



Calare Properties acquired the Norwood Business Center on Route 1, a large property attractive to commercial and industrial tenants, for over \$9 million.

COURTESY PHOTO

Norwood Biz Center sold to MA-based firm

Sam Nickerson
Staff Reporter

The valuable Norwood Business Center on Route 1 is now under new ownership and could see further improvements in the coming years.

Hudson-based private investment firm Calare Properties, which focuses on industrial real estate, recently purchased the three-building, 156,000 square foot facility located at 1400 Providence Highway for \$9.1 million dollars.

Norwood Business Center sits on around 18 acres of land and is split between 23,000 square feet of office space and 133,000 square feet of single-story, industrial space. The space is adequate for distribution and research and development, Calare said in a statement.

According to the release, the site has already received around \$2,400 of improvements to the buildings and landscaping in recent years. Calare also touted the property's proximity to I-95 and commercial amenities along Route 1 and in Norwood Center, including restaurants, hotels, and child care options.

The release also cited recent residential and commercial development in the region, which "could position the property as a viable, mixed-use re-development site in the future."

"We are pleased to announce our acquisition of Norwood

Business Center
Continued on page 7



Above, the Norwood Police filmed a training video on the topic of eyewitness identification processes last month. Here, the crew shoots a scene involving Officer Diego Silva.

Right, Chief Brooks was on set at Central Market and Travel on Washington Street, as his department was involved in the production of a training video for the International Association of Chiefs of Police.

COURTESY PHOTOS



NPD stars in witness ID video

Sam Nickerson
Staff Reporter

Several members of the Norwood Police Department will soon be making their silver screen debuts, as the Department starred in a training video produced by the Municipal Police Institute for the International Association of Chiefs of Police (IACP).

According to a statement from the Norwood Police Department, the instructional video will demonstrate proper techniques for interviewing witnesses and victims of

crimes.

"Obviously, when we conduct investigations, it is important that we be accurate and that we ID the true culprit," said Norwood Chief of Police William Brooks. "Often, when an error is made in the identification of a suspect, it is not the fault of police, but errors do occur, so we want to teach the techniques for police to use to minimize error."

Filming took place on Dec. 10 and was shot at Central Market and Travel on Washington Street. Officers Andrew Jurewich and Diego Silva

starred as "officers responding to a convenience mart which had just been held up by an armed robber," while Officer Sarah Lydon and Detective John Gover showed the audience "the proper administration of a photo array to the witness."

Chief Brooks said that while his officers showed considerable acting talent, he did not think they'd be pursuing careers in the film industry anytime soon.

"They were great ... but, they're very committed to be-

Police Training
Continued on page 7

Lung cancer rates still higher, on average, in Norwood

Sam Nickerson
Staff Reporter

The Board of Health discussed the annual city and town cancer rate report by the Massachusetts Cancer Registry during their meeting on Dec. 15, and found that lung cancer remains a prevalent issue in Norwood.

The report, which provides data on the occurrence of 23 different types of cancer in 351 communities in Massachu-

setts, determines which cancers, if any, have a higher than expected rate in each city and town.

Board of Health Chair Joan Jacobs began the discussion by saying that the latest report was "not too good for the Town of Norwood."

Health Department Director Sigalle Reiss said that while Norwood has an expected rate or lower for most of the 23 cancers in Massachusetts, the lung cancer rate in

Norwood has been higher than expected for several years.

Interestingly, the report showed that there was a shift in who was being affected by lung cancer over a five-year period. Reiss said that from 2010 to 2012, more women in Norwood showed higher than expected rates of lung cancer. For the last two years, while Norwood as a whole maintained higher than expected rates of lung cancer, the rate for men being diagnosed has

increased over the women's rate.

"While this is obviously news we don't like to see, it also points to the fact that we can do a lot of prevention as a health department, with tobacco control being the most effective way to reduce lung cancer," Reiss said.

Reiss said that around 85 percent of lung cancers can be attributed to smoking. Smoking cessation programs and youth programs that reduce the

rate of kids beginning to smoke will help keep those lung cancer rates down, Reiss said.

Jacobs said second-hand smoke inhalation was also included in the report and is highly "attributable to cancers." This was another angle to consider addressing, she said.

While the Massachusetts Cancer Registry - which is un-

Lung cancer Rates
Continued on page 7

Lung cancer Rates *continued from page 1*

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der the state's Executive Office of Health and Human Services - has not yet released the most recent report that includes data from 2014, you may view past reports on the Registry's website at www.mass.gov/dph/mcr. The most recent report made viewable online includes data from 2006 to 2010.

During this time, there were 165 cases of lung cancer in Norwood, with men accounting for 81 of those cases and women accounting for 84, while the expected case counts were 61.2 for men and 68.5 for men.

The Board briefly mentioned the opening of Vape Daddy's on Washington Street, which specializes in products related to electronic cigarettes, including liquid nicotine. Reiss said she had discussed with the owner the regulations regarding tobacco products in Norwood and he appeared to understand them.

Reiss said that Norwood was ahead of the curb when it came to electronic or e-ciga-

rettes, now that they had revised their tobacco regulations. Had they not done so, e-cigarette products would not be regulated like regular tobacco, Reiss said, though now sales are prohibited to customers under 21 for both regular tobacco and liquid tobacco, and neither can be smoked inside. The Board expressed relief at this.

Reiss said that although many e-cigarette products are marketed as smoking cessation products, they are not referred to as such because the Food and Drug Administration would have to affirm that first.

The Board of Health also discussed radon presence in houses in Norwood, which is an environmental factor that can lead to lung cancer. The Department said it has vouchers available for inexpensive radon kits, so that residents can test on their own. These kits involve placing two canisters in the basement of a home for a certain amount of time and mailing them to a lab, which then emails back the results.

If a home does report significant levels of radon, the Health Department is prepared to provide information for companies that mitigate the radon presence using venting processes. Reiss said that radon has been a point of focus for the Department and the town as a whole for a number of years, as students have conducted research and surveys on its presence in local homes.

Reiss said that radon is a naturally forming material in

bedrock and granite - many towns in New England are built on these materials - that comes into homes through the basement. Older homes may have more porous basements, which allow radon to seep in, while newer homes that have less porous basements can also be a risk, as they can trap radon in the home.

"Any home should really get tested," Reiss said.

During a report on the substance abuse coalition, Impact Norwood, Reiss said that the state has released a request for proposal for a large grant that could staff an individual and provide resources to fund anti-substance abuse programs.

Reiss said that Needham, which has a very advanced substance abuse coalition and has received one of these long standing substance abuse grants before, has approached Norwood to partner on the grant application, along with Dedham and perhaps Westwood.

The grant would provide a yearly \$100,000 for three years with extension options that could continue funding to 2023.

Board member Carolyn Riccardi asked if Needham had seen any changes in drug related deaths since having a substance abuse counselor in its employ. Reiss said they kept a lot of data on the issue and had seen some improvements since the hire. The real success, she said, lay in the community's ability to discuss having an issue that no town really wants to admit having.

"Nobody wants to discuss it until we make it a point and show them why and the improvements we can generate by talking about it and by bringing it out in the open," Reiss said.

Prayer to the Blessed Virgin
 (Never known to fail!)

Oh, most beautiful flower of Mt. Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this necessity. Oh Star of the Sea, help me and show me herein you are my mother. Oh Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. Oh Mary, conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be granted to you.

Grateful thanks. —M.F.B.

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Apollo liquor license transferred

Budget process under way

Sam Nickerson
Staff Reporter

It was a historic night in Norwood, Selectman Helen Donohue said during a January 6 Selectmen's meeting, as the Board approved the transfer of a liquor license from the now-shuttered Apollo Restaurant to Fuji Hibachi Restaurant, Inc.

The Apollo restaurant and function rooms, formerly located at 615 Washington Street, closed last summer and the property has since been sold to Heritage Baptist Church, who are currently renovating the facility. The Apollo had been considered by many to be a staple in Norwood for many years, often contributing to local events and causes.

Donohue thanked Apollo owners George Vergakis and Nicholas Pouloupoulos for participating in the Norwood business and civic community as long as they did.

"We appreciate all of the years that you were here, all that you did for the uptown programs, all that you did for the concerts on the common," Donohue said. "You helped us every year, all the time. You always participated and tried to help rejuvenate the town ... We wish you the very, very best."

The Apollo owners were equally grateful.

"We're glad to express our thanks to all you people here in Norwood," Vergakis said, mentioning the Apollo was a part of the Norwood community for 35 years.

Attorney for the Apollo, Dean Plakias, announced that Fuji Hibachi, Inc. was interested in purchasing the liquor license during a November 25 show cause hearing, held to determine whether the Apollo had failed "to provide the public with the services contemplated by the license" by not utilizing or selling it. The Heritage Baptist Church, which now owns the former Apollo location, had no use for the license.

During that meeting, the Selectmen gave Apollo and Fuji Hibachi a 90-day deadline to secure a transaction.

Fuji Hibachi, which seeks to open in the spring and operate with that liquor license, will be located at the former Salvation Army building, at 1200 Providence Highway. Attorney Phil Macchi, said that the owner, Jason Yao, of Warwick, Rhode Island, has over 20 years in the restaurant industry, is T.I.P.S. certified,

and has owned and managed restaurants in Rhode Island and Massachusetts.

Following assurances that Fuji Hibachi staff would be T.I.P.S. and ServSafe certified, and that there would not be confusion between Fuji Hibachi and another hibachi restaurant - which Chairman Michael Lyons said was a half block away - the Selectmen approved the transfer of the liquor license and approved a common victualler's license for Fuji Hibachi, Inc.

Budget Process Underway

Town Manager John Carroll said that the Selectmen could expect budget books by January 12 at the latest and should also schedule a preliminary meeting with department heads by the end of January.

Selectmen Bill Plasko and Paul Bishop were again chosen to represent the Board on the Budget Balancing Committee.

Plasko said that because of the process needed to replace retiring town clerk and accountant Robert Thornton, there would be a three-week gap between Thornton's formal retirement in February and the start date of the new hire.

Informal discussions with Thornton, however, led him to believe that Thornton had agreed to continue to act in some capacity with the Town beyond his retirement date in order to provide an overlap period.

Selectman Allan Howard agreed to meet with Thornton on the issue, and said that he believed Thornton would also be working with the Finance Commission to see that side of the budget process all the way through.

Also during the Selectmen's meeting, Norwood Chief of Police William Brooks said that he was requesting funding in the new year's budget for three additional patrol officers. Brooks said that over the years, the department had lost several positions and officers had been forced to work mandatory overtime shifts 98 times this year alone.

