home on Tuesday night.

The loss, which dropped the Mustangs to 3-4 on the season, began to unravel in a trying second quarter for Norwood. Tied at 7-all after the first eight minutes, the Mustangs scored just four points in the second quarter to fall behind 20-11 at the break. Norwood's lone field goal in the quarter came with just 3.5 seconds left, as Kaylin Reen broke a lengthy scoring drought with a 3-pointer to give the Mustangs

a pulse heading into the locker room.

But the Redhawks (7-1) continued to pull away as the third quarter got underway, all while Norwood's offense couldn't shift out of first gear.

"We just couldn't hit layups," Mustangs head coach Amy Lepley said after the game. "It's a big thing right now, we were just talking about it on the bench. You'd think it would just be a couple of layups here or there, but they were at crucial parts of the game... Momentum-changing parts of the game where we needed to score."

Girls Bball
Continued on page 11



Senior co-captain Megan Giambanco, left, prepares to box out her opponent from Natick in Tuesday night's game.

PHOTO BY JAKE LEVIN

Boys Bball *continued from page 9*



Chris Sheehan lines up a pass during the game. Though the Mustangs have only their first win, Coach JJ Oliver is hopeful they can improve on their record.

High (4-2, 1-0 BSC) on the road on Tuesday night, in an event held after the Record's deadline. In all, six of Norwood's next seven games will be on the road.

The Mustangs will travel to Walpole on Friday night, where they'll have a chance to stay clear of the basement in their first of two meetings with the Rebels.

The game is the nightcap of a double header with the Norwood and Walpole girls' basketball teams, with tipoff scheduled for 6:45 p.m. The girls' game tips off at 5 p.m.

Norwood getting all tied up on the ice in bout with Framingham High

Jake Levin
Staff Reporter

Easy as 1-2-3?

Not quite for the Norwood High boys' hockey team, which has a record of 1-2-3 through six games.

Saturday evening's 2-2 tie vs. Framingham High left the Mustangs feeling snake bit, after the Flyers evened the score with 17 seconds to go in the third period and steal a point for themselves – all while denying an extra point for Norwood.

"We played well, it was just one of those games," Mustangs head coach Chuck Allen said. "That's the new league, the Bay State Tie League. Everyone ties in the Bay State now. It's crazy."

Norwood has now given up a goal in the final two minutes of regulation twice this season, each instance coming with the goalie pulled and an extra attacker on for its opponent.

The first such case was against Milton High in its season opener back on Dec. 13, when Nolan McManus of the Wildcats deprived the Mustangs of a win with 1:37 left in the third. But this latest case against Framingham had an even more crippling feeling, and not just

because of the timing.

Though the Flyers (2-5-3) have taken a step back, they are still the reigning Division 1 South champions. The game-tying goal of McManus was a legitimate snipe on his part. Taking away nothing from Framingham's Brian Tosi, his equalizer on Saturday caromed off a skate, and then a helmet, before finding its way past Austin Reardon's glove in the final rush.

"That's just the way it goes," Allen said. "We had a chance to get it out. Our kids have to be a little stronger. It wasn't a good goal, it was a puck going to the net. I don't know how much more you can do. The kids were in position and the shot got deflected. It hits a kid in the helmet and goes in."

After a scoreless first period at Rodman Arena, Norwood found itself down 1-0 with 3:44 left in the second on Mikey Tersoni's goal for the Flyers. Just 1:14 later, Brandon Walsh tied it up for the Mustangs, the assists going to Kyle McCue and Joe Spadocia.

Matt Dolan gave Norwood its first lead of the game 42 sec-

Hockey
Continued on page 11

Youthful Mustang track stars shine

Jake Levin
Staff Reporter

The Norwood High indoor track team had several of its younger members shine last weekend at the Red Auerbach Freshmen-Sophomore small school meet.

Held at the Reggie Lewis Track and Athletic Center in Roxbury on Sunday, numerous Mustangs impressed in a setting which may otherwise have been dominated by upperclassmen.

Freshman Olivia Beaudet, coming off of her All-State performance in the fall during cross-country season, placed seventh out of 54 runners in the girls' one-mile run with a time of 5 minutes, 45.58 seconds. For perspective, she was about 26 seconds behind the winner, sophomore Tessa McClain of the Bromfield School, but nearly 90 seconds ahead of the last place finisher.

Sophomore Paul Forrest had a great day on a shorter track, placing fourth out of 65 runners in the boys' 1,000-meter run. Forrest finished the race in 2:52.88,

about 15 seconds off the lead, but also set a personal record by 7 seconds. Wakefield High sophomore Tanner Jellison won the race; Thomas Fehm and Nathan Gold also competed for the Mustangs.

Sophomore Sawdah McCloud tied for third in the girls' high jump, leaping 4 feet, 11 inches. She was only four inches off the lead, which belonged to Bromfield School sophomore Samantha Schoenbe.

Sophomore Daniel Gruber's day was busy, with impressive showings in both the 300-meter run and the long jump. His second-place finish in the 300 was the highest placing by a Norwood student at the meet, clocking in at 38.50 seconds – just .45 seconds off the lead. Gruber's leaping ability wasn't too shabby, either, with a jump of 17 feet, 11 inches. Keegan O'Keefe of Pentucket Regional High won with a jump of 19 feet, 10 inches.

Sophomore Anthony Venuto came in right behind Gruber in the high jump, his 17 feet, 8 inch jump good enough for an eighth place finish.



Norwood lost its check in the win column last week when Framingham was able to score in the last two minutes of the game.

PHOTO BY JAKE LEVIN

Hockey *continued from page 10*

onds in to the third period, the blast from the point coming directly off a Walsh faceoff win.

The Mustangs didn't have any power play opportunities in the game, while the Flyers had two such chances.

"At the end of the game, they were disappointed, and Framingham was flying high because they got a tie," Allen said of his team. "If it were the other way around, we'd feel happy we tied."

Despite a record ever-so-slightly below .500 at this juncture, Norwood does have a positive goal differential through six games. The Mustangs have scored 12 goals and have given up only 11. Norwood's win was by four

goals and its two losses by a combined three goals, thus the differential.

"Every game has been a close game," Allen said.

The Mustangs traveled to Natick High to take on the Redhawks, who are off to a fantastic start at 6-1-1 on the season, in an event held after the Record's deadline.

Norwood returns to action early Monday morning on Martin Luther King Jr. Day for its second game against Dedham High this season. Puck drop with the Marauders (2-5-1) is at 10:15 a.m. at the Noble & Greenough School.

The Mustangs beat the Marauders, 4-0, on Dec. 27 for their lone win to date.

The Norwood Record

Girls Bball *continued from page 9*

Natick shot 50 percent or better from the field in all four quarters and saved its best for the second half, when it notched 18 points in both the third and fourth quarters.

"Give all the credit to [Natick], they're a very good team," Lepley said. "We knew they were a very good team with very good players. They're 7-1 for a reason."

Reen led Norwood in scoring, with seven points. The 23 points scored were a season low for the Mustangs.

The secret sauce for the Mustangs offense seems to be 49 at the moment. Norwood is 3-0 in games which it scores at least 49 points, but 0-4 in games

that it fails to get there.

Just last Friday night, the Mustangs pulled off a nice 49-39 road win at Framingham High, in which Reen also led the team in scoring – this time with 16 points.

"For sure," Lepley said in regards to the Natick game being a letdown. "We knew this game was going to be tough, we knew we were going to have to play well. Unfortunately, against a team like Natick, we don't have the opportunity to miss foul shots and miss layups like that. We need all of those points that we can get."

Norwood was 4-for-8 from the free throw line against the Redhawks.

There's little time to wallow, as the Mustangs have a huge game coming up tomorrow night at Walpole High for their first of two meetings this season with the Rebels. The game is part of a doubleheader with the boys' basketball teams; the boys' game tips off at 5 p.m., with the girls' game following at approximately 6:45 p.m. in the nightcap.