While he wasn't going to push to bring the total back up to 63 members, Brooks said that the current roster - around 56 officers - did not reflect actual figures, as retirements and staff changes mean that there are usually two or three members in training at any given time.

Brooks said there are things that he wanted the department to be able to do that it could not with the current roster, espe-

cially with a hiring cycle that takes around a year.

Donohue said she supported the idea, but wanted assurances that the additional roster spots would be used for active patrolmen, saying she believed there were enough "higher-ups" and administrative positions, to which Brooks agreed.

The Board also discussed the recent activity of the 1.5 percent task force and a new report showing that Norwood was likely at 1.51 percent of developable land dedicated to affordable housing, .01 above the figure needed to attain permanent safe harbor from 40B developments.

Plasko said that the task force would continue to identify properties to acquire to add to the total because they felt they "definitely need to be working towards a buffer" to ensure their status before approaching the Housing Appeals Committee.

"Personally, I don't think it's good for us to say right now that we're in a very strong or safe position, but we're definitely close," Plasko said.

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**TOWN OF NORWOOD
ZONING BOARD OF APPEAL
PUBLIC HEARING NOTICE**

Notice is hereby given that the Board of Appeal of the Town of Norwood will hold a **PUBLIC HEARING** in **ROOM 12** of the **Municipal Office Building** on **January 20, 2015 at 7:15 PM** on the request of Phoenix Properties Group, LLC (Case # 15-02) with respect to property located on **51 Dean Street**, in a **G-Residential District**.

The application requests:

This Application requests a Special Permit under Section 5.0 of the Zoning Bylaw to allow: The demolition of an existing single-family dwelling and the reconstruction in its place of a two-family dwelling having greater volume and exceeding the footprint of the prior single-family dwelling.

A VARIANCE under the General Laws of the Commonwealth of Massachusetts to allow; The demolition of an existing single-family dwelling and the construction of a two-family dwelling on a lot having less frontage, less width, less area, and less side yard setback than required, together with such other and further relief as Board of Appeals may deem necessary or appropriate.

Plans are on file with this application in the office of the Zoning Board of Appeal and may be viewed during normal working hours, Monday - Thursday, 8:30 a.m.- 3 p.m.

BOARD OF APPEAL
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OPINION

Time for an audit

Often times you can glean more information from what someone doesn't say than from what they do. No doubt this is the case when Norwood Town Planner Paul Halkiotis was asked why Norwood is such a good draw for companies looking to come here. He used, as examples, its proximity to Boston, easy access to I-95 and Route 128, and the passenger and freight train systems. What he didn't mention was Norwood Airport. Let that sink in a minute. The Town Planner of one of the few towns in Massachusetts that actually still has a municipal airport failed to mention this "asset" as an actual draw for business.

This is the same airport that has been in the news over the last few years, forever involved in litigation and name calling, not to mention threats and criminal complaints of assault amongst airport commission members. The obvious question every taxpaying resident who doesn't own their own plane, which except for Ernie Jr. is virtually everyone else, is why is this airport still in existence?

This opinion writer happened to run into a "townie" everyone knows as a real estate developer and active volunteer, and over coffee, the topic of the airport came up. He said the antics down there were so ri-

diculous he stopped paying attention to everything that's been publicized and actually said, "I've lived here all my life and I don't know if I've actually ever been to the airport." And that's the way the czars of the little kingdom known as The Norwood Municipal Airport want to keep it. Nothing to see here folks, move along.

It would be easy to suggest that most of the trouble started when the Selectmen enlarged the Norwood Airport Commission by four members. And, in fact, at least one of the new members, prior to his removal, was more interested in stirring up negative publicity for the commission than actually trying to cooperate in the process of fixing the problems down there. And have no doubt, there were problems at the airport, otherwise the Selectmen would never have seen the need to add members to begin with.

However, even putting aside the obvious absurdities of assault claims and threatening and foul language, at least one new member, a pilot for over 40 years no less, went public and voiced what many have suspected for a long time; that the commission's dysfunction has caused severe acrimony amongst the businesses trying to make a living down there, and the expenditure of tens,

if not hundreds of thousands of dollars in litigation fees, hidden from the public through accounting convolution.

At a minimum, an independent audit of the airport's activities should be conducted by an outside accounting firm, hired by the Selectmen to get to the bottom of the airport's finances. Two new members of the airport commission, appointed by Selectmen themselves, have gone public stating that things are dirty down on Access Rd. Selectmen can try and write it off as the ramblings of a few malcontents, but they appointed those malcontents and shouldn't just sweep their findings under a rug.

The guess at this address is that, should Selectmen take the appropriate step and call for an outside audit, the findings will confirm that Norwood Airport is nothing but a large waste of space, devoted to a few boys and their toys. Closing Norwood Airport, given federal involvement in funding, would be difficult, but not impossible, and would take years. But, anything worth doing municipally takes time. It just takes some forethought and the guts to step forward and say enough is enough.

Letters to the Editor

GIFTS FOR KIDS SAYS THANKS

To the Editor:

The 2014 Gifts For Kids Campaign was a great success thanks to the help of the residents of Norwood and especially to the Norwood Record. We were able to find sponsors (or funds) to complete the wishes of 1,074 children ranging in age from newborn babies to teenage boys and girls. We also wish to thank all of the volunteers that gave their time during our campaign and especially for taking the time at our drop-off centers. We recognize the difficult economic times that we were all faced with this year and so again we yell out THANK YOU. We hope that you will be able to help us again this coming November and ask that you go to our Facebook site <http://www.facebook.com/GiftsForKids> to see pictures of this year's events and to see our schedule for 2014.

Muriel Wellington, Representative Gifts For Kids Campaign
Janet Bean, President

POLICE AND FIRE DEPARTMENTS THE BEST!

To the Editor:

I'd like to publicly thank the

amazing work of the Norwood Police and Fire Department during the Timmonee fire that occurred prior to Christmas. It made me proud to live in this community, after watching their bravery and dedication. I witnessed first-hand their perseverance to put the fire out promptly and rescue the girls' three birds. The Police Officers and Firefighters truly cared about the girls' well-being.

Saint Catherine's School is sponsoring a fundraiser for the Timmonee family. If you would like to donate, please make a check payable to: St. Catherine of Siena School with a notation of "Timmonee Family Fire Fund".

Norwood is a wonderful community with a rich history of helping those in need. Thank you Police and Fire for all that you do for our community!

Gayle McCracken
Norwood

MILTON HAS A GREAT TOWN MANAGER

To the Editor:

What's been going on in this town astounds me. Mr. Carroll, it's time for you to go. Nobody is perfect. Nobody bats 1,000%. When it comes to housing in this

town, your batting average is 0%. A total strike out. Norwood is paying the price for that right now. There are lots of forgotten people in this town and lots of angry ones too. I'm sorry to say this John, they are angry at you. Remember John, I'm the guy knocking on the doors. I just knocked on doors around the Oldham School. Why don't you go give it a try? You can use your Town-issued car to do just that. They don't feel you're earning your large paycheck in that neighborhood.

Parting ways with old friends can be difficult, but it is part of life. I thank you for the many good things you have done for Norwood. But, when you picked up that silver shovel to welcome Mr. Campanelli to town, you crossed the line. When I saw that picture in the paper, I was amazed. Don't you remember Patrick Mulvehill's wonderful letter to the editor? I know you read the papers. By the way John, the town of Milton is getting ready to declare 1.5% freedom from 40Bs. What a nice way to kick off the New Year. It's too bad we all don't live in your town.

Letters

Continued on page 6

Temples take care of cops and Jakes

Temple Shaare Tefila of Norwood and Temple Beth Abraham of Canton held a family cookie baking event, making holiday cookies for the Norwood and Canton Police Departments and local nursing homes.



Norwood firefighters Nick Gulla (left) and Pat Moloney display the homemade holiday cookies they received from Temple Shaare Tefila, Norwood, and Temple Beth Abraham, Canton.



Norwood Patrolman Nick Guarino displays the homemade holiday cookies he received from Temple Shaare Tefila, Norwood, and Temple Beth Abraham, Canton.

Tell 'em
what you
think with a



Letter To
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NHS principal search continues

Sam Nickerson
Staff Reporter

Norwood Public Schools is another step closer to selecting a replacement for Norwood High School Principal George Usevich, who will retire at the end of this school year.

Superintendent of Schools James Hayden said that the position has been advertised in the Boston Globe, as well as SchoolSpring and a number of professional publications. The deadline to submit applications was on Jan. 6, and Hayden said that they've received "a healthy number of candidates that have applied for the position."

According to Hayden, a committee of parents, teachers, students, and community members will be convened to review the applications within a week of the deadline. The group will then select several of the top applications to invite for interviews, ultimately choosing the top three candidates to be passed along to Hayden.

Hayden said he would choose the best candidate from the top three and recommend to the School Committee that this individual be hired for the position. The School Committee would then make the final decision.

"We are going to be looking for a candidate who will be the right fit for the high school, taking into consideration where we want to go in the future, as well as respecting the traditions and successes that NHS has had in the past," Hayden said.

According to the job posting, the ideal candidate would ideally have at least five years in

administrative experience at the high school level, have "exemplary experience" as a secondary teacher, expertise in curriculum development and technology, leadership and administrative skills, and the "ability to work in a diverse and inclusive educational setting." The listing also requires that the candidate have Department of Elementary and Secondary Education Principal licensure for grades 9-12 and a master's degree.

"This brand new state-of-the-art school benefits from an experienced and talented staff who work closely with a committed community of parents to ensure that their children are challenged with a rigorous education that highlights academics, activities, arts and athletics producing academically competitive, well-rounded high school graduates," the posting read.

The hunt for a new principal at the high school began around the time that Usevich announced his planned retirement this fall during a School Committee meeting on Nov. 5. The announcement came as administrators were devising a survey for the Norwood High community about what they believed the school was doing well and what improvements could be made to daily operations.

During the students' advisory program and evening meetings with Norwood High parents and families - the first having taken place on Nov. 16 - administrators also included in the survey a question about what qualities the community would like to see in a new High School principal.

During a School Committee meeting around the time of

Usevich's announcement, Hayden said that many students said they want their new principal to "be just like GSU," as Usevich is nicknamed. Other responses sought a principal with a sense of humor and who listens to and respects the students.

Hayden said the selection committee, and "ideally some of the candidates," will likely receive a summary of the survey results, in order to "bring some first-hand experience to the table" during the interview process.

According to Hayden, Norwood Schools anticipate hiring Usevich's replacement at the end of February or by March of this year. The candidate would officially begin his or her tenure as principal beginning on July 1, when Usevich's retirement takes effect after 25 years of holding the position, and over 51 years working in education.

And while the Norwood High School community has made clear it will miss its long-time leader, Usevich - who served as a vice principal and an administrative assistant for Student Affairs in Norwood before becoming principal - also expressed how much he has valued his time leading the high school.

"I am proud to have served as an educator in Norwood and hope that I have contributed in some small way to the many successes of our high school community," said Usevich, who was recently honored as the Friends of St. Nick's 2104 Man of the Year, in his Oct. 30 retirement letter. "As my career in education comes to an end, I can honestly say that 'I loved my job.'"

Letters continued from page 4

I just got an update with some thanks, from Stoneham's Town Manager David Ragucci. They were originally thought to be nine acres short of their 1.5% freedom. However, the experts they hired are about to deliver a happy 40B free new year. Lots of citizens helped. It cost Stoneham some money to do it. Do you think the citizens of Stoneham are upset about that? I just had a nice visit with Annemarie Fagan. She will do "anything she can" to help me with Norwood's 40B fight. I think you know who she is John. She is YOUR Town's Manager. When I asked her what budget figure Milton is planning to use to stop 40B's she replied "whatever it takes."

Are you angry about that? The only thing "homegrown" in Milton's 1.5% plan is their highly specialized lawyer, Cathleen O'Donnell. Where is Norwood's Town Council's office located?

Seems to me your Town Manager is more on the ball than mine is. It is amazing what Annemarie Fagan has accomplished for her town she lives in. All that in under two years as Manager of your town. You're the one with all the experience, John. Looks like your town is going in the right direction and mine is going the wrong direction. Thank God that folks in NORWOOD are trying very hard to make the new year have a happy ending. There's only nine months left to prepare for that celebration. What happened to our other fifteen months of safe harbor time? I guess PROPER PLANNING makes a big difference. If you're planning for a place to retire to, I hear there's some cute places in Upland Woods nestled between the three bedrooms you just celebrated coming to our town.

Kevin Pentowski
Norwood



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COORDINATED PROGRAM REVIEW ONSITE VISIT

Mr. James Hayden, Superintendent of the Norwood Public Schools, was recently informed by the Commissioner of Education of an upcoming Department of Education (DOE) Coordinated Program Review. As part of this Coordinated Program Review, DOE staff will visit the Norwood Public Schools during the week of February 9, 2015. Such visits are routinely conducted by the DOE to satisfy federal and state requirements for the periodic review of specific education programs and services in schools throughout the Commonwealth. The DOE is reviewing several programs during a single visit in order to use DOE and school staff's time most efficiently and to encourage strong connections among the programs.

The DOE's Coordinated Program Review will address the Special Education, Civil Rights and English Language Learner Programs. After reviewing the District's procedures for these programs, a DOE team will make its onsite visit, during which it will review individual student records, interview administrators, teachers and parents, and observe instructional sites. After the onsite visit, it will prepare a report for the Superintendent and School Committee with detailed findings for each program.

Using a scale of ratings ranging from "Commendable" to "Not Implemented" the report will rate the implementation of each requirement reviewed by the DOE. Where requirements are found less than substantially implemented, the District must propose to the DOE corrective action to bring those areas into compliance with statutes and regulations. Districts and schools are encouraged to incorporate the Corrective Action into their District and School Improvement Plans and Professional Development Plan. The District may request technical assistance from the DOE in developing a Corrective Action Plan. Both the DOE's report and the Corrective Action Plan are public information and will be available to the public upon request. Program Review Final Reports are also available on the DOE's website at www.doe.mass.edu/pqa/review/cpr/reports.

Any member of the public may request to be interviewed by telephone by a member of the DOE's visiting team. Those wishing to be interviewed should call the Superintendent's office at (781) 762-6804 ext. 5819 no later than February 3, 2015. To leave their name and phone number, or they may call the DOE at (781) 338-3715. A member of the visiting team will contact each person desiring an interview within two (2) weeks after the completion of the onsite visit. If an individual is not comfortable communicating in English or requires some other accommodation, the DOE will make arrangements to communicate appropriately with the individual.

The Superintendent indicated he is confident that the Program Review will be a useful and positive experience for staff members and that the report will be useful in planning for the continued improvement of educational services for all students.

Norwood Record, 1/8/15

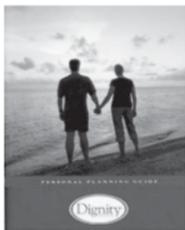
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Police Training *continued from page 1*

ing policemen,” Brooks said.

The officers were also accompanied by professional actors Leo Blais, Paul Healey, and Cynthia Small, who portrayed robbers, store employees, and witnesses in the video.

The video, which will likely be shown both in police academy classrooms and in police departments around the country, was funded by the Innocence Project, which is an organization committed to exonerating wrongfully convicted individuals, usually through DNA testing and litigation.

Brooks said that while Massachusetts is “ahead of the curve” when it comes to using “reform-based” techniques for witness identification, this is “not true in all parts of the country,” which is why the training video, which should premiere in March, will be

widely available to law enforcement agencies around the country.

Chief Brooks has worked with the organization for around four years and in 2012, was given the “Champion of Justice” award by the Innocence Project. Given his involvement with the organization, as well as the chief’s association groups, Brooks said it was a “natural fit that we would film the footage here in Norwood using Norwood Police officers.”

Brooks said that the Innocence Project offered to provide funding in part because “mistakes by eyewitnesses in the identification of suspects are the leading causes of wrongful convictions.”

The organization first asked Brooks to speak on eyewitness identification at a law school in

New York after he had been instructing on the subject at the police academy level for some time. The partnership has continued since then.

From that first presentation, Brooks began doing other presentations on the issue with the Innocence Project around the country, including at the Michigan State Bar Association, for the command staff of the Philadelphia Police Department, which is one of the largest in the country, and at departments in places like Arizona, Nevada, Washington, and Idaho.

“It’s been obviously very rewarding for me and it’s a very interesting project,” Brooks said. “I’ve developed some knowledge around the subject and interest in it. I’ve worked hard on it and I’ve enjoyed it.”

Brooks said that Norwood Police uses a “carefully-

scripted” and “science-based” process when working with witness memory.

He said that witnesses working with Norwood Police are not shown photographs by an officer who already knows the identity of the suspect, which ideally prevents the officer from giving any facial queues to the witness. Witnesses are also shown only one photo at a time, instead of having all of them laid out at once, to prevent comparisons between photos.

Witnesses also must establish confidence in their selection before they receive any feedback from an officer. Brooks also said that Norwood does not use com-

posites in witness identification, as some departments do, as they can skew witness memory.

These processes were validated by a report released this fall by a committee representing the National Academy of Science, on which Brooks served.

“It is important because if we take these steps, we can minimize the probability of identifying the wrong person,” Brooks said. He said these steps are crucial for witnesses, who could face problems with the law if they identify the wrong person when on the stand, and for the public, in that the real culprit of a crime could remain on the street.

Business Center *continued from page 1*

Business Center, which adds another strong asset to our rapidly growing portfolio,” said Calare CEO and CIO Bill Manley in a statement. “The buildings are approximately 65 percent leased and we expect a high level of tenant interest following our purchase.”

Norwood Town Planner Paul Halkiotis, who did not have a specific comment about the Calare acquisition, spoke about “why Norwood has been attractive to commercial and industrial land (developers)” throughout its history.

In addition to its close proximity to Boston, easy access to I-95 and Route 128, and the passenger and freight train systems, Halkiotis said Norwood has “a lot of land zoned for commercial and industrial uses” already.

“I have not yet analyzed how much land is zoned for commercial and industrial use, however my intuition tells me that Norwood has a greater ratio of commercial and industrial, versus land zoned residential, uses than most other communities,” Halkiotis said.

Halkiotis also said that businesses are often attracted to the competitive power rates offered by the Norwood Municipal Light District, when compared with the rates of other utility companies.

Evidenced by Calare’s emphasis in their statement of the local amenities available, commercial and industrial businesses coming into town can also have an impact on the residential community.

Halkiotis said Norwood is

also attractive because it provides “a wide range of housing stock” catering to “both the blue collar workforce and corporate executives” who would make up the workforces of commercial and industrial interests coming to town.

While some may balk at industrial businesses eyeing space in Norwood at a time when land is at a premium, Halkiotis said that these tenants often provide local jobs to residents seeking employment opportunities closer to home.

This, Halkiotis said, means less cars on the road, which “translates into fewer environmental impacts with respect to quality of life.”

“People that live and work in the same town also channel more money into the local economy,” Halkiotis said.

Also important to consider, Halkiotis said, is that a significant commercial and industrial presence “provides a balanced, stable tax rate for residential property owners.”

Indeed, Norwood’s residential tax rate for the Fiscal Year 2015 of 11.49 - a decrease from the previous year - situates the Town on the lower end of the spectrum of surrounding communities.

Also, under state law, communities are allowed to offset some of the impact of an increased tax rate for residential properties by shifting the tax rate to commercial and industrial properties. The maximum shift allowed is based on residential values in the community, and Norwood’s maximum shift for Fiscal Year 2015 is 1.56 percent.

This is a result of balance

between residential and industrial uses in Norwood and fits into what many Town of Norwood officials are striving for.

“We’re trying to have a combination of residential and commercial help each other,” Selectman Helen Abdallah Donohue said during the Tax Levy Allocation Hearing on Dec. 9.

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2. District (All Stars) play, which begins roughly 6/28/15 and runs for 2 weeks. Snack Shack should be open Monday thru Friday 5 PM until games end, Sat/Sun 10 AM until games end.
3. Summer ball (SYBL League) begins early July and runs thru the first week in August. Snack Shack should be open, that schedule is to be determined.

There may be other special events that the Snack Shack could open, that would be determined by Operator.

Any questions please contact:

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Please submit letters of interest to:

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Please submit emails of interest to:

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All letters/emails must be received by 1/15/15 to be given consideration.

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A Norwood Police Department honor guard attended the funeral services of slain NYPD officer Wenjian Liu on Jan. 4 in New York City.

COURTESY PHOTO

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NPD Honor Guard attends Officer Liu funeral in NYC

Sam Nickerson
Staff Reporter

The Norwood Police Department sent another honor guard group to New York City on Jan. 4 to attend the funeral for NYPD officer Wenjian Liu, who was killed along with Officer Rafael Ramos in their patrol car on Dec. 27.