"I don't think so," Lepley said when asked if Norwood needed any extra motivation for the showdown. "The girls are really fired up. We really haven't focused on them at all yet, but now our focus switches to them. It'll be a fun atmosphere for sure."

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Malinn *continued from page 7*

Malinn had wrestled and played football at Norwood High and continued playing ball at Worcester State, where a trainer – seeing how much he loved to lift weights – suggested bodybuilding.

After changing schools, then leaving school, but continuing to work out, Malinn decided when joking around with his best friend, Jay White, during the 2005 Super Bowl to see if there were any local bodybuilding contests coming up.

Seeing one scheduled for May, he entered, training with Bob Clarksdale at Norwood High and winning his class.

"From there, I've just been hooked," Malinn said. "I was only thinking of doing it one time to see what it was all about, and then I went in, I won, and I loved it, and I just kept doing it from there. For me, I've competed in things my whole life, so it's a natural progression."

Malinn competes as an amateur with a goal of getting his pro card, the main benefits of which are the prize money, but also because of the sponsorship.

He has been flirting with this since 2014, when he had come out of his first World

Championship and taken fourth place. Feeling that he was close to getting his pro card the next spring, that went on hold when he was presented with an unusual offer by Selectman Allan Howard: to officially run the Boston Marathon.

"It was a once in a lifetime opportunity," Malinn said. "I had to do it, so I did it, and I don't regret doing it."

Watch the Finish Line on Boylston Street and different descriptions of the runners may come to mind: willowy, reed thin, lanky, sinewy, waiflike... Muscle bound isn't usually in there.

Describing training for the race as counterproductive, Malinn still put in a respectable 3 hour, 27 minute time running what he called a zigzag around slower moving groups that he estimates put him at closer to 30 miles than the usual 26.2.

It also took its toll on his pro ambitions.

"It took me, like, a year and a half after running the Marathon to get back where I needed to be," Malinn said.

That brought him right up to 2017.

The World Championships stretched over 12 hours with the weigh-in held the night before and – unlike boxing – there is no

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binge eating afterwards. In Malinn's case, in order to emphasize his chiseled physique, there was very little water drinking either; none, in fact, from dinner to pre-judging the next day – a 14-16 hour stretch of time.

Malinn and White – the same guy who, joking around in early 2005, helped to start him on his way to this date and now serves as his backstage trainer – walked the streets of Boston, went to lunch, saw a movie, ate again, and then headed back to watch a little of the pro competition before getting back into it. It was a long, grinding day.

When asked if bodybuilding and marathon training had anything in common, Malinn initially responded with one word: mentality. This led him into a longer, transferable description of the experience.

"You have to focus more, is the biggest thing than probably anything else," he said. "And that's what has helped me the most in my training: just the ability to take whatever's around me in that hour – or however long it is I'm in the gym working out – and just focus on what you're doing. Then everything else the rest of the day just gets easier."

Malinn's next show may be the Northeast Classic, or he may travel to the Carolinas or the Midwest.

"I'm not pro status yet, but I'm trying," he said.

Town Clerk Notices

Dog licenses available

The Town Clerks Office would like to inform the residents of the Town of Norwood that the 2018 Dog Licenses are now available. All dogs three months old or over must be licensed. Licenses are issued on a calendar basis, Jan. 1 through Dec. 31. Fees are \$20 for both Male and Female dogs, \$15 for Spayed Female and Neutered Male. Certificate showing the dog was spayed or neutered must be shown. Rabies Certificate must also be shown. The Town Clerk's office hours are Monday through Friday from 8 a.m. to 4 p.m.

Nomination papers now available

The Town Clerk's Office wishes to inform the residents of the Town of Norwood that nomination papers for the Annual Town Election to be held on Monday, April 2, 2018 are available in the Town Clerk's Office. Requirements for filing nomination papers: Major offices need 50 signatures of qualified voters. Anyone wishing to run for Town Meeting Member who is not a candidate for re-election needs to obtain 10 signatures of qualified voters in their district. The nomination papers must be submitted to the Town Clerk's office by Monday, Feb. 12, 2018 by 5 p.m.

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