Norwood sent Lieutenant Martin Baker, Sergeant William Fundora, and officers James Mahoney and Brian Riley to the service. Baker was also among the six officers in attendance at the funeral for Ramos during the

week before as well.

"You just have this overwhelming sense of duty that you really have to be here," Lt. Baker said during a phone interview with Fox 25 News after the funeral for Ramos.

Mahoney had been in the city on the day that Ramos and Liu were killed, and was among the first to present flowers at the memorial in front of the 84th precinct.

"My hat is off to the officers who attended both funerals. I'm very proud of them, they always represent the department well," Chief

of Police William Brooks said.

Brooks said that "this was a particularly impactful event," as the officers had been "assassinated." It was bad enough, he said, when officers are shot responding to domestic cases, robberies or traffic violations, but this "assassination" was "particularly shocking."

"We wanted to show our full support for the New York City Police Department, and made an effort to do so by sending the honor guard," said Brooks, who commended the honor guard for its professionalism and service.



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Sports

Mustangs look to pick up momentum early in New Year



Senior co-captain Kevin Perry, center, goes up for a layup. Perry leads a Mustangs squad that has been competitive this season despite their 1-4 record.

FILE PHOTO

Jake Levin
Staff Reporter

Through five games, the Norwood Mustangs boys basketball team's record stands at 1-4.

In the glass half empty approach, you take the record for what it is: a lackluster 1-4. If the glass is half full, while the record is disappointing, you take a look at the results and see that the Mustangs scoring differential is only -2.2 points per game. For a team that's three games below .500 so early in the season, that's far from dreadful.

A nine-point loss to Randolph, an 11-point loss to Braintree, a three-point overtime loss to Weymouth and a seven-point loss to Archbishop Williams have been Norwood's four defeats. Certainly no blow-out losses in there, and only one eclipsing double digits. The Mustangs' lone victory was an 18-point triumph over Milton.

"It's a little bit of both," said head coach Rich Cormier when asked if the results so far have been frustrating or encouraging. Norwood held halftime leads against Randolph and Archies, and led Weymouth with 30 seconds left in the fourth quarter before ultimately

falling short. "It's a little bit frustrating, no question. There's no one that wouldn't be frustrated."

Cormier said that one reason for optimism is that he knows his team's three-point shooting has nowhere to go but up. The Mustangs starting back court of Chris Bell and Clifton Clark has combined to go 6-45 thus far on the season, including 0-10 in the loss to Archie's. Go even 2-10, Cormier points out that it becomes a one-point game, and who knows what could have happened from there.

Bell, a junior co-captain and three-year starter for Norwood, is second on the team in scoring at 11.2 points per game (ppg), and fills out the stat sheet by averaging 6.6 rebounds, 4.4 assists and three steals per game. Kevin Perry, a senior co-captain, leads the team at 14.4 ppg, to go along with 6.6 rebounds per contest.

The Mustangs play two of their next three games on the road before beginning a six-game homestand on Jan. 16 that will no doubt define their season.

"Even last year, when our record wasn't good, all three of our wins were at home,"

Basketball

Continued on page 10

Norwood Wrestling off to strong start

Jake Levin
Staff Reporter

The Norwood Mustangs wrestling team is coming off a big weekend at the Ashland Quad Meet, improving its record to 4-3 after a strong per-

formance.

In four separate meets on Saturday, the Mustangs went 3-1, defeating Mansfield 41-36, Pathfinder 42-24 and Ashland/Keef Tech 42-36. Their only loss was to Foxboro, by a 43-14 margin.

At 4-3, Norwood has already

eclipsed its win total from the 2013-14 season.

The Mustangs also participated in the George Bossi Lowell Wrestling Tournament

Wrestling

Continued on page 11



The Norwood wrestling team has jumped out to a record of 4-3. Above, the team competes in a match against Milton.

COURTESY PHOTO

Boys Hockey team still searching for answers

Jake Levin
Staff Reporter

Norwood's boys hockey team remains in search of its first win since opening night after an 0-1-1 week spanning the new year.

It's not all doom and gloom for the Mustangs, however, especially after playing the Milton Wildcats to a 4-4 tie on Saturday night at Canton Metropolitan Rink.

Earlier in the week, on New Year's Eve, however, Norwood (1-4-2) was served a reminder of just how far they still must come after a 6-0 drubbing at the hands of No. 1 Springfield Cathedral, a team with six players already committed to Division I collegiate hockey programs.

"I thought overall we played a good game," said Mustangs coach Bill Clifford following the loss. "I thought we played a very good game, against the No. 1 team in the state. I thought the kids worked hard, they were disciplined out there, they played their positions and they did everything the coaches asked of them. I don't think the score indicates the way we played."

Cathedral linemates D.J. Petruzelli and Johnny Leonard, committed to Quinnipiac and UMass-Amherst, respectively, had two goals apiece for the Panthers (6-0-2). Sal Kacoyannakis and Dan Petrick (committed to Northeastern) also scored for Cathedral.

Norwood had chances to go on top early, baiting the Panthers into three penalties in the first period. But Cathedral's shorthanded prowess kept the Mustangs off the board, even



Norwood's Sean Mellen, left, and Dennis Drummey, right, look to clear the puck out of the Mustang zone. The team has struggled early in the season on the way to a 1-4-2 record.

PHOTO BY JAKE LEVIN

getting one of their three first period goals on Norwood's second power play.

"The guys did a good job killing the penalties," said Cathedral coach Brian Foley. "We definitely didn't want to be man-down; it kind of ruined the flow of the first period for us. But we were able to recover from those and get some even-strength goals."

The Panthers added a fourth goal in the final minute of the second period and two more in

the third for the 6-0 final score.

To put into perspective for Mustangs fans just how good the Panthers are, they also beat Matignon 11-2 on Saturday while peppering 62 shots on goal. Throwing out their two ties vs. Franklin and BC High, they are outscoring opponents by a 44-3 margin. There's no shame whatsoever in coming up short against that team.

Against Milton on Saturday, Norwood engaged in a back-and-forth affair with their Bay

State Conference rivals. After giving up the first goal of the game, Armando Piatelli's goal at 8:30 of the first period tied the game for the Mustangs.

Milton at one point led 3-1 before yielding three unanswered goals to give Norwood its first lead of the game in the third period. Jake O'Rourke and Sean Mellen had goals for the Mustangs late in the second before Danny Farrell put the team on top 4-3 early in the third. The Wildcats would get

one back to tie the game at four, a score which held for a final.

Norwood returns to action this week against two teams heading in drastically different directions: winless Dedham on Wednesday at home, in a game held after the Record's deadline, and undefeated Wellesley at Babson College on Saturday at 6:45 p.m. For updates on Norwood sports during the week, don't forget to follow me on Twitter @JakeLevin477.

Basketball *continued from page 9*

Cormier points out. "This year, our win and a three-point loss were at home. We get good support from the community and the school. We certainly need to do a little bit of everything better."

Natanael Fonseca Castro is another player to watch for the Mustangs as the season's second month begins. Castro was back in his native Puerto Rico over winter break, where he lived prior to moving to Norwood in time for this school year. But he will be back in time for this week's games, which began Jan. 6 vs. Dedham. Cormier lists the sophomore as

one of the biggest surprises on the season.

"Once we get a little bit out of our funk on the offensive end, that's going to help," said Cormier. Figure it out offensively, he says, and the performance of the team as a whole will improve. "When you struggle on the offensive end, you struggle on the defensive end."

After the Dedham game, the Mustangs travel to Wellesley on Friday to face the Raiders at 6:30 p.m., and then on to Natick next Tuesday, also at 6:30 p.m. before beginning their pivotal homestand.



Head Coach Rich Cormier is optimistic about his team's prospects moving forward, despite having to deal with the frustration of losing close games early in the season.

PHOTO BY JAKE LEVIN

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When it comes to football, reality trumps fantasy



Jake Levin

Jake Levin
Staff Reporter

Full disclaimer here: I'm a die-hard New England Patriots fan.

This means that, among other things, I can look forward to every single game they play. It's been a given coming into any season in the Brady/Belichick epoch that they'll win more games than they lose, usually a substantial number more. This year being no different: they went 12-4, finishing above .500 for the 14th season in a row. Say what you will about their post-season failures since 2004, but the fact remains that, in reality, Patriots fans have it made. A competitive team to watch week in, week out and season in, season out.

Reality. Remember that word.

Now, if I were a fan of the Oakland Raiders, Jacksonville Jaguars, New York Jets...take your pick of any downtrodden franchise, I may not wake up Sundays with the same enthusiasm I do for my team's game.

We talk a lot in Boston about "cueing the duckboats," the means of transportation for a championship team along the parade route through Boston following a title. Whatever the equivalent of a duckboat is in Oakland, they're probably ready to cue them if Oakland can finish above .500 anytime soon. For fans of those teams, I can totally understand wanting to live in a fantasy instead of a reality...

But even if the Patriots did stumble into a decade of futility, I don't think I would have it in me to go off and live in a fantasy. I'm talking about fantasy football, of course.

Do I play fantasy football myself? I do. I've had a league with my high school buddies since 2006, and I'm coming off my fourth championship in nine seasons. A better run than the

Pats, if you think about it. How many of you reading this care about how good I am at fantasy football? I hope the number is zero. Because I couldn't care less about how your team is doing, either.

I don't mean that in a mean-spirited way. I'm simply saying, and I've been noticing this for the last several years especially, that more and more people are bragging about their fantasy teams as if anyone outside of their league cares.

You have Tom Brady on your fantasy team? So do millions of other people. He's not *your* player. Tom Brady got you 40 fantasy points this past weekend? Tell me how he got those points. How many touchdowns did he throw? Did he have any interceptions? What about passing yards? Did his real team, you know, win the real game? Players don't earn a bust in Canton based on how many fantasy points they accumulated in their career.

But some people are so engulfed in their fantasy world that they might not care to know the difference between Brady and an average-to-below average quarterback. Jay Cutler, for instance. In standard *Yahoo!* leagues, did you know that over the course of 16 games, Cutler had only 23 fewer fantasy points than Brady? About 1.5 fewer points per game, which means conceivably, you still could have won a fantasy championship with Cutler instead of Brady at quarterback for your team this year.

Could you win a real, actual Super Bowl title this year with Cutler instead of Brady? Of course not! Cutler threw twice as many interceptions (18) as Brady did (9), for starters. Cutler's Bears went 5-11, and things got so bad later in the season that he got benched. He's in all likelihood done in Chicago.

It goes beyond the dumber-down of football fans, too. How

many times have you been sitting in your living room, at a bar, in a dorm room, etc. listening to your friends tell you what needs to happen for them in order to win in fantasy that week?

Simply put, it's annoying, and sucks the enjoyment out of the real games. The old, "*oh I need 10 points from Peyton Manning, but I'm playing the kid with Demaryius Thomas so Peyton can only throw touchdowns to Wes Welker*" routine. The "*I have Aaron Rodgers and Detroit's defense, but the Packers are playing the Lions so I can't have Rodgers play too good of a game.*" And don't even get me started on the people who are in multiple leagues. "*Well you see I have Tony Romo in one league but I'm playing against him in another, but I have DeMarco Murray in both leagues so as long as the Cowboys run the ball I'm fine.*"

Make it stop!

NFL RedZone might be another issue for another column, but it sure hasn't helped curb the number of fantasy addicts. And back to my point on being a Patriots fan for a second, if I were a Browns or Redskins fan, I might enjoy watching bits and pieces of other games instead of

being tortured through the entirety of my favorite team's own game. That aspect of RedZone, I get. But the people who would rather watch RedZone to see how their fantasy team is doing, instead of watching the Patriots, should partake in one of those Aaron Hernandez-jersey swap programs, and turn in their fan card for an "I Live in a Fantasy" t-shirt.

Roger Goodell, the commissioner of the NFL, has had some pretty terrible ideas during his tenure. Expanding the regular season to 18 games, Thursday Night Football and placing a team in London, just to name a few. Implementing new rules that aid offenses, such as an increased emphasis on defensive holding, all for the sake of fantasy football, has to rank at or near the top of the list of his boneheaded moves. (I won't get into Goodell's handling of the Ray Rice situation, because the facts are all still pretty murky there, but don't think I forgot about that one).

Fantasy football will continue to be a part of the mainstream, this is unavoidable. Forbes.com reported in 2013 that it's a \$70 billion industry. *\$70 BILLION*. There's a pretty good chance I'll be renewing my league for its 10th season next fall, too, because why not. It's a great secondary activity on Sundays. I'm not going to discourage anyone from playing fantasy football, but merely try to make them reconsider where their priorities lie.

Ponder this one when you're watching the remainder of the NFL playoffs: would you rather see the Patriots win the Super Bowl this season, or would you rather see your fantasy team win its championship? If you had to pause for more than a few seconds to think about it, I'll help you out: without Tom Brady's four touchdown passes, zero interceptions and 400 passing yards, your fantasy team isn't getting the 40 points it so desperately needs. Without reality, there is no fantasy.

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Wrestling *continued from page 9*

over winter break, held at Tsongas Arena in Lowell on Dec. 27 and 28. The tournament is considered quite significant in the world of high school wrestling, with next year marking its 50th anniversary. Nearly 700 wrestlers from five different New England states

competed in the event, including Norwood co-captains Mike McDonough and JJ O'Donnell. McDonough received an eighth-place medal in the 160-pound weight class, while O'Donnell notched a sixth-place medal in the 170-pound division.

The Mustangs had a league

match on Wednesday vs. Braintree, in an event held after the Record's deadline. They'll next compete in a tournament Saturday at 10 a.m. at Canton High School, and host Needham next Wednesday in another Bay State matchup at 7 p.m.



Pictured above: Phil Mastro, Mike McDonough, JJ O'Donnell and Scott MacLean.

COURTESY PHOTO

Citizens of the Month

Congratulations to the December winners of Dr. Philip O. Coakley Middle School's Citizen of the Month. Citizens of the Month exemplify the school's mission statement and are chosen by teachers and staff. To celebrate their accomplishments, an end of the year breakfast celebration will be held for students and their families.



Grade 8: Christopher Martin, Kelly Daher, Brandon Walsh; Grade 7: Josh Flores, Sean Chisholm, Sonika Dhakal; Grade 6: Cam McDonough, Murphy Rowan, Fares Msallem; Band: Anton Kelley; Orchestra: Matt Murphy; Choral: Gia Rodrigue.

ADVERTISEMENT FOR BID

The Norwood Housing Authority, the Awarding Authority, invites sealed bids from HVAC Contractors for the Furnace Replacement Project at Family Housing (200-1) at Washington Heights for the Norwood Housing Authority in Norwood, Massachusetts, in accordance with the documents prepared by C.A. Crowley Engineering, Inc.

The Project consists of: Replacement of existing oil fired furnaces in twenty four (24) dwelling units at Washington Heights, Family Housing (200-1) Development.

The work is estimated to cost \$196,790.00 (Includes Alternates)

Bids are subject to M.G.L. c.149 §44A-J & to minimum wage rates as required by M.G.L. c.149 §26 to 27H inclusive.

THIS PROJECT IS BEING ELECTRONICALLY BID AND HARD COPY BIDS WILL NOT BE ACCEPTED. Please review the instructions in the bid documents on how to register as an electronic bidder. The bids are to be prepared and submitted at www.BidDocsOnline.com. Tutorials and instructions on how to complete the electronic bid documents are available online (click on the "Tutorial" tan at the bottom footer).

General bidders must be certified by the Division of Capital Asset Management (DCAM) in the category of HVAC.

General Bids will be received until 12:00 Noon, Wednesday, 02/04/15 and publicly opened, forthwith.

Filed sub-bids for the trades listed below will be received until 12:00 Noon, Wednesday, 01/28/15 and opened forthwith.

Filed sub-bidders must be DCAM certified for the trades listed below and bidders must include a current DCAM Sub-Bidder Certificate of Eligibility and a signed DCAM Sub-Bidder's Update Statement.

SUBTRADES Section 22 00 00 Plumbing

All Bids shall be submitted electronically online at www.BidDocsOnline.com no later than the date and time specified above.

General bids and sub-bids shall be accompanied by a bid deposit that is not less than five (5%) of the greatest possible bid amount (considering all alternates), and made payable to the Norwood Housing Authority.

Bid Forms and Contract Documents will be available for pick-up at www.BidDocsOnline.com (may be viewed electronically and hardcopy requested) or at Nashoba Blue, Inc. at 433 Main Street, Hudson, MA 01749 (978-568-1167).

There is a plan deposit of \$ 25.00 per set (maximum of 2 sets) payable to BidDocsOnline Inc.

Deposits may be electronically paid or must be a certified or cashier's check. This deposit will be refunded for up to two sets for general bidders and for one set for sub-bidders upon return of the sets in good condition within thirty (30) days of receipt of general bids. Otherwise, the deposit shall be the property of the Awarding Authority. Additional sets may be purchased for \$25.00.

Bidders requesting Contract Documents to be mailed to them shall include a separate check for \$40.00 per set for UPS Ground (or \$65.00 per set for UPS overnight), payable to the BidDocs Online Inc., to cover mail handling costs.

There will be a pre-bid walk-thru held on Wednesday, 01/21/2015 at 10:00 A.M. at the project site (Washington Heights- 82 Roosevelt Ave. Norwood, MA).

For an appointment call William J. Plasko at 781-762-8115 x 205.

The Contract Documents may be seen in person or by electronic media at:

Project Dog 18 Graf Road Suite #8 Newburyport, MA 01950 (978) 499-9014	MHC/Joseph Merrit & Co 17 Everberg Road - Unit C Woburn, MA 01801 (781) 569-6722
---	---

Reed Construction Data
Document Processing Center
30 Technology Parkway South, Suite 500
Norcross, GA 30092-4578
(203) 426-0450

BY: Stephen W. Merritt, Executive Director

Norwood Record, 01/08/15

DEATHS

BAMBINI

Robert J., 81, of Norwood, on Dec. 31. Robert was the former owner and trouble shooter for Lil Peach Convenience stores. Beloved husband of the late Marie (Peseri) Bambini. Devoted father of Christine Bartolomeo of Peabody, Robert Bambini of Norwood, Laura J. Black and her husband Mark of Westwood and the late Raymond J. Bambini and Donna Chambers. Brother of the late Rita Bambini. Cherished grandfather of many grandchildren and one great-grandson. Funeral arrangements by the Kraw-Kornack Funeral Home, Norwood. Interment will be at Fairview Cemetery Hyde Park, MA.

DANIELS

James E. "Jim," of Norwood, on Dec 28. Beloved husband of the late Pauline E. (Phillips), and dear father of Jeanne M. MacDonald, and her husband William, of Norwood, Helen R. Henderson, and her husband Jerome, of Stoughton, and Robert P. Daniels, and his wife Jeanne, of Franklin. Dear brother of Barbara Langlan of N. Branford, Conn., and the late Ruth Brakeman. Loving grandfather of Kelly Walsh, and her husband William, of Norwood, and Kristen Kenney, and her husband Timothy, of Dedham. Loving great grandfather of Olivia, Kyra, Luke and Keith Walsh. Funeral arrangements by the Folsom Funeral Home, Dedham. Interment will be private. In lieu of flowers, donations to St. Stephen's Church would be appreciated.

FOLEY

John J., 81, of Norwood, on Dec. 26. Mr. Foley worked for the Stop & Shop warehouse for 35 years and was a member of the teamsters local 25 and local 829. He was a shop steward for many years. Beloved son of the late Michael and Minnie (Gleason) Foley; beloved husband of 56 years of the late Nora (Flynn) Foley; the loving father of Mary and her husband, Brian Hickey of Winchester, Margaret and her husband Gerry Murray of Dedham, the late Michael Foley and his wife, Margaret of Millis, Noreen Camelo of Melrose, the late John Foley and his wife, Jane of Mansfield, Eileen and her husband, John Roche of West Roxbury, Patrick and his wife, Stacey of Walpole; the cherished grandfather of Tommy John, Bridget, Siobhan, Maeve, Brendan, Ryan, John, Mairead, Liam, Morgan, Madison, Molly, Sinead, Devan, Erin, Maire, Kaleigh, Nora, Shaelin, Aislinn, Alison, Conor and Bria; devoted brother of Mary, Bridie (Beatrice), Kathleen, Michael, Eileen, Noreen and the late Patrick and Theresa. Funeral arrangements by the Gillooly Funeral Home, Norwood. Interment at Mt. Benedict Cemetery, West Roxbury. Memorial contributions in memory of John J.

Foley may be made to the Vernon Cancer Center, Newton-Wellesley Hospital, 2014 Washington St., Newton, MA 02462.

HOWARD

Wanda Mae (Pettie), 77, in Norwood, on Dec.29, at her loving daughter's home surrounded by her family. Beloved daughter of the late Rosalie Pettie. She was the widow of the late Allen Howard; the loving mother of seven children, Allen, Brion, Paris, Marcina, Richard, Maurice and Aquarius Howard; the cherished grandmother of 26 grandchildren and over 20 great-grandchildren. She is also survived by lots of cousins, the extended Johnson family from Boston. Wanda's funeral services will be private. Funeral arrangements by the Gillooly Funeral Home Norwood.

RACE

Linda M. (Lane), 66, formerly of Norwood, suddenly on Dec. 29. Beloved wife of the late Eugene Race. Devoted mother of Thomas Chamberlain and Todd Chamberlain both of Attleboro. Loving sister of Albert Lane of Florida, William Lane of Walpole, John Lane of Weymouth, Judith Rogers of Norwood and the late Robert, David, Marjorie and Virginia. Cherished grandmother of Trishelle and Tatem Chamberlain. Daughter of the late Frank and Mildred (Hogardt) Lane. Funeral arrangements by the Kraw-Kornack Funeral Home, Norwood. At the request of the family burial will be private. In lieu of flowers donations may be made in her name to the American Diabetes Assoc. 10 Speen St. Framingham, MA. 01701.

RAFUSE

Richard C. "Rick," 75, passed away on Christmas day following a brief illness. He was born to Helen M. (Gustafson) and Charles E. Rafuse in Norwood, MA. He leaves a brother Paul Rafuse and his wife Mary Ann of Acton; two nieces, Allison Scott and her husband, David of Wallingford, Conn. and Kristen Parton and her husband, Jim of Medfield; a cousin, Charlotte Jennings of Rockport, five grand nieces and nephews, Georgia, Andrew and Lucy Scott & Charlie and Ginny Parton, ages 5 through 1, who he dearly loved; a dog, Greta; a cat, Brody and many close friends who will miss his generosity, counsel and friendship. Rick was employed at Garner Pharmacy in Norwood, Tuck Pharmacy in Rockport and at CVS Pharmacy on Main Street in Gloucester as a pharmacist for many years until his retirement in 2007. He was an avid boater, owning, maintaining and operating a series of boats from sail to power. The ocean was one of his many passions, followed by his insatiable love of automobiles, their design and roadability. If you wanted advice on either, Rick was the "go to"

person. He was on the board of Yankee Golden Retriever Rescue. Over the years, Rick and his golden retrievers were inseparable. He adopted a series of Golden Retrievers, most recently a rescue from Puerto Rico named Greta. Rick was a kind, generous person with a great sense of humor and was dearly loved by his family and friends. There will be no visiting hours, but a celebration of his life will be held at a later date and will be announced through social media and the funeral home's web site. Contributions may be made in his name to Cape Ann Animal Aid Association, 4 Paws Lane, or to Action Inc., 180 Main St. (both located in Gloucester, MA 01930).

TREBINO

Mary Jane (McLean) "MJ," 68, on Dec. 31. MJ had a long and successful career in the field of emergency medicine. She earned a Master of Arts degree in Nursing from Simmons College and a Registered Nursing degree from Massasoit Community College. MJ developed the first hospital based paramedic program in the state of Massachusetts at Norwood Hospital and ran that program for years. She also worked as a flight nurse for Boston Medflight and as an emergency room nurse at both Norwood Hospital in MA and St. Joseph's Hospital in Tampa, Fla. MJ is survived by her sons Chuck and John. She is also survived by her grandchildren Christian and Gabriel and her sister Barbara. Despite all of her professional accomplishments, MJ was most proud of her family and friends. There was no one more loyal, loving and generous than MJ. There will be a memorial service held at Moss Feaster Funeral Home located at 693 South Belcher Road, Clearwater, Fla. on Sunday, Jan. 11 from 2 p.m. to 4 p.m. There will also be a memorial service held in Massachusetts, but the location, date and time has yet to be determined.

TUMAS

Veronica (Paluckas), 94, of Norwood, on Dec. 23. Beloved wife of the late Adam Tumas. Devoted mother of John Tumas and his wife Justine of Delaware and the late Milda Nakrosis and Dalia Lewis. Mother-in-Law of Paul Nakrosis of NH. Sister of the late Angele Serksniene. Cherished grandmother of Todd M. Nakrosis, William Calvert Lewis VI, Alexa V. Tumas and Matthew I. Tumas. Daughter of the late Tadas and Ona (Jurgaityte) Paluckas. Veronica was a retired Technician for Polaroid Corp. At the request of the family all services and burial will be held at a later date. Arrangements by the Kraw-Kornack Funeral Home, Norwood.

Police Logs

Tuesday Dec. 30

0937 phone - Fraud Location/address: Winfield St Resident reports attempted scam.

1043 phone - Message delivery services rendered Location/address: Winslow Ave Request notify resident to contact them. N661 reports no answer, note left. Boston notified.

1235 phone - Weapon Location/address: Saver's - Bos-Prov Hwy Report gun found in donation bin.

1618 phone - Well being chk police & fire notified/r Location/address: Hill St Caller requested well being check. Norwood fire responded. Party checked ok.

1800 phone - Assist other police depart Location/address: Home Depot - Bos-Prov Hwy North Attleboro requests check of the area for a suicidal party in pc MA 4njx40. Bolo broadcast to cars. North Attleboro police called back with additional information. Vehicle located at Home Depot lot. Subject in vehicle harmed himself. Norwood Fire transported to the hospital. Negoshian's towed MA. pc 4njx40. North Attleboro Police, State Police responded.

1830 phone - Susp person gone on arrival Location/address: David Ter Caller reports a tall male banged on her door. N664 spoke to the owner, the male was not attempting to gain entry.

2154 phone - disturbance area search negative Location/address: dean st + whitewood cir Caller reports an egg was thrown at his vehicle as he was driving.

Wednesday Dec. 31

0257 911 - Susp activity area search negative Location/address: Short St + Morse St Caller while walking reports hearing a male scream and run across Short St. From the business area and through a back yard. N664, n669 checked the business area as well as back yard of home and could not locate male.

0741 initiated - Assist citizen services rendered Location/address: Citgo - Broadway - Broadway St N661 gave courtesy transport to male party going to Stonebridge Apts.

0952 phone - Well being chk area search negative Location/address: Norwood Hospital - Washington St E/R staff reports a patient left cat scan dept 15 minutes ago. She is drunk and has head injury. Bolo to cars, Dedham PD to home. MBTA bus, Town Taxi notified. Dedham PD locates her at Holiday Inn, she refused any assistance.

1312 phone - Parking violation vehicle towed Location/address: Vernon St Caller reports a black Honda blocking his driveway. Negoshians towed MA pc rw98fl.

1635 walk-in - Assist citizen spoken to Location/address: St Paul Ave Caller reported past neighbor dispute. Parties advised.

1718 phone - Noise complaint spoken to Location/address: Folan Ave Caller reported loud party. Officer reported no bylaw violation at this time.

1810 phone - Disturbance spoken to Location/address: Rite Aid (store# 10145) - Walpole St Caller reported disturbance with a father and son. Officer reported son is special needs. Parties checked ok.

2240 phone - Well being chk spoken to Location/address: Albemarle Rd Caller requested well-being check. Parties checked ok.

2319 phone - Susp person protective custody Location/address: Norwood Central Station Building - Broadway St Caller reported two people on the ground. One transported by Norwood Fire to the hospital. One placed into protective custody. Juvenile protective custody Age: 16 Charges: protective custody Juvenile protective cus-

tody Age: 15 Charges: protective custody

Thursday Jan. 01

0132 other - Assaults complaint/summons Location/address: Norwood Police Dept. - Nahatan St Firefighter reports patient spit on him and wishes to file charges. N678 assigned. Juvenile arrest Age: 16 Charges: a&b on ambulance personnel

0208 911 - Report of fight protective custody Location: Napper Tandys Caller reports fight at Napper Tandys, n678, n661, n669, N664 and Officer Sweeney responded. NFD responded. Officers assisted with uptown bar crowd control. 1 placed into protective custody. N664 transported pc. N678 to file reports. 3 complaints to be filed.

0242 phone - Assist citizen services rendered Location/address: McDonalds - Everett/Rte1 - Bos-Prov Hwy McDonalds reporting male was kicked out of restaurant and is staying in parking lot. N661 responded. Courtesy transport for that party provided by Westwood PD.

0251 walk-in - Larceny Location/address: Legal Edge Real Estate - Andrews St Caller reports purse was stolen earlier in the evening. N677 spoke with reporting party in lobby. N677 searched possible phone location with negative results.

0648 phone - Assist citizen gone on arrival Location/address: Sunrise Breakfast - Washington St Caller reports seeing woman that appeared to be in need of assistance in front of Sunrise Breakfast. N664 responded. N664 checked the area, negative results.

0845 phone - Power outage police & fire notified/r Location/address: Crescent Ave Caller reports hearing an explosion at 08:30 and now he has no power. NFD and ELD notified.

1029 phone - Drug law violation area search negative Location/address: Weld Ave Caller reports seeing two male parties using drugs in the street.

1320 phone - Unwanted party arrest(s)made Location/address: Rock St Received a hang up call from a female yelling "get out of my house." as a result, n665 places a subject under arrest for N677 and n665 transports to the station. Arrest: Trusevitch, David A Jr Address: 48 East St Apt. #1 North Attleboro Age: 34 Charges: abuse prevention order, violate

1704 phone - Susp vehicle services rendered Location/address: Washington St + Tremont St Garage door open, white vehicle inside with the trunk up for several hours. N678 spoke with the shop owner, the trunk was secured.

2127 phone - Noise complaint Naco/Waco notified Location/address: Hampden Dr Caller reports loud dog. Naco removed dog because residence were not home.

2310 phone - Well being chk spoken to Location/address: Rock St Caller requested well being check. Party checked ok.

Friday Jan. 02

0843 phone - Parking violation parking ticket issued Location/address: Hoyle St Report sidewalk parking violation. N679 tagged same for "wrong direction".

1038 phone - Susp vehicle complaint/summons Location/address: 151 - Fulton St Report MA pc 1sb328 been parked here since 12/31/14. Negoshian's tows same. N679 to file a complaint application and report.

1140 phone - Susp vehicle gone on arrival Location/address: 274 - Dean St Report of a small car, black, 2 occupants, stopped on street in front of home. N670 reports goa, there is MA pc 9520rd in driveway of #274-spoke to homeowner, it is his car and not the one we were looking for.

1612 phone - Unwanted party gone on arrival Location/address: Shaws Supermarket - Nahatan St Manager reports a verbally abusive male party refusing to leave the store. N665 spoke with the manager, party was no longer present.

1619 phone - Civil dispute spoken to Location/address: Adams St Caller reports that a fellow tenant has parked too close to her vehicle. She is requesting to speak to an officer. Both parties spoken to and advised.

1645 phone - Unwanted party gone on arrival Location/address: TJ Maxx - Nahatan St Caller requested an Officer to assist her in retrieving personal belongings from the store. N677 reports calling party was not present upon his arrival.

1813 911 - Larceny services rendered Location/address: Cedar St Caller believes that her son may have stolen her check. Units were able to locate the check, caller satisfied.

1922 other - Search warrant arrest(s)made Location/address: Weld Ave As a result of a B.C.I investigation one male party was placed under arrest. Arrest: Umanzor, Valentin Address: 12 Weld Ave Norwood Age: 47 Charges: cocaine, possess to distribute

1925 phone - Assist citizen services rendered Location/address: Brookview Cir Caller reports that her elderly father is being taken advantage of by his neighbor. N665 advised caller, no crime has been committed.

2123 phone - Susp vehicle services rendered Location/address: Yarmouth Rd Caller reports a car with two male occupants has been sitting outside of her home for the last twenty minutes. units spoke to subjects, all is well.

2147 911 - Well being chk services rendered Location/address: Wilson St Father requests a well being check on his daughter. Units spoke with the subject and her mother, all is well.

2200 phone - Susp person spoken to Location/address: Norwood Hospital - Washington St Caller states a suspicious male in the ER. N668 speaks to staff, party checks out ok. No issues.

Saturday Jan. 03

0037 phone - Assist citizen assisted party Location/address: Nottingham Dr Caller reports elderly female has fallen and she is requesting assistance to lift her off the floor. NFD responding.

0057 radio - Susp activity spoken to Location/address: Davis ave N665 reports male party entering a camper at end of the street. N665 and n664 to investigate. N665 spoke to male party who states he pays rent and has heat. N665 has male party's information and will follow up with the property owner at a later time.

0707 walk-in - Recovered mv vehicle towed Location/address: Savin Ave Representative from lucky 13 recovery reports he has repossessed MA reg 5mxx10 and provides paperwork.

0745 initiated - Larceny complaint/summons Location/address: Dunkin Donuts - Bos-Prov Hwy N677 flagged down and party reports past larceny of the bank deposits. As a result, n677 to file a complaint application and report.

0836 phone - Susp activity services rendered Location/address: Norwood Airport Inc - Access Rd Report that around 0600 hrs there was a low flying plane. Norwood tower did not start work until 0700 hrs. Boston approach control cannot confirm until Monday. An off-duty Norwood PD officer reports a jet did take off this morning. Norwood Tower recalled- they believe it may have been a Medical Emergency flight.

1020 phone - Citizens complaint services rendered Location/address:

Norwood Light Dept - Central St Report of a knife in the bushes on left side of building. N661 reports it is just a piece of steel with blue painters Tape on it. N661 disposed of same.

1228 phone - Mischief (kids) Location/address: Dean St Caller reports young child kicked vehicle causing minor damage. Off. K Riley to file report.

1231 phone - Larceny Location/address: Endicott St Caller reports parts stolen from company plow.

2022 phone - Susp person arrest(s)made Location/address: Dean St Caller reports sp male in the rear of the building possibly making a fire with newspaper.

2049 radio - Assist citizen services rendered Location/address: Nahatan St + Rock St Subject in wheelchair appeared to be having difficulty driving up hill. Units spoke to him, he does not require any assistance.

2141 phone - Hit and run arrest(s)made Location/address: Richland Rd Caller reports that he was rear ended on the highway. N678 Spoke to both parties. Addr: Cleveland St., Norfolk

2344 phone - Noise complaint no violation Location/address: Sycamore St Neighbor reports loud music. Units could not hear any loud noise.

Sunday Jan. 04

0134 phone - Assist citizen no action required Location/address: Chapel St Neighbor reports car running in driveway for approx. 45 mins. N678 dispatched. Owner notified and shut off vehicle.

0836 phone - Unwanted party area search negative Location/address: Washington St Subject knocking the doors in the halls.

0945 phone - Larceny Location/address: Vinfen - Lansdowne Way Officer takes a report.

1202 phone - Assist citizen police & fire notified/r Location/address: Temple Shaare Tefilah - Nichols St NFD gains access to child locked in the vehicle.

1402 phone - Threats assisted party Location/address: Beacon Pk Rd Caller advised about text messages he is receiving from someone known to him.

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The Record Book

BLUE HILLS ADULT EDUCATION FREE CLASSES

On Thursday Jan. 22, at 6:30p.m. HiSET Preparation Program. Pass your HiSET Test and receive your High School Equivalency Diploma. Located at 800 Randolph St., Canton, MA. Classes are held on Tuesday & Thursday Evenings. Registration, Please bring photo ID, Please come to door #10. 781.828.5800 ext. 325 www.adulted.bluehills.org. Funded by the Massachusetts Department of Elementary and Secondary Education

THE MORSE HOUSE TOUR

The George H. Morse Meeting House, Museum and Education Center will be open for a final Holiday Open House and Tour on Jan. 11, 2015 from 1-4 p.m. There is no charge for admission and refreshments will be served.

THE CATMOBILE, WHICH OFFERS LOW COST SPAY/NEUTER FOR CATS ONLY

Is coming to Petco in Norwood on Jan. 21. It is operated by the Merrimack River Feline Rescue Society and staffed by a licensed veterinarian and one veterinary technician. The package consists of spay/neuter,

rabies vaccinations, exam, nail trim, and treatment for fleas and ear mites. Microchipping is available for \$20. Individually packaged take-home flea treatment is available for \$15 per dose. The spay package for female cats costs \$120. Normally, the neuter package for male cats costs \$80, but during January, thanks to a generous grant from PetSmart Charities, male cat neuter packages will cost only \$20. Space is limited. Feral cats cost \$35 and will be ear-tipped. Reservations are required and can be made online at www.catmobile.org or by calling 978-465-1940. Take advantage of our special pricing and make your appointment today!

BOARD MEMBERS WANTED

Norwood Youth Football & cheer 2015 season Several positions available. Visit www.norwoodyouthfootballcheer.org for information. Deadline to be put on the ballot is Friday, Jan. 16. Join the team and make a difference!

THE NATIONAL ALLIANCE FOR THE MENTALLY ILL-SOUTH NORFOLK AFFILIATE

The Next monthly meeting at Norwood Hospital on Thursday Feb 5. Mental illness is a label

for a variety of diseases of the brain. Often it strikes in late adolescence, devastating the afflicted person and the family. The Alliance is composed of such families who find mutual support and join together to advocate for their loved ones. We welcome all families in the South Norfolk Area who are dealing with mental illness and their loved ones.

WILLETT PRESCHOOL PROGRAM

For September Enrollment 2015-2016 School Year. Looking for 4-year-old Peer Role Models! Three days per week noon to 2:30 p.m. \$265 per month. Four days per week noon to 2:30 p.m. \$320 per month. Peer Role Models must: reside in Norwood, be toilet trained, may not have any identified special needs. Demonstrate strong English Language Skills. Applications online or at the Willett School.

NRMC VALENTINE PARTY

The 12th annual Valentine's Day Dinner Dance will be held on Tuesday, Feb. 10, the second Tuesday of the month. Those interested in signing up may do so at the December meeting but the price and place of the event are still up in the air at the time of this writing. We hope to have all the information at the meeting.

NPD nab another in cocaine bust

Sam Nickerson
Staff Reporter

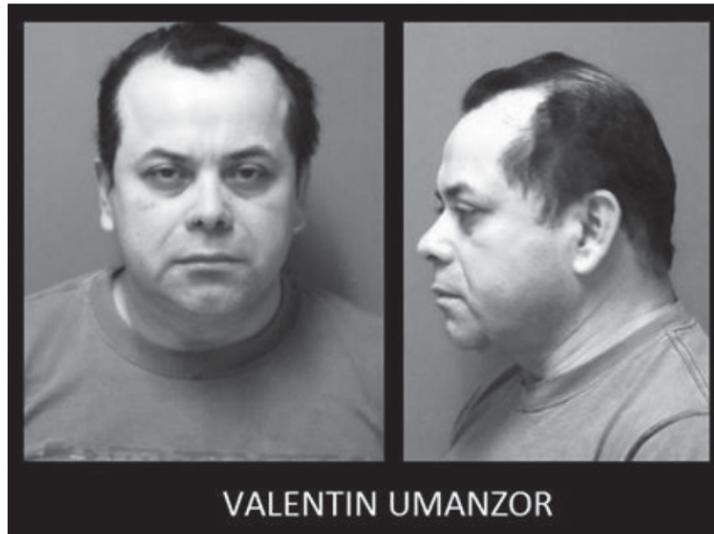
Norwood Police served another cocaine-related warrant this weekend, arresting a resident at 12 Weld Ave. on the evening of Jan. 2.

At 7:22 p.m., Detective David Eysie, along with NORPAC detectives and members of the 4-12 patrol shift, acted on the warrant Eysie received that afternoon from Dedham District Court and searched the apartment and person of Valentin Umanzor, 47, of 12 Weld Ave.

Umanzor was found to be in possession of eight grams of Cocaine, which is Class B controlled substance. This was upheld on the scene when the substances seized were subjected to field-testing. Based on the way it was packaged, police said, it appeared that Umanzor "intended to distribute it."

In addition to the Cocaine, police also seized \$1,000, packaging materials, and a cell phone from Umanzor. Umanzor was booked that evening and held on \$2,500 bail, which he posted after booking. He was arraigned in Dedham District Court on Jan. 5 on charges of Possession of Cocaine with Intent to Distribute.

"It was another nice job by Detective Eysie, who handles



VALENTIN UMANZOR

Norwood Police, with the assistance of NORPAC detectives, arrested Valentin Umanzor, of 12 Weld Avenue, on cocaine charges following a long investigation.

COURTESY PHOTO

many of our drug enforcement cases here in Norwood," Chief of Police William Brooks said.

Umanzor had been under investigation by Norwood Police for some time for potential drug distribution. The arrest came after another Cocaine-related bust in December, in which two individuals were arrested on Cocaine Trafficking charges.

"There's no particular effort by us to shift from one drug to the next, we really don't do that, as we try to target anyone with drugs in Norwood," Brooks said. "There has been a particular focus on heroin and opiates, but we

still do see cocaine around, both crack cocaine and in powder form. We are always looking for information on anyone selling drugs in Norwood and focus on that person."

Norwood Police encourage residents to report possible drug activity in their neighborhoods via the police tip line at: 781-440-5181.

NORPAC, which stands for Norfolk County Police Anti-Crime Task Force, is a coalition of law enforcement agencies in Norfolk County that was formed in 1987 primarily to provide aid in handling narcotics cases.

Library Events

THE CHILDREN'S DEPARTMENT OF THE MORRILL MEMORIAL LIBRARY

Will start the Winter Session of Storytimes on Jan. 14. The schedule includes "Babes n Books" on Wednesdays at 10:30 for ages infants to 17 months. A drop in program. "On My Own Storytime" held Thursdays at 10 a.m. for ages 3 & 4. Registration required. Toddler Time on Fridays at 10:30 a.m. Children under 3 and their caregivers. Drop in. Wacky Weekend Story & Craft. Saturday, Jan. 17 at 10:30 a.m. Children 3 and up are invited to attend these special storytimes. Drop-in. Lucy the READ Dog will visit on Thursday, Jan. 22 at 4 p.m. Registration required. Please register at the Children's Desk, email norchild@minlib.net or by calling 781-769-0200 ext 225

SCRABBLE CLUB FOR ADULTS

Like to play Scrabble? Match words and wits with other adults every Tuesday at 6:30 p.m. year-round at the Morrill Memorial Library. This group of Scrabble enthusiasts welcomes beginners through advanced players, and no registration is required. There is an annual tournament with prizes every May. Scrabble boards, dictionaries, and score sheets are provided each week. Come check out the Scrabble scene in the library's second floor Simoni Room any Tuesday night. Questions? Call the Adult Services Department at 781-769-0200, x110.

FIRESIDE READS

On Jan. 14, at 10 a.m. and repeated at 7:30 p.m. Join librarians Beth Goldman and Margot Sullivan for this fun book review program at the Morrill Memorial Library. Beth and Margot discuss a variety of titles that they hope will strike someone's fancy. Biography, history, fiction, travel, mystery, and always a cookbook or two highlight the selections. One never knows what they might review! One also never knows what theatrics these two might present! They both have a good time sharing books! Participants are then asked if they have book titles they would recommend. This is an informative and eclectic and sometimes amusing program. Refreshments are served. The Friends of the Library generously fund this program. NO registration is necessary. If inclement weather please call 781-769-0200 x110.

CHRONIC DISEASE HELP

Interested in increasing your energy and relieving pain caused by chronic health concerns? Come to a program at the Morrill Memorial Library on Jan. 27, at 7 p.m. with Christene Lee Gerardi, an Integrative Medicine expert, who will address topics that include reasons why medications may not work, the simplest ways to be more productive and active in 30 days, and how and why Integrative Medicine could benefit you. To sign up for this 45-minute engaging and interactive talk, stop by the library Reference or Information Desk.

NUTRITION MYTHS DISCUSSION

Holistic Health Counselor Robin Cervantes will speak at the Morrill Memorial Library on Jan. 15, at 7 p.m. on the topic, "5 Allegedly Healthy Foods That Could Be Ruining Your Health." Ms. Cervantes acknowledges the frustration of trying to eat all the right foods only to find you were misled or misinformed. In this workshop, she will talk about specific foods that are touted as being good for you but could actually be harmful to your health and produce the very symptoms you are trying to resolve. To sign up for this discussion, stop by the library Reference or Information Desk.

RESUME WORKSHOP

Need some help creating or updating your resume to make it stand out? Join Career Counselor Debbie Lipton at the Morrill Memorial Library on Monday, Jan. 12 at 7 p.m. at a workshop to learn how to write a resume that gets results. You will also get valuable advice on composing a cover letter that will maximize your chances of getting that all-important view. Did you know that employers generally scan your resume for no more than 10 seconds before deciding whether to consider you for the job? In this ultra-competitive job market, Debbie can help you make sure your cover letter and resume get the attention you're looking for. To sign up for this event, stop by the library Reference or Information Desk.

THE STITCH DOCTOR IS IN

Fellow knitters and crocheters: are you swamped by swatches? Incensed by increases? Peeved at patterns? In knots over SL1 K2TOG PSSO? Oh, and do you have a gift deadline? We can help! From now through the holidays, the knitters and crocheters of the Morrill Memorial Library will be available by appointment to help with knitting and crochet quandaries. Please bring all of the materials for your project, including needles and patterns. Also, please let us know ahead of time what sort of project you'd like help with, in case we need to look up a new technique. A second pair of eyes can't hurt! Please contact Adult Services Librarian Liz Reed to schedule all appointments and to answer any questions about this service. Liz can be reached at 781-769-0200 x110 or lreed@minlib.net.

AFTERNOON DANCE: This month's dance with John Rampino will be held on Friday, Jan. 9 at 1 p.m. Cost is \$5.

BASIC COMPUTER COURSE: A four-part basic computer course is frequently offered to those who wish to learn how to use a computer. Sign-up at the front desk. New class will be announced soon.

BINGO: Every Wednesday, from 12:45 to 3 p.m. \$5 to get started. We have begun a new game, for \$1 with a winner take all prize! You must be here by 12:45 p.m. to play the new game!

BLOOD PRESSURE CLINIC: Hellenic Health Care will be available for blood pressure screening on the first Wednesday of each month. Ellis Nursing Home will offer blood pressure screening on the second Wednesday of each month. The Walpole VNA will provide blood pressure screening on the third Wednesday of each month at 11:30 a.m.

BOOK CLUB: Our next Book Club will be meeting on Jan. 26 10 a.m.

BRIDGE: Our Bridge Club meets on Thursdays at 9:15 am. in the Library. The Tuesday group has been cancelled.

COMPUTER CLUB: The Computer Club meets each Wednesday at 1

p.m. in the Library/Computer Room. Computer users at all skill levels are welcome to attend.

COUNCIL ON AGING: COA Meeting will be held on Monday, Dec Jan. 5, 2015 at 1 p.m.

CRIBBAGE: Our seniors meet every Monday at 12:45 p.m. to play cribbage.

DIABETES WORKSHOP: The Diabetes Workshop will meet Jan. 22 at 11 a.m.

EXCEL CLASSES: Excel classes has resumed. Please sign up.

FOOT DOCTOR: Dr. Cormier is scheduled for Jan. 27 from 9 a.m. to noon. Cost is \$25. Please call for appointment.

GLEE CLUB: Glee Club meets every Tuesday at 11:15 a.m.

HANDCRAFTERS: Handcrafters meet every Monday from 1 to 3p.m.

HISTORY TALK: Classes will be held on Thursday, Jan. 8 & 22 at 1 p.m. The topic will be American Indian.

MASSAGE THERAPIST: Karen Tracy is here on the first Monday of each month. Please sign up at front

desk. Massages are \$30 for half an hour.

NORWOOD RETIRED MEN'S CLUB: The Board of Directors meet on the first Tuesday of each month at 10:30 a.m. at the Senior Center (Except July and August). The Club Membership meets the second Tuesday of each month at the Norwood Elks Lodge, at 10 a.m.

OIL PAINTING: No Oil Painting class is offered in January.

PROPOPE: Is held on the third Wednesday of each month at 1 p.m.

SCRABBLE: Thursday afternoon at 1 p.m. Come and join us for a game.

SHINE: Our SHINE Counselor, Carol, is here to help you with your medical insurance needs on Tuesdays from 10 a.m. to 2 p.m. Please call 781-762-1201 for an appointment.

SQUARE DANCE: Please join our Square Dance Class every Tuesday at 9 a.m.

TRIAD: Please join us on Monday, Jan. 26. Our speaker will be Norwood Public Health Dept.

WATER COLOR: The next ses-

sion is scheduled for Thursday, Jan. 15 at 9 a.m. Payment of \$20 must be made at time of sign-up.

WAXING: Cancelled until further notice.

WHIST: Whist players meet on Tuesdays at 12:45 p.m. in the library.

WHIST PARTY: Whist parties will be held on the fourth Friday of each month 1 to 3 p.m.

FRIENDS DANCE- Friday, Jan. 16

TRIPS: Feb 26: Foxwoods Casino, Day Trip-Details to follow. March 10: Tony Kenny's Irish Cabaret, Luncheon, Show & Transport, Venus De Milo, Swansea, MA. The cost is \$85 p.p.

April 17: Bingo Bonanza, Wright's Chicken Farm, Northern, RI. All you can eat Lunch & Transportation. The cost is \$49 p.p. May 17: Late Night Catechism, A Hilarious Comedy Show, Lunch & Show Drive on own Lantana's Randolph, MA. The cost is \$65 p.p.

TRIAD Monday Jan. 26, at 1 p.m. Featuring: Sigalle Reiss Board of Health Line Dance Party with Dave Valero, Friday Jan. 30 at 1 p.m. Cost - \$5.00 Mini-Bus Trips Tuesday, Jan 13: Burlington Coat Factory, Tuesday, Jan 20: Twin River, Tuesday, Jan 27: Patriots Hall Tour.

Community Service Directory

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5 Shelf Plastic Storage Unit
36"x72"x15"
Holds 750 lbs
Our Reg. \$39.99
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NEW!
\$20 Sweater & Plush Fleece Jackets
Comp. \$80

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2 Pk Premium Window Panels
Textured, Jacquard, Insulated, Faux Silk & more!
Stop paying \$50!
PAIR \$15

Premium Oversized Single Blackout Window Panel
54"x84"
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Biddeford® Microplush Heated Blankets

Twin	Full	Queen	King
\$30	\$40	\$45	\$50

1000 Thread Count Cotton Rich Sheet Sets
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NOW \$50
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unbearable quality!
Opulence Collection

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36" Can be cut to 18"-DIY
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23" 4.25	6.95
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39" 8.95	12.95
43" 9.95	—
48" 12.95	16.95

Ultra Soft Microplush Blankets

Twin	Full/Queen	King
\$15	\$18	\$20

Luxurious Synthetic Lambswool Blankets

Twin	Full/Queen	King
\$15	\$20	\$22

Fleece Sheet Sets

Twin	Full	Queen	King
\$12	\$15	\$18	\$20

Coordinating 2 pk. Microfiber Sheet Sets
2 Twin Sets **\$15**
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Chair	\$12
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Chair **\$15** Loveseat **\$20** Sofa **\$25**

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1 Comforter
4 Shams
